

Soft Skill Training Program for I BSc(EMS)

Date: 09/06/2018

Time: 9.00 am - 4.00 pm

Venue: Assembly Hall, Block II

From being a huge entity, the world has shrunk into a global village. Even more scintillating is that the change has just begun. To help the students become a part of this path breaking change, the department of Mathematics organized a special orientation for the first year BSc(Economics, Mathematics and Statistics) students. In the orientation various presentations and activities were held.

Through these activities the students not only learnt team building skills but also important values to ensure proper utilization of the resources (offered by University) and to lead a successful life. The department have taken a considerable step in ensuring that the students understand how to learn rather than starting with the course directly. They have made sure that all the students form a healthy bond before they embark on their 3 year journey in Christ (Deemed to be University).

The orientation started off with a small Power point presentation with the theme “If you are fit in class, you are fit in life”. The purpose of this presentation was to make the students understand the need to adapt in different environments which can be implemented in real life situation. Adaptability in the workplace is when an employee can be flexible and have the ability to adapt to changing work conditions. An adaptable employee can work independently or work well with a team. Working in a group is helpful for employees to brainstorm ideas or to create an excellent product. The most important thing is to never stop learning and this workshop inculcated a number of core values that we will be able to carry throughout all future endeavors in our lives.

The first activity organized was to develop our team work skills and taught us how to cooperate with a group of people with different ideas, perspectives and backgrounds. Students were told to demonstrate the working of any machine using their own abilities and s4ynchronization through which the coordination and cooperation of the students was evident. This helped build up team spirit and helped students realize that a task to succeed requires many people working in cooperation by pooling together the resources and talents of each and all the members in a group.



The next activity was to make us understand that there are different kinds of individuals and the two major kinds were compared to that of a coke bottle and a bottle of water. A coke bottle represents those who usually tends to lose their calm during chaotic situations whereas a water bottle remains calm throughout a situation of any sort and decide to stay patient. Patience is very important in life because there are so many things that take time to develop for us to experience in a positive way. Of course we want everything right here right now, but that is not always the way it works. It takes time to build anything of any significance in life. Patience is important in life because if we try to make something happen, we put a lot of stress on ourselves. Life is not about living in the future or in the past. Life is about accepting the present moment. Patience is probably the biggest lesson for man to learn because with infinite patience, we are infinitely merciful and accepting and forgiving.



Another thing we learnt is we should always be optimistic through any situation but just because you can find lots of reasons for feeling down and becoming a bona fide pessimist doesn't mean that you should. The fact is, optimism creates opportunity and pessimism kills it. A famous example is that of the glass which is half filled. An optimist will see it as a glass half full and a pessimist will see it as a glass half empty. Expecting good things to happen will lead to taking actions that produce positive results. Expecting only more bad stuff to come your way will keep you from doing the very things that might have minimized or avoided just that.

The third activity involved building paper towers which prohibited the use of articles such as cello tape or staple pins but the actual challenge was to make sure the tower withstands the wind blown by 5 students of the other groups at a distance of 5 ft. We noticed that the towers which had a strong base withstood any amount of wind that was blown at them. This was because they had a strong base which teaches us that life will throw many problems at us and we will be able to overcome them only if our base which constitutes our core values is strong. Most of the students aimed at building the tallest paper tower which wasn't the intention of the activity. Similarly, instead of reaching the peak in life we should aim at keeping our base strong. Just like our first prime minister, Late Jawaharlal Nehru. He not only aimed at reaching the peak by his hard work but stayed in touch with his core values and made sure his base was strong throughout his life.

In the fourth activity, we were given a piece of paper as a group and were told to divide it into the no. of pieces as the number of members in the group and individually, we were given the authority to divide our own pieces of paper into the number of our choice. After this, we were told to put the piece of paper in the same condition as we got it, which we all know is impossible. Here, the torn paper shows that the consequences of our actions. We've come across many people usually telling us how a broken glass cannot be put back in the same way it was before which tells us that no matter what, all are actions have consequences be it good or bad. Therefore, it is important for us to keep a check on our actions and words and think twice before it's too late and the damage has been done. *Although the pain can be mended and apologies can be given, the relationship will never be able to be put back together the same again.*



The last activity focused on values, the principles or standards of behavior. The purpose of this activity was to make the students understand the importance of values in real life. An interactive session of about 30 mins went on in which the students actively helped the mentor in listing 60 core values which play a vital role in life. The values included honesty, loyalty, discipline, self respect, etc.

Our values are important because they help us grow and develop. The decisions we make are a reflection of our values and beliefs, and they are always directed towards a specific purpose. That purposes the satisfaction of our individual or collective needs. When we use our values to make decisions, we make a deliberate choice to focus on what is important to us. When values are shared, they build internal cohesion in a group.

Organizational values reflect how your organization shows up and operates in the. Organizational values include: financial growth, teamwork, productivity and strategic alliances. The members concluded the orientation with these powerful messages.