



**CHRIST**  
(DEEMED TO BE UNIVERSITY)  
BANGALORE | DELHI NCR | PUNE

# ZERO HUNGER

## SDG-2

## ANNUAL REPORT 2023-24

*No one sleeps hungry.  
Not today. Not ever.*



**INDEX PAGE**

<b>Sl.No</b>	<b>Name of Event</b>	<b>Date</b>	<b>Pg No.</b>
1	Being Farmer Series	26 August 2023	3
2	Inauguration Ceremony of ECONTAGO – Guest Lecture on Agricultural Growth and the Goal of Zero Hunger	28 July 2023	4
3	Community Lunch	Weekly Service	5
4	Brewing Sustainability: The Saving Grains Story	7 October 2024	6
5	Pre Vachana Event: Panel Discussion on Gender, Food, and Identity in Displaced Communities	28 November 2024	7
6	Wayanad Flood Relief Collection Drive	1 & 2 August 2024	8
7	Poetry Book	3 March 2025	9
8	From Our Campus to the World: Achieving Zero Hunger Together	25 – 31 July 2024	10
9	Promotion of the SDG cell	30 July 2024	11

## **SDG 2: Zero Hunger**

10	Indian Culinary Science Lecture - Translating Traditional Knowledge Into Innovations to Address Public Health Challenges by Gurmeet Singh	14 August 2024	12
11	SWAD- Preserving Culinary Heritage through promoting mother cuisines and empowering local farmers	Since 2014	13
12	Handful of food donations	10 to 26 July 2023	14
13	Extension activity by Wevolve- Affordable Nutrition Strategies	6 September 2023	15
14	Dietary Need Analysis	28 December 2024	16

## **Being Farmer Series** **26 August 2023**

**Venue: Central Campus**

**No. of Participants: 100**

The Department of Economics, Christ (Deemed to be University), Central Campus, organised a guest lecture on “Farmers in India: A Homogeneous Entity or a Differentiated Category” on 26 August 2023, featuring Dr Sandipan Bakshi from the Agrarian Foundation. The lecture enabled students to critically examine India’s agrarian realities, revealing how the category of “farmer” is shaped by caste, class, gender, and governance structures. Dr Bakshi emphasised that marginal groups such as tenant farmers, sharecroppers, and women in allied sectors are often excluded from agricultural policies, impacting equitable access to food and livelihoods. By linking these disparities to UN SDG 2: Zero Hunger, the session highlighted how inclusive and sustainable agricultural policies are essential to achieving food security and rural empowerment. It inspired economics students to view farming through social and developmental lenses, strengthening their awareness of research-based policymaking for sustainable and equitable food systems.



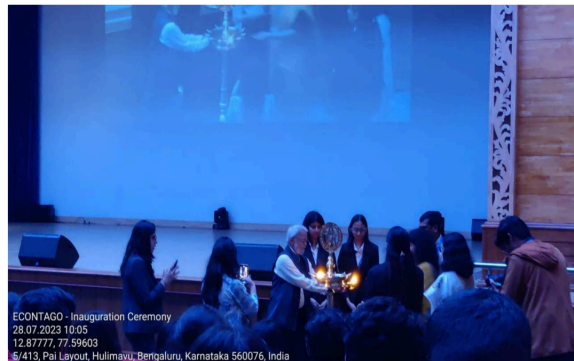


## **Inauguration Ceremony of ECONTAGO Guest Lecture on Agriculture Growth and The Goal of Zero Hunger 28 July 2023**

**Venue: Main Auditorium, CHRIST (Deemed to be University), Bannerghatta Road Campus, Bengaluru**

**No. of Participants: 300**

The Department of Economics, CHRIST (Deemed to be University), Bannerghatta Road Campus, inaugurated ECONTAGO – The Economics Association on 28 July 2023. The event featured Professor R. S. Deshpande, Former Director of the Dr B. R. Ambedkar School of Economics, who delivered an inspiring lecture on “Agricultural Growth and the Goal of Zero Hunger: Challenges and Prospects of India.” He shed light on rural poverty, malnutrition, and policy gaps in achieving food security, urging students to question economic data and engage in evidence-based policy analysis. The session deepened students’ understanding of the agricultural sector’s role in ensuring equitable growth and sustainable development, aligning with UN SDG 2: Zero Hunger. The inauguration also marked the launch of EQUINOMICA, the department’s newsletter, and unveiled the academic calendar. The event ignited academic curiosity, encouraging students to envision innovative, data-driven solutions for achieving food security and inclusive rural transformation.




### **Poster**

**ECONTAGO**  
THE ECONOMICS ASSOCIATION  
CHRIST (DEEMED TO BE UNIVERSITY)  
BANNERGHATTA ROAD CAMPUS, BENGALURU

**CHRIST**  
(DEEMED TO BE UNIVERSITY)  
BANGALURU - INDIA

Invites you to the  
**INAUGURATION CEREMONY**

With a Guest Lecture on  
"Agricultural Growth and Goal of Zero Hunger :  
Challenges and Prospects of India"

  
Professor R S Deshpande ,  
FISAE, FKSTA  
ICSSR National Fellow  
Formerly Director, Bengaluru  
Dr B R Ambedkar School of  
Economics and Institute for  
Social and Economic Change

**Date:** 28th July, 2023  
**Time:** 10:00 am - 12:00 Noon  
**Venue :** Main Auditorium,  
Bannerghatta Road Campus

Faculty coordinators :  
Dr. Taru Saigal  
Dr. Sreedevi R S

## **Community Lunch (Weekly Service)**

**Venue: Central Campus**

**No. of Participants: Students**

The Community Lunch is a weekly service initiative by Parivaar, the community service club of the Department of Hotel Management, CHRIST (Deemed to be University). Conducted from Monday to Friday in the Community Kitchen, it provides around 350 nutritious, hygienic meals daily to students. Managed entirely by students under faculty guidance, the initiative blends compassion with experiential learning. Through planning, cooking and serving, students gain practical exposure in large-scale meal production, food safety, and teamwork while developing empathy and social awareness. The program reflects UN SDG 2: Zero Hunger by addressing food insecurity and promoting equitable access to nourishment. Beyond culinary skill, it instils a deep sense of service and responsibility, encouraging students to view hospitality as a tool for social impact. The Community Lunch thus exemplifies CHRIST's commitment to Excellence and Service, fostering inclusive, sustainable, and community-centred learning.





## **Brewing Sustainability: The Saving Grains Story**

**7 October 2024**

**Venue: Bannerghatta Campus**

**No. of Participants: 46**

On 7 October 2024, students from the Department of English and Cultural Studies, CHRIST (Deemed to be University), screened their documentary “Brewing Sustainability: The Saving Grains Story” for the 5 ENGH batch. Created by Bidisha Dutta, Java Eshisha Manoj, and Kritika Khokhar, the film spotlighted Saving Grains, an eco-conscious startup that upcycles brewers’ spent grain—a by-product of beer production—into nutrient-rich food items like flour, granola, and cookies. By transforming waste into wholesome products, the initiative advances SDG 2: Zero Hunger, promoting food security through innovation and resource optimisation. The interactive discussion following the screening encouraged students to reflect on sustainability as a bridge between creativity, nutrition, and environmental care. The experience inspired them to view filmmaking as a platform for social change—where art, awareness, and action converge to tackle hunger and reduce waste—strengthening their sense of responsibility toward building a sustainable and food-secure future.



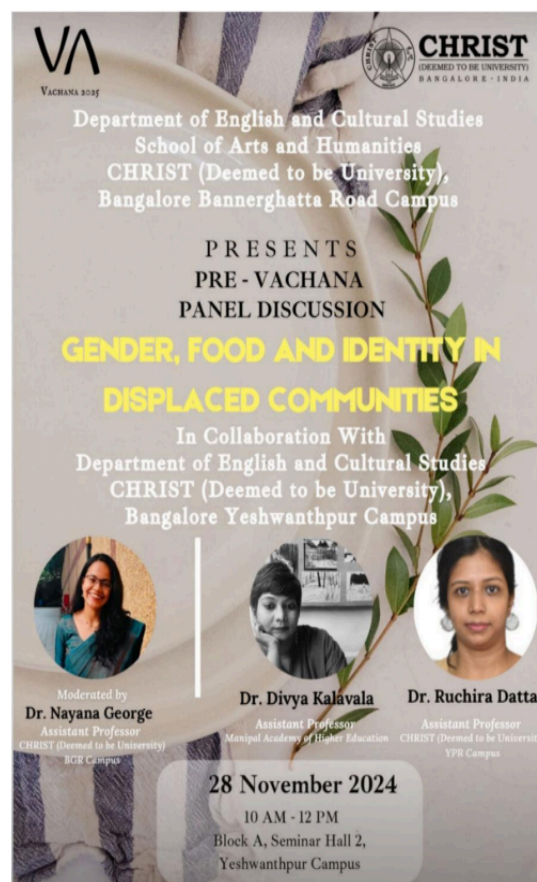
## Pre Vachana Event: Panel Discussion on Gender, Food, and Identity in Displaced Communities

28 Nov 2024

**Venue:** Block A, Seminar Hall 2, CHRIST (Deemed to be University), Yeshwanthpur Campus.

**No. of Participants:** Students and Professors

On 28 November 2024, the Department of English and Cultural Studies, CHRIST (Deemed to be University), Yeshwanthpur Campus, hosted a Pre-Vachana Panel Discussion on “*Gender, Food, and Identity in Displaced Communities*.” Moderated by Dr Nayana George, the session featured Dr Ruchira Datta and Dr Divya Kalavala, who explored how food, caste, gender, and migration shape identity and belonging. The speakers discussed how culinary traditions—ranging from packaged ethnic foods to marginalised food practices—become powerful expressions of memory, resistance, and empowerment. The dialogue connected to SDG 2: Zero Hunger by emphasising the right to equitable access to food and the cultural significance of nourishment in achieving social justice. Students gained a deeper understanding of how food extends beyond sustenance to reflect social hierarchies and collective resilience. The event inspired critical thinking and empathy, encouraging learners to view food as a bridge between sustainability, identity, and inclusivity.





## **Wayanad Flood Relief Collection Drive**

**1-2 August, 2024**

**Venue: School of Business and Management, CHRIST University  
(University-wide Participation)**

**No. of Participants: All MBA Students**

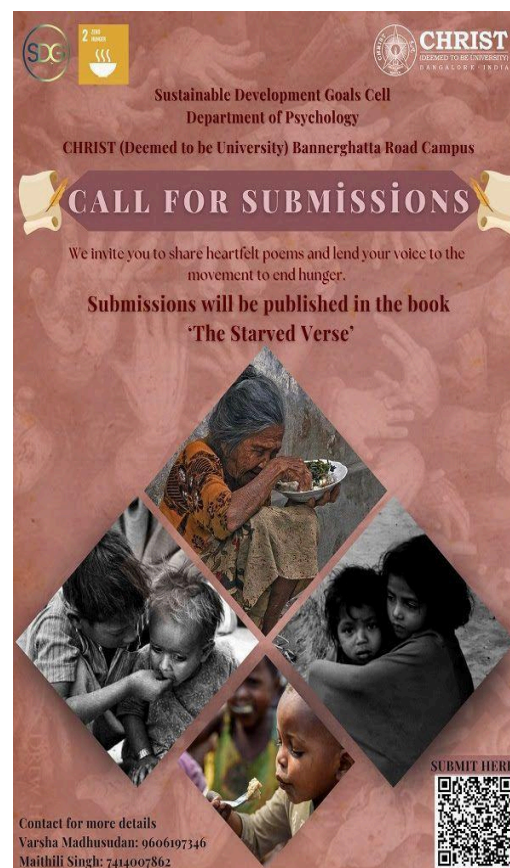
The Wayanad Relief Collection Drive at CHRIST (Deemed to be University) received overwhelming support from faculty, staff, and students, reflecting a powerful spirit of unity and compassion. Organised by the Centre for Social Action (CSA) and the CSR Karma Club, the initiative mobilised the university community to provide essential supplies to those affected by the Wayanad floods. Students actively participated in the collection and coordination process, gaining firsthand experience in community engagement and crisis response. The drive aligned with UN SDG 2: Zero Hunger by addressing immediate food and nutrition needs in disaster-affected areas, reinforcing the role of youth in promoting food security and humanitarian action. Beyond relief efforts, the initiative fostered empathy, responsibility, and social awareness among students, proving that small collective actions can make a profound difference. The campaign stood as a testament to CHRIST's ethos of Excellence and Service, transforming learning into impactful social contribution.



### Poetry Book 3 March 2023

**Venue: Main Auditorium, Bannerghatta Campus**  
**No. of Participants: 19**

On March 3, 2025, the SDG Cell of the Department of Psychology, CHRIST (Deemed to be University), Bangalore, inaugurated a poetry anthology titled “The Starved Verse” during the department’s flagship event *Aroha*. Conceptualised as part of Sustainability Week, the anthology aligned with UN SDG 2: Zero Hunger, using poetry to reflect on hunger in its physical, emotional, and societal forms. Led by student SDG representatives Varsha Madhusudhan and Maithili Singh, the launch featured 19 student poets whose verses explored deprivation, empathy, and resilience. The initiative inspired students to view art as a catalyst for awareness and social transformation, bridging creativity with advocacy. By addressing the psychological and moral dimensions of hunger, *The Starved Verse* encouraged the audience to reflect on inequality, compassion, and collective responsibility. The project stood as a powerful reminder that sustainable change begins with empathy—and that words, too, can nourish and heal.





### From Our Campus to the World: Achieving Zero Hunger Together 25-31 July 2024

**Venue:** CHRIST (Deemed to be University), Bannerghatta Road Campus, Bangalore

**No. of Participants:** 10

From July 25 to 31, 2024, the SDG Cell of the Department of Economics, CHRIST (Deemed to be University), Bannerghatta Road Campus, organised an awareness drive titled “From Our Campus to the World: Achieving Zero Hunger Together.” Focused on SDG 2 - Zero Hunger, the campaign culminated in the release of a powerful video on 31 July 2024 via the department’s official Instagram handle, garnering over 1,000 views. Featuring students and non-teaching staff, the video highlighted themes of nutrition, food waste reduction, and sustainable consumption, emphasising how small individual actions contribute to global food security. The initiative not only amplified awareness through creative digital storytelling but also fostered empathy and inclusivity within the campus community. By merging advocacy with social media engagement, it inspired students to become conscious global citizens committed to building a world free from hunger through collective responsibility and sustainable living.



### Promotion of the SDG cell

30 July 2024

**Venue: Quadrangle, CHRIST (Deemed to be University), Bannerghatta Campus**

**No. of Participants:**

On 30th July 2024, the SDG Cell of the Department of Economics, CHRIST (Deemed to be University), Bannerghatta Road Campus, organised a vibrant Promotional Event in the Quadrangle to raise awareness about the Sustainable Development Goals (SDGs) among students. The event began with an energetic flash mob performed by SDG Cell members, drawing attention to the importance of sustainable action within the campus. Following this, several interactive stalls were set up featuring engaging games such as Pictionary, Match the Hints, Dart Game, and Face Painting, all designed to creatively promote SDG 2 (Zero Hunger), SDG 4 (Quality Education), and SDG 17 (Partnerships for the Goals). A special pledge board encouraged students to commit to integrating SDG values into their daily lives. The event received enthusiastic participation, with students learning about the University's sustainability initiatives while having fun.





## **Indian Culinary Science Lecture - Translating Traditional Knowledge Into Innovations to Address Public Health Challenges by Dr Gurmeet Singh**

**14 August 2024**

**Venue: Bangalore Central Campus**

**No. of Participants: 100**

The lecture on *“Translating Traditional Knowledge into Innovations to Address Public Health Challenges”* by Dr Gurmeet Singh on 14 August 2024 highlighted the significance of India’s rich culinary heritage in promoting nutrition, sustainability, and health security. Dr Singh emphasised how indigenous food practices and traditional dietary wisdom can be integrated with modern science to combat malnutrition and lifestyle diseases. The session inspired the audience to view local ingredients and traditional recipes as vital tools for ensuring food security and well-being. It fostered awareness about sustainable consumption and the role of innovation in preserving traditional food systems. The talk directly aligned with SDG 2: Zero Hunger, as it encouraged the use of culturally rooted, nutritious, and accessible food solutions to eradicate hunger and improve community health. Participants left with a renewed appreciation for traditional culinary wisdom as a means to achieve nutritional sustainability.



## **SWAD- Preserving Culinary Heritage through promoting mother cuisines and empowering local farmers**

**Venue: Bangalore Central Campus**

**No. of Participants:**

The Department of Hotel Management at Christ University, Bengaluru, through its initiative SWAD, demonstrates a strong commitment to SDG 2: Zero Hunger by integrating traditional culinary wisdom with sustainable food practices. Founded in 2014, SWAD empowers women while promoting food security, nutrition, and sustainability. By reviving local cuisines, encouraging organic farming, and fostering mindful eating, it strengthens community-based food systems and sustainable agriculture. Rooted in the concept of *Mother Cuisine*, SWAD reconnects people with ancestral food knowledge that supports balanced nutrition and ecological harmony, making food a source of health, livelihood, and cultural preservation in alignment with SDG 2.



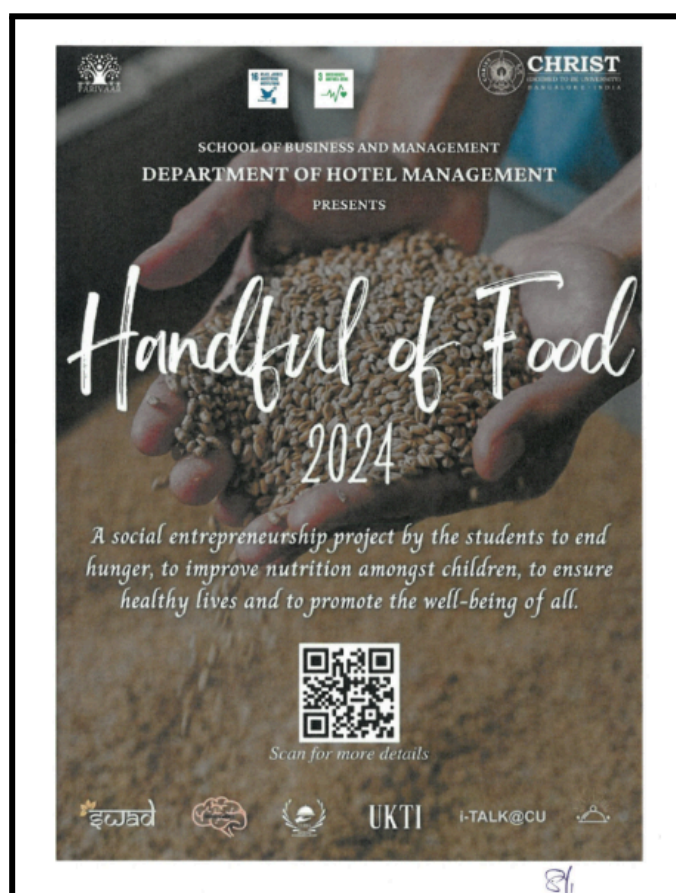
## **Handful of food donations**

**10-26 July 2023**

**Venue: Bangalore Central Campus**

**No. of Participants:**

The Department of Hotel Management, in collaboration with the School of Business and Management and the Centre for Social Action, organised the “Handful of Food” initiative from 10 to 26 July 2023 at CHRIST (Deemed to be University), Central Campus, marking the 175th anniversary of St. Kuriakose Elias Chavara’s first educational institution. The drive focused on reviving the mid-day meal program for 130 government school children, ensuring their nutritional health and educational continuity. Students, faculty, and staff contributed generously, donating rice, pulses, cereals, and oil, turning compassion into collective action. The initiative not only addressed hunger and malnutrition but also inspired students to understand the deep link between nutrition, learning, and well-being. Rooted in the values of empathy and service, “Handful of Food” embodied the essence of SDG 3 – Good Health and Well-being, nurturing a culture of care, inclusion, and sustainable community support among Christites.





### Documentary Screening 16 October 2023

**Venue: Bangalore Central Campus**

**No. of Participants: 36**

The SDG Cell of the Department of Media Studies, CHRIST (Deemed to be University), Bannerghatta Road Campus, organised a screening of *WALL-E* on 16 October 2023 to promote reflection on sustainability and responsible consumption. Guided by Dr Jais Merlin P. Augustine, 36 students explored how the film's portrayal of environmental degradation, waste, and resource exhaustion connects to global food insecurity.

The discussion highlighted the importance of reducing waste, protecting ecosystems and using resources responsibly—essential for resilient food systems. By encouraging students to consider how environmental care supports long-term access to safe and nutritious food, the session aligned with SDG-2: Zero Hunger.



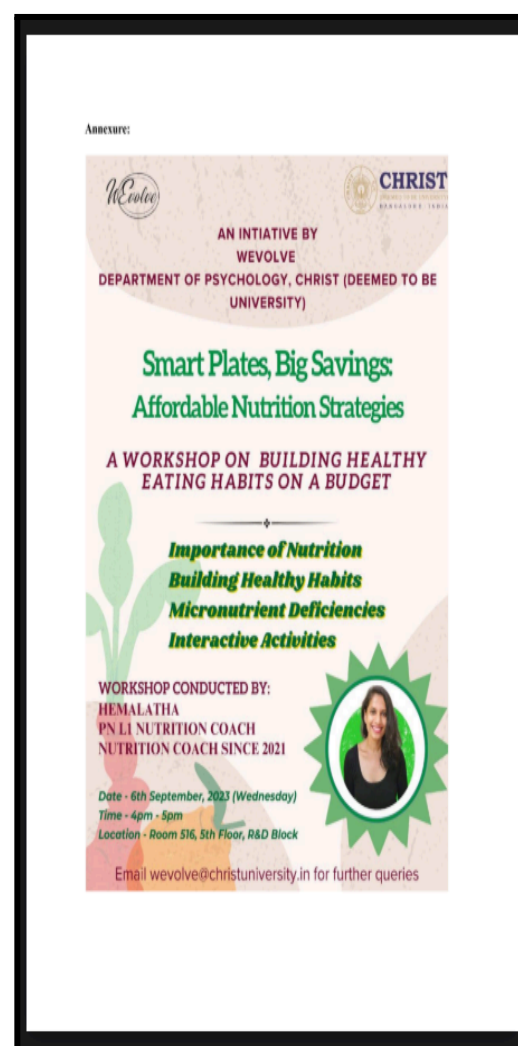


## **Extension activity by Wevolve- Affordable Nutrition Strategies 6 September 2023**

**Venue: Bangalore Central Campus**

**No. of Participants: 15**

The Wevolve – Community Clinic, under the Department of Psychology, CHRIST (Deemed to be University), conducted an extension activity titled “Smart Plates, Big Savings: Affordable Nutrition Strategies” on 6 September 2023 at the Bangalore Central Campus. Led by Certified Nutrition Coach Hemalatha, the workshop focused on making nutritious food accessible and affordable for postgraduate students. It offered low-cost dietary tips, free resources such as grocery lists and high-protein recipes, and stressed the importance of balanced meals, micronutrients, and mindful eating. By guiding students to meet their nutritional needs on a budget, the session promoted food security, reduced the risk of malnutrition, and encouraged sustainable eating habits, aligning with SDG-2: Zero Hunger.



## **Dietary Need Analysis**

**28 December, 2024**

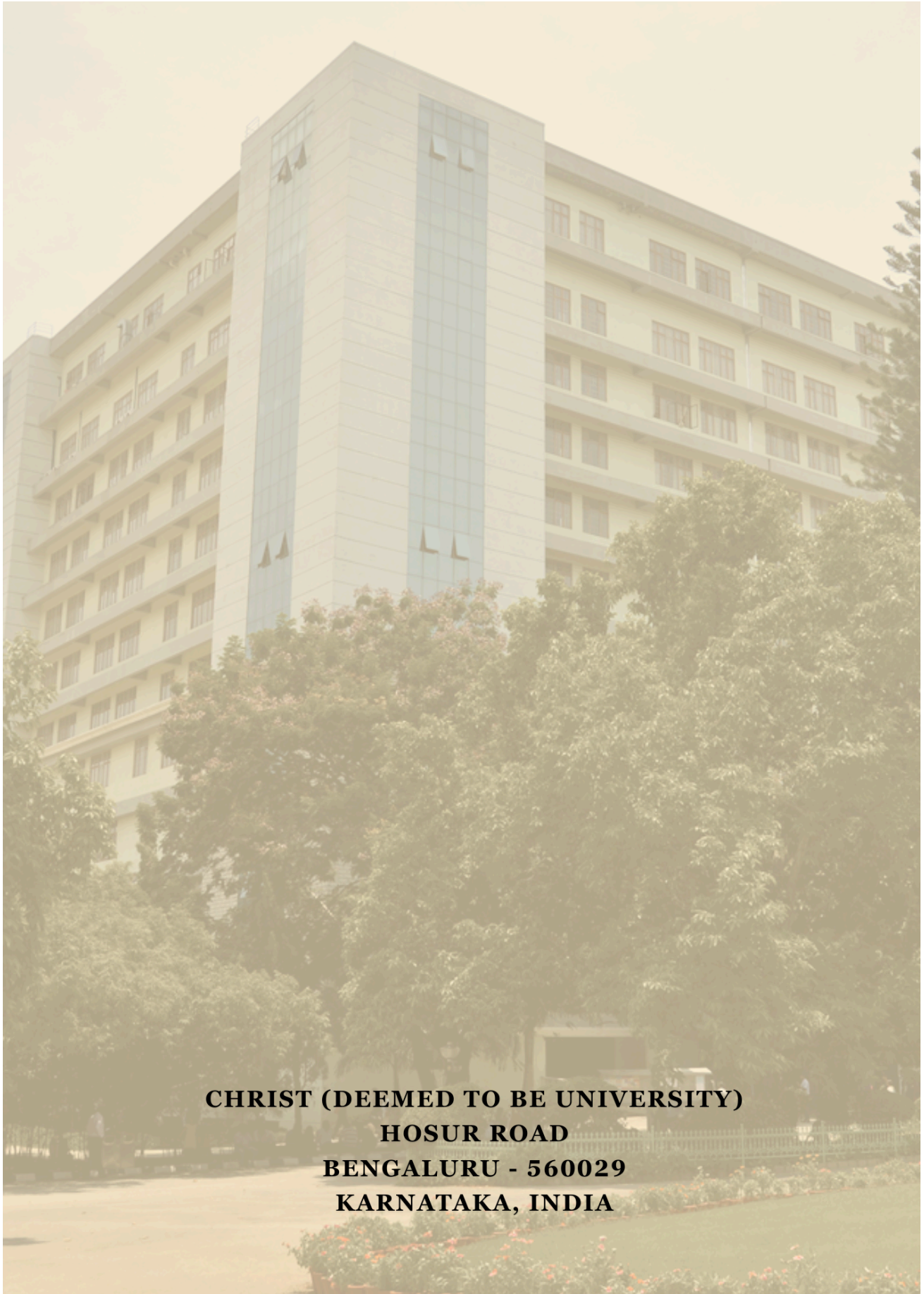
**Venue: Bangalore Central Campus**

**No. of Participants:**

The Department of Psychology, CHRIST (Deemed to be University), Bangalore, conducted a Digital Survey titled “Dietary Need Analysis” on 28 December 2024 through a virtual platform. Organised by the SDG Cell, the initiative aimed to understand students’ nutritional needs and food accessibility to support healthier, more affordable eating habits on campus. Responses from 32 students at the Bannerghatta Road Campus covered dietary preferences, portion sizes, affordability, and interest in sustainable food practices. The insights helped the team collaborate with the campus café, Fresheteria, to design a nutritious and budget-friendly meal box that addresses students’ dietary requirements. By focusing on affordability, balanced nutrition, and accessible food options, the initiative contributed to SDG-2: Zero Hunger, promoting food security and sustainable consumption within the student community.







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