



CHRIST (Deemed to be University)
Bangalore Kengeri Campus
Centre for Counselling and Health Services

ShieldAll United Against HPV Related Cancers

Activity Type	Seminar
Umbrella Event	NA

General Information

Date	16/08/26
Time	12pm-1pm
Venue	Auditorium, 4th Floor, Block 3
Beneficiaries	Btech students - Male & Female
Chief Guest	Dr Vidyamani Lingegowda
Title/Position	Senior Consultant,
Organisation	Sagar Chandramma Hospital, Bengaluru
Title of Presentation	ShieldAll: United Against HPV-Related Cancers
Collaboration	NA
Revenue Generated	NA

SDG Alignment

Goal Number	3. Good health and well-being
Description	DrVidyamani Lingegowda provided an overview of cervical cancer, explaining how it develops, the role of persistent Human Papillomavirus (HPV) infection, and key warning signs such as abnormal bleeding, pelvic pain, and unusual discharge. The session clarified that while cervical cancer is serious, it is highly preventable and manageable when caught early. • Prevention & Screening: She emphasized the importance of routine Pap smear and HPV testing as life-saving tools. Early-stage detection offers a very high chance of successful treatment, and participants were urged to normalize regular screening as part of women's health care. • Vaccination Awareness: Dr Vidyamani Lingegowda explained about the HPV vaccine, describing it as a powerful shield against cervical cancer. Information was provided on age eligibility, dosage schedules, and long-term benefits.
Impact	Dr. Vidyamani Lingegowda stressed that creating awareness within families and communities is crucial to reducing the impact of cervical cancer. Women & men were encouraged to advocate for their health and to educate family member and peers about the importance of screening and vaccination. Additionally, lifestyle recommendations such as a balanced diet, exercise, and avoiding tobacco were emphasized as supportive measures for overall reproductive health.

Event Description

Dr. Vidyamani Lingegowda (Senior Consultant, OBGYN @ Sagar Chandramma Hospitals) effectively illustrated the burden of HPV by discussing Cervical cancer, the most common HPV-related cancer in women, and Oropharyngeal cancer, the leading HPV-related cancer in men. The sessions emphasized HPV vaccination, early detection, and the importance of adopting a gender-inclusive approach to cancer prevention. The session brought together 300 BTech students, with enthusiastic participation from both female and male students. The lively discussions reflected a growing understanding that HPV prevention is a shared responsibility, making ShieldAll a significant step forward in expanding awareness beyond cervical cancer.

Photo 1

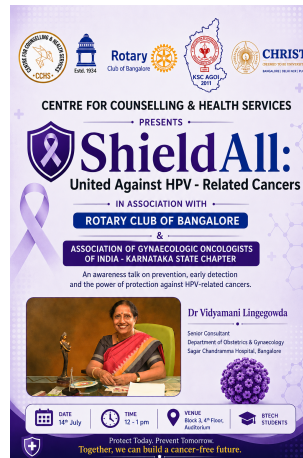


Few beneficiaries of the session along with Dr Vidyamani Lingegowda & Dr Seela Sara Mathew

Photo 2

Dr Seela Mathew giving the welcome address

Photo 3 / Poster / Invite



Btech students poster

Certificate / Attendance

NA

Annexure:

1. Speaker Profile
2. Photos of the activity (Geotagged Photos not more than two)
3. Poster of the Activity
4. Attendance list of participants
5. Feedback Analysis
6. Impact Analysis
7. Supporting documents, if available (e.g., newspaper articles, sample certificates, social media posts)

Approval Information

Approval Status	Updated
Time of Approval	Senior Consultant,

--- End of Report ---