



CHRIST (Deemed to be University)
Bangalore Kengeri Campus
Centre for Counselling and Health Services

**NMBA- Interactive/experiential activities on
Addiction, effects of substance use, prevention, peer
support and referral for Peer Educators**

Activity Type	
Umbrella Event	

General Information

Date	21st July 2026
Time	1:30 pm -4:30 pm
Venue	MultiPurpose Hall , Devadan Block Kengeri Campus
Beneficiaries	Peer Educators – [100] students
Chief Guest	NA
Title/Position	NA
Organisation	NA
Title of Presentation	Psycho-Education on Addiction and Its Ill

	Effects – Facilitated by Ms. Mary Jenifer Amalraj, Counsellor & NMBA Coordinator
Collaboration	CCHS
Revenue Generated	NA

SDG Alignment

Goal Number	3. Good health and well-being
Description	The programme promoted awareness about substance use, addiction and its physical, psychological and social consequences. It equipped peer educators with knowledge on prevention, healthy coping strategies and the importance of seeking appropriate support, contributing to a healthier and drug-free campus environment.
Impact	The session enhanced peer educators' knowledge and awareness of addiction-related risks and strengthened their capacity to promote substance-use prevention among fellow students. It encouraged healthy choices, early identification of concerns, peer support and responsible help-seeking, contributing to student well-being and a drug-free campus.

Event Description

A psycho-educational awareness session on addiction and its ill effects was conducted under the Nasha Mukta Bharat Abhiyaan (NMBA) for peer educators. The session focused on increasing awareness about substance use, its physical, psychological and social consequences, prevention strategies, and the role of peer educators in promoting a drug-free campus.

Photo 1



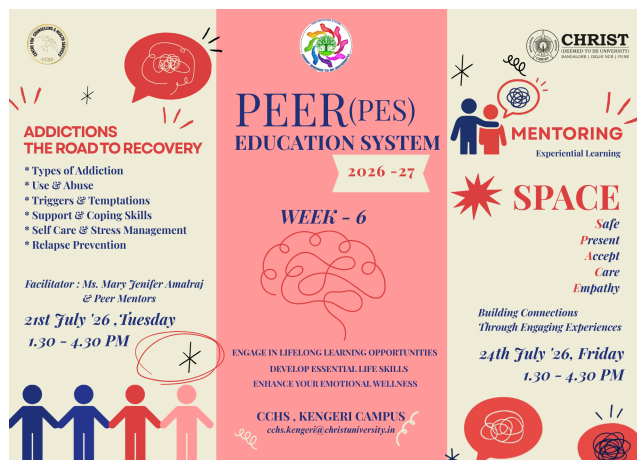
Ms. Mary Jenifer Amalraj, Counsellor and NMBA Coordinator, facilitates an interactive psycho-education session on addiction and its ill effects for peer educators.

Photo 2



Peer educators actively participate in an interactive NMBA session focused on addiction awareness, prevention and healthy choices.

Photo 3 / Poster / Invite



The poster was designed to promote the NMBA Psycho-Education Session on Addiction and Its Ill Effects for Peer Educators. It highlighted the objectives of creating awareness about substance use, understanding its physical, psychological and social consequences, and encouraging peer educators to support a drug-free and healthy campus environment. The poster included essential event details and encouraged active participation in the awareness programme.

Certificate / Attendance

NA

Annexure:

1. Speaker Profile
2. Photos of the activity (Geotagged Photos not more than two)
3. Poster of the Activity
4. Attendance list of participants
5. Feedback Analysis
6. Impact Analysis
7. Supporting documents, if available (e.g., newspaper articles, sample certificates, social media posts)

Approval Information

Approval Status	Updated
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Time of Approval	NA
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--- End of Report ---