



**CHRIST (Deemed to be University)**  
**Bangalore Kengeri Campus**  
**Centre for Counselling and Health Services**

**Freshers Orientation Report (Academic Year 2026 - 2027)**

|                |       |
|----------------|-------|
| Activity Type  | Event |
| Umbrella Event | NA    |

**General Information**

|                |                                                                                                                                                                                                                       |
|----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Date           | Months of June & July                                                                                                                                                                                                 |
| Time           | 10 a.m-3 p.m                                                                                                                                                                                                          |
| Venue          | Auditoriums of the 1st & 3rd block                                                                                                                                                                                    |
| Beneficiaries  | 1365 Students of First year from the Departments of Engineering, BBA, Psychology, Architecture received an orientation and had a clear understanding of university policies and the importance of Emotional wellness. |
| Chief Guest    | NA                                                                                                                                                                                                                    |
| Title/Position | NA                                                                                                                                                                                                                    |
| Organisation   | NA                                                                                                                                                                                                                    |

|                       |    |
|-----------------------|----|
| Title of Presentation | NA |
| Collaboration         | NA |
| Revenue Generated     | NA |

#### SDG Alignment

|             |                                                                                                                                                                                                                                                                                                                                                                                                         |
|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Goal Number | 3. Good health and well-being, 4. Quality education, 5. Gender equality, 10. Reduced inequalities, 13. Climate action, 16. Peace, justice and strong institutions                                                                                                                                                                                                                                       |
| Description | Freshers Orientation Programme was successfully conducted for the first-year students across months of June and July for BBA (183students), Psychology (150 students), Engineering (969 students) and Architecture (63 students) departments. The session began with a discussion on the university's rules and regulations to help students understand the expectations and code of conduct on campus. |
| Impact      | NA                                                                                                                                                                                                                                                                                                                                                                                                      |

## Event Description

The Centre for Counselling & Health Services (CCHS) successfully conducted the Freshers Orientation Programme for the first-year students of the Kengeri Campus during the months of June and July for the 2026-2027 academic year. The session focused on reinforcing institutional regulations and enhancing student psychological resilience.

Photo 1



- The facilitators provided an overview of the university's mandatory "BIG 5" guidelines and explained their importance in ensuring a safe, respectful, and responsible campus environment.

Photo 2



- Students were introduced to emotional wellness practices, which encouraged them to express and reflect on their feelings.

## Photo 3 / Poster / Invite



Invitation to conduct Orientation sessions for the students of first years of all departments across the Kengeri Campus.

## Certificate / Attendance

NA

## Annexure:

1. Speaker Profile
2. Photos of the activity (Geotagged Photos not more than two)
3. Poster of the Activity
4. Attendance list of participants
5. Feedback Analysis
6. Impact Analysis
7. Supporting documents, if available (e.g., newspaper articles, sample certificates, social media posts)

## Approval Information

|                  |         |
|------------------|---------|
| Approval Status  | Updated |
| Time of Approval | NA      |

--- End of Report ---