



CHRIST (Deemed to be University)
Bangalore Kengeri Campus
Centre for Counselling and Health Services

ನಾನು ಶ& Women Empowerment Activity

Activity Type	Event
Umbrella Event	Lady Support Staff-Empowerment Programme

General Information

Date	29-06-2026 and 01-07-2026
Time	04.00 PM - 04.45 PM on 29-06-2026 and 09.30 AM -04.30 PM on 01-07-2026
Venue	Open Dining Area behind Block 5 and M Floor, SoA
Beneficiaries	113- Lady support staff- CHRIST University, Kengeri Campus
Chief Guest	Dr Fr Jiby Jose E, Dr Raghunandan Kumar E, Dr Mary Anita E A
Title/Position	Director, Dean and Associate Dean
Organisation	CHRIST University, Kengeri Campus
Title of Presentation	Honouring lady support staff for their support

	and services
Collaboration	ICT Academy -TamilNadu
Revenue Generated	NA

SDG Alignment

Goal Number	3. Good health and well-being, 5. Gender equality, 7. Affordable and clean energy, 8. Decent work and economic growth, 9. Industry, innovation, and infrastructure, 10. Reduced inequalities, 11. Sustainable cities and communities, 12. Responsible consumption and production, 16. Peace, justice and strong institutions, 17. Partnerships for the goals
Description	CHRIST (Deemed to be University), Kengeri Campus, organised a Lady Support Staff Empowerment Programme to acknowledge and appreciate the invaluable contributions of the campus housekeeping and security personnel. The initiative was supported by the ICT Academy of Tamil Nadu as part of its Corporate Social Responsibility (CSR) initiative. In addition to establishing a laboratory on the 3rd Floor of the 5th Block, the CSR project also included provisions for the empowerment and recognition of the campus's lady support staff. As part of this initiative, a Token of Honour was presented to the lady support staff on 29 June 2026 in the esteemed presence of Campus Director, Dr. Fr. Jiby Jose E.; Dean, Dr. Raghunandan Kumar R.; and Associate Dean, Dr. Mary Anita E. A. Faculty members and staff from various departments also attended the programme.
Impact	The sessions were conducted by faculty members from various departments, who

shared practical insights on digital safety, cybersecurity, and responsible technology usage. With the theme "Protecting Your Digital Life," the programme focused on creating awareness about the safe and responsible use of digital technologies in everyday life. Participants were guided on safeguarding their personal and financial information through secure digital practices, enabling them to confidently navigate the digital world.

The resource person highlighted the importance of digital safety by explaining how smartphones have become an integral part of daily life, storing sensitive information such as banking details, personal communications, and photographs. Participants were encouraged to adopt simple yet effective practices such as securing their mobile devices with strong passwords or biometric authentication, keeping their devices updated, and avoiding financial transactions over unsecured public Wi-Fi networks.

The programme also focused on promoting safe digital payment practices and online banking security. The participants were advised to use only trusted payment applications, remain cautious of fraudulent requests for money, and never disclose confidential information such as OTPs or banking PINs. The session further emphasized the importance of recognizing phishing attempts, avoiding suspicious links and attachments, enabling multi-factor authentication, and regularly monitoring bank transactions to identify unauthorized activities at an early stage.

In addition to cybersecurity awareness, the programme highlighted the responsible use of digital resources and personal well-being. The participants were encouraged to conserve electricity by unplugging unused devices and utilizing energy-saving features

	on their smartphones. They were also guided on maintaining a healthy digital lifestyle by managing screen time, limiting the sharing of personal information on social media, and staying informed about emerging cyber threats through discussions with colleagues and family members. The session concluded with key takeaways reinforcing the importance of creating strong and unique passwords, safeguarding personal information, and cultivating safe digital habits. The participants were encouraged to regularly review their privacy settings and share the knowledge gained with their families and communities, thereby fostering a culture of digital safety and responsible technology use. To ensure maximum participation, the programme was conducted in two sessions—morning and evening—allowing all lady support staff to attend conveniently. Each session concluded with refreshments, followed by lunch for the participants.
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Event Description

CHRIST (Deemed to be University), Kengeri Campus, organised a Lady Support Staff Empowerment Programme in collaboration with ICT Academy of Tamil Nadu under its CSR initiative. The programme included a Token of Honour presented on 29 June 2026 to recognise the dedicated contributions of lady support staff. A digital safety awareness session, “Empowering Women on Digital Safety,” was conducted on 1 July 2026, focusing on cybersecurity, safe digital payments, online banking, privacy, and responsible technology use. Conducted in morning and evening sessions for maximum participation, the programme aimed to promote appreciation, empowerment, digital awareness, and personal well-being among the participants.

Photo 1



The session promoted safe digital payments and online banking by educating participants on avoiding fraud, protecting OTPs and PINs, identifying phishing attempts, using multi-factor authentication, and monitoring transactions for unauthorized activity.

Photo 2

During the event, the Campus Director and the Dean expressed their heartfelt appreciation for the dedication and indispensable role of the lady support staff in ensuring the smooth functioning of the campus. Their tireless efforts were emphasized and the programme concluded with the distribution of tokens of appreciation as a gesture of gratitude and respect for their unwavering commitment and service.

Photo 3 / Poster / Invite



An invite to CHRIST (Deemed to be University), Kengeri Campus, organised a Lady Support

Staff Empowerment Programme to acknowledge and appreciate the invaluable contributions of the campus housekeeping and security personnel which was supported by the ICT Academy of Tamil Nadu .

Certificate / Attendance

NA

Annexure:

- 1. Speaker Profile**
- 2. Photos of the activity (Geotagged Photos not more than two)**
- 3. Poster of the Activity**
- 4. Attendance list of participants**
- 5. Feedback Analysis**
- 6. Impact Analysis**
- 7. Supporting documents, if available (e.g., newspaper articles, sample certificates, social media posts)**

Approval Information

Approval Status	Updated
Time of Approval	Director, Dean and Associate Dean

--- End of Report ---