

RECONNECT TO NATURE

**"If we were meant to stay in one place, we'd
have roots instead of feet"**

~ Rachel Wolchin



20TH NOV



**6:30 AM
ONWARDS**



CHRISTITES FOR CLIMATE ACTION (CCA)

CHRIST (Deemed to be University), Bangalore

General information

Type of Activity	TREK
Title of the activity	Trek to reconnect to nature
Dates	20 th November 2022
Venue	Shivagamnga betta, Tumkur road
Collaboration/Sponsor (if any)	NA

Participants profile

Type of participants	CCA Volunteers
No. of participants	24

Synopsis of the activity (description)

Highlights of the activity	Trek to feel the nature beauty.
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Summary of the activity	<p>CCA of CHRIST (deemed to be University), organized a trek for students on (Date). A group of students, accompanied by faculty members from the Life Sciences Department. The transport facility was provided by the university. Prior to boarding the vehicle, the faculty informed do's and don'ts while trekking. Students were encouraged to respect the environment, and care for fellow mates while and the same time to look after themselves. The trekking spot was about 70 km from the campus. During the journey, students interacted with each other and to make the travel more exciting, music was played and the students danced to the beat. Halfway through the journey, provisions for breakfast were made. The trekkers had their breakfast in an open field. Students sat down together and shared their food, in this way they incorporated the values of mutual sharing. Upon reaching Shivaganga hill, the students got down from the bus in a queue and started the trek to the top of the hill. There was a sense of adventure and high spirit when they started the trek. The trekking trail had a rocky terrain with scrub vegetation. Students also keenly observed and identified the variety of flora and fauna during the trek. The trekkers made their way through a cave which had a narrow passage. The trek comprised of walking on steep rocks and as the team reached closer to the view point, they witnessed a spectacular view from the top of the hill. The view presented a scenic rural picture surrounded by plots of agricultural fields and towering rocky hills. After an arduous trek uphill, many trekkers were relieved to find a water body. They splashed into the pond in carefree manner. By late afternoon, the trekkers begin to descend from the hill top. After an exhausting and yet thrilling journey, they reached the foothills. While trekking we had carried a seed balls which comprises of seeds and it was dispersed on the way. All students were given with seed balls and they dispersed at a relevant spot. The team returned back to the campus at 7:00 pm. The trek organisers thanked all the participants for their active participation and enthusiasm. The students had a meaningful take away message from this nature trek..</p>
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Report prepared by

Event in charge	Ankit Shubham
Designation/ title	Head of Eco saviours
Signature	



ATTENDANCE

Name	Registration no.	Class
Tarun Sam	2112718	B Com IF
Rhythm Bhatia	2240762	<u>B.Sc.</u> 2BCB
Kanika Chandel	2240769	<u>B.Sc.</u> 2BCB
Sneha Ghosh	2240742	<u>B.Sc.</u> 2BCB
Krishna K Patel	2131129	B.A. 4PEP
Aanchal Mall	2211159	<u>2B.Com</u> H
Devna Sodhi	2211446	<u>2B.Com</u> SFH
Vidhi Goyal	2211173	<u>2B.Com</u> H
Radha Deshpande	2230711	B.A. 2EPS
Amrita Nair	2230755	B.A. 2EPS
Shivangi Agarwal	2230764	B.A. 2EPS
Alan Shiju	2022511	6BHM
Naveen Aggarwal	2220456	2 BBA D

Nallari Praneeth	2230528	2pseco
Kushagra Agrawal	2222016	2 BBA F&A A
Abhinav Pingle	2220446	2 BBA D
Nikhita Anantha Subramanian	2250553	2 BBA LLB B
Adithi V	2240403	2PCM
Ashlesha h	2230948	2HEP
Sritha m	2230918	2HEP
Bharath k	2230782	2EPS
Thrishna R	2230743	2EPS
Nikitaa T	2230728	2EPS
Charan S	2010351	6 <u>B.Com</u> C
Venu gopal gowda HV	2010356	6 Bcom C
Lakshmi Nandini Penmetsa	2112727	4BCOMIF
Gareth Joseph Greenwood	2240152	2cme
Tejaswini N	2030987	6BA HEP
Muskan Bansal	2030949	6BA HEP
Neil Manoj C	2247224	2 MCA B
Darshan K	2011386	6 BCOM H D
Sritha manandi	2230918	2HEP
Aanchal Mall	2211159	1 BCOM H B
Sahil Gupta	2220416	2BBAD
Milind Govil	2140406	4 PCM
Vishnupriya VV	2140457	4 PCM
Deepali Elizabeth Promodan	2140463	4 PCM
Abhinav Prakash	2140458	4PCM
Albin E James	2141003	4 BCA A
Adarsha Pudasaini	2141001	4BCAA
R BHARATH GOWDA	2240474	2PCM
Yuva shakti T	2240468	1PCM 6 B.Com
Chethan R	2010619	morning
Lakshmi Nandini Penmetsa	2112727	4B COM IF
Ankit S	2040766	<u>B.Sc</u> 6BCB

FEEDBACKS

On scale of 1-5, how was your overall experience?	How much would you rate the management by Event Heads?	On Scale of 1 to 10, how would you recommend CCA to your friends	Did you like the activity taken by CCA?	Did you face any sort of problem during the event?	Were the Event Heads co-operative?	Do you have any complaints or suggestions regarding the event?
1	2	4	Yes	Maybe	Yes	No
4	4	8	Maybe	No	Yes	Nice experience
3	3	7	Yes	No	Yes	N