CHRIST
(DEEMED TO BE UNIVERSITY)
BANGALORE | DELHI NCR | PUNE

10 SDG
REDUCED INEQUALITIES

ANNUAL REPORT

2024-25

Bridging Gaps,
Building Equity



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Stall on ‘Art of Law: Project Nyay’

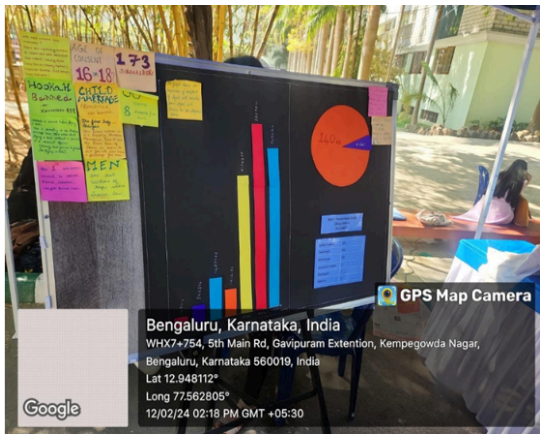
Date: 12 February 2024
Venue: Garden Street near Central Block
No. of participants: 300+

The SDG Cell organised a stall titled "Art of Law: Project Nyay" on Garden Street, centred on SDG 10 (Reduced Inequalities), with a focus on making legal education accessible to all. The activity was carried out through interactive charts and infographics presenting legal statistics and issues affecting marginalised groups, a photo booth linked to Project Nyay, engaging games like "Hold the Brick," "Blow the Cup," and "Ping Pong," and a video display explaining the project's mission and impact. The stall was organised to address inequality in access to legal resources by promoting free legal aid beyond what government channels offer, encouraging both awareness and active participation. As a result, the stall deepened participants' understanding of legal inequality and the importance of equitable access to justice, sparked critical thinking through hands-on engagement, and generated on-the-spot registrations from both volunteers and individuals seeking legal assistance. Overall, the activity combined entertainment with purposeful education, reinforcing the university's commitment to reducing inequalities through accessible legal empowerment.





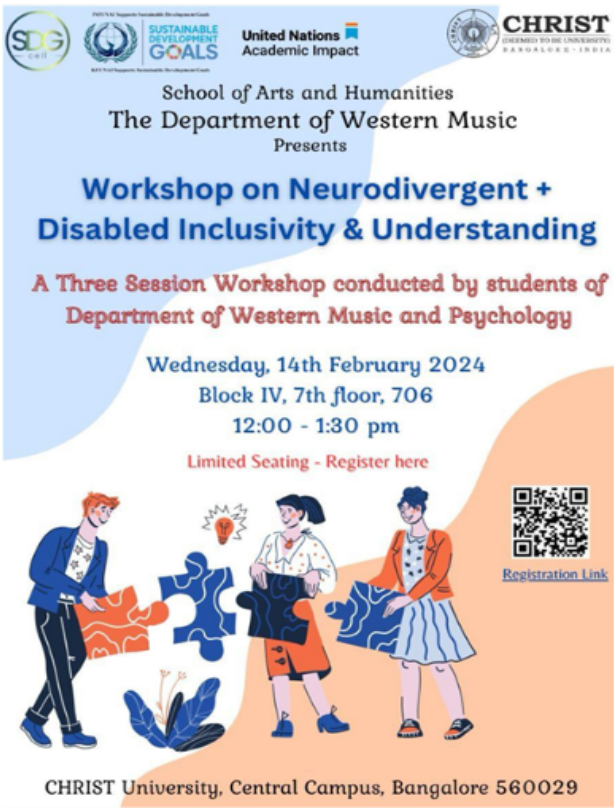


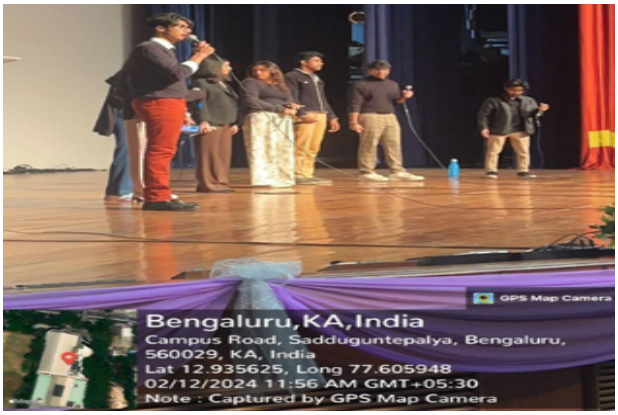


Workshop on Neurodivergent + Disabled Inclusivity & Understanding

Date: 14 February 2024
Venue: Central campus, CHRIST (Deemed to be University)
No. of participants: 25

As part of Sustainability Week, the Department of Western Music organised a set of activities including a Workshop on Neurodivergent and Disabled Inclusivity and Understanding, an Acapella performance at the inaugural ceremony, and an activity stall showcasing SDG-related initiatives. The workshop, led by student presenters Dhruv Deepak, Azriela Maben, Deekshitha Raj, and Geethika R., began with an experiential activity as a primer, then opened into a discussion on normality, disability, and neurodivergence, including the role of institutional accommodations and personal experiences shared by the presenters. The Acapella group performed at the inaugural ceremony. At the same time, the activity stall featured interactive games and displays connected to SDG 10, including a crossword on women composers and activities centred on health and well-being. The initiative was organised to raise awareness about inclusivity, mental health, and sustainability while encouraging active student and faculty participation. As an outcome, participants gained a deeper understanding of neurodivergence and disability, engaged meaningfully with SDG themes through creative formats, and the workshop's success led to plans for follow-up sessions and a broader framework for future inclusivity-focused programs.







Promoting Diversities and Reducing Inequalities

Date: 15 February 2024
Venue: Garden street, CHRIST (Deemed to be university)
No. of participants: 100+

The Inclusivity Cell of the Department of English and Cultural Studies organised an SDG 10-focused awareness stall to promote equality, inclusivity, diversity, and the reduction of inequalities. The activity was conducted through a range of creative and interactive initiatives, including the Equality Canvas, where participants expressed their experiences and ideas about reducing inequalities through drawings, paintings, sticky notes, and written reflections. The Jar of Joy encouraged the exchange of positive messages, while the Harmony Tree provided a creative space to celebrate diversity and different perspectives. Interactive Myths vs Facts discussions addressed gender-related misconceptions and encouraged the use of inclusive language. A quiz on men's sexual health and hygiene was also conducted to dispel myths, improve awareness, and encourage open conversations around a sensitive subject. The activities were undertaken to challenge discrimination, reduce social stigma, encourage dialogue, and foster a more equitable and inclusive community. The initiative had a positive impact by stimulating reflection, creative expression, and meaningful discussions on equality, gender inclusivity, diversity, and well-being.







SDG Week Activity: Day Celebrations

Date: 15 February 2024
Venue: Garden street, CHRIST (Deemed to be university)
No. of participants: 100+

The Department of Theatre Studies organised an SDG-focused community engagement initiative to create awareness and dialogue around Reduced Inequalities. The activity was conducted through an interactive awareness stall featuring a knowledge-testing quiz, an improv station organised by 4 TEP, and a street play addressing the dangers of drug abuse. The quiz encouraged participants to test and expand their understanding through an engaging format, while the improv activities created an informal space for interaction, participation, and discussion. The street play, conceived and performed by the 6 TEP class, used theatre and storytelling to communicate the serious consequences of drug abuse and highlight the potential of performing arts to address social concerns. The initiative was undertaken to promote social responsibility, inclusivity, health awareness, and meaningful community engagement through experiential learning and creative expression. The activity had a positive impact by generating enthusiasm, encouraging participation, and creating opportunities for reflection and dialogue. Feedback particularly highlighted the enjoyable and innovative approach, demonstrating the effectiveness of theatre and interactive methods in communicating important social messages.







Shared Marginalised Lands

Date: 15 February 2024
Venue: Panel Room, CHRIST (Deemed to be University)
No. of participants: 100+

The Department of Media Studies organised a talk titled “Shared Marginalised Lands” by Iravatee Majgaonkar, PhD Scholar at ATREE, Bengaluru, to create awareness about marginalised landscapes and the communities that depend on them. The activity was conducted through an informative presentation, supported by a documentary clip on the Hatkar Dhangar community, followed by an interactive discussion with students and faculty. Iravatee discussed pastoralist communities across Maharashtra and Karnataka, highlighting the ecological significance of grasslands and savanna regions, their biodiversity, carbon sequestration, and their importance to livestock-based livelihoods. She also explored the relationship between pastoralists and wolves, including the historical decline of wolf populations and contemporary human–wildlife conflicts. The activity was undertaken to bring greater attention to the social, ecological, and livelihood challenges faced by pastoralist communities and to encourage informed discussion about marginalised regions. The session had a positive impact by enabling participants to engage with underrepresented social and environmental issues, share personal experiences, and develop greater understanding of pastoralist livelihoods, biodiversity, and coexistence.







Skill Up, Stand Out

Date: 7 August 2024
Venue: Central Link, Bangalore Yeshwanthpur Campus
No. of participants: 50+

The SDG Cell of the Department of Mathematics, CHRIST (Deemed to be University), Bangalore, organised an awareness programme to mark World Youth Skills Day, engaging students and faculty through interactive stalls rather than a formal guest talk. The activity was carried out through a series of hands-on games and stalls, including "Game of 7" and "Knocking Cups" for teamwork and precision, "Dumb Charades" and "Connections" for creative skill recognition, and a lighthearted skill-roasting competition, alongside an informational stall on World Youth Skills Day. The programme was organised to raise awareness about the importance of skill development among young people and to encourage participants to reflect on their own strengths in an engaging, non-academic format. Its impact was evident in the overwhelmingly positive feedback, with participants rating the overall organisation and individual activities highly, and a large majority agreeing that the event successfully built awareness about skills through experiential learning, while also fostering teamwork, creativity, and a sense of community among attendees.







MUSKAAN

Date: 22 August 2024
Venue: Anand Training Centre, Mariam Nagar, Ghaziabad
No. of participants: 91

The SDG Psychology Cell, Department of Psychology, organised "Muskaan," an outreach event held at a training centre for children with mental disabilities and developmental disorders, themed "Celebrating Diversity: Embracing Inclusivity." The activity was carried out through a series of specially designed engagement activities, including Grain Sorting, Simon Says, Wall of Happiness, and Statue, each aimed at supporting the children's cognitive, motor, emotional, and social development, alongside informal interaction and performances by the children such as dancing, mimicry, and singing. The event was organised to raise awareness about inclusivity and equal opportunity for children with mental disabilities, in alignment with SDG 10 (Reduced Inequality), and to create a joyful, supportive environment that acknowledged their unique needs and abilities. As an outcome, the children showed increased engagement, improved focus, and emotional expression through the activities, while the visiting students gained firsthand insight into the impact of inclusive education and personalised therapy. The experience left a lasting impression on participants, reinforcing their commitment to advocating for greater accessibility, resources, and inclusion for individuals with mental disabilities.

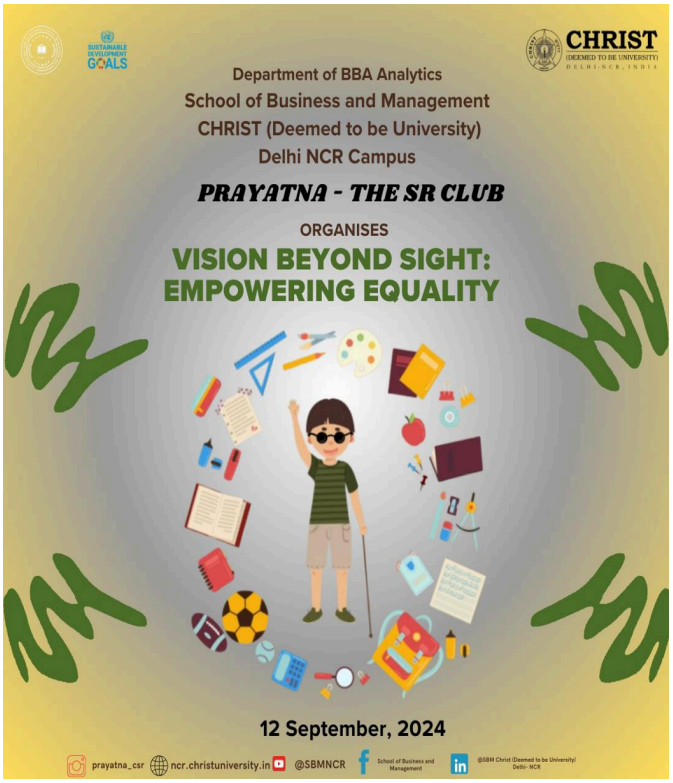




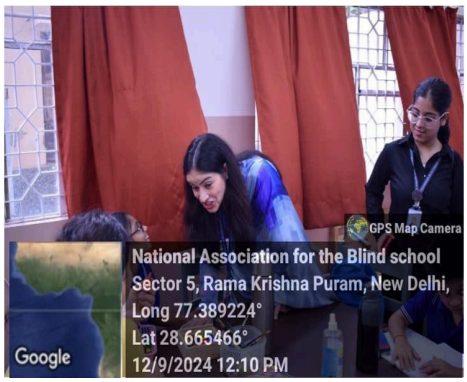
Vision Beyond Sight: Empowering Equality

Date: 12 September 2024
Venue: National Association for the Blind, Delhi

The Social Responsibility (SR) Club organised "Vision Beyond Sight: Empowering Equality," a visit to the National Association for the Blind (NAB) Blind School, coordinated by faculty coordinator Prof. Diksha Pandey along with student coordinators Joshya Jasuja and Krrish Kathuria. The activity was carried out through direct interaction with visually impaired students ranging from nursery to 10th grade, engagement activities such as distributing snacks and refreshments, a tour of the school's digital lab where students demonstrated their computer skills, and a "Dark Room" experience featuring sensory games like spice guessing and cricket in the dark. The visit was organised to help volunteers gain firsthand insight into the daily lives, challenges, and resilience of visually impaired children, and to foster greater empathy, awareness, and inclusivity. As an outcome, participants developed a deeper understanding that these children seek equal opportunity rather than sympathy, with feedback showing that the majority rated the experience as excellent or very good and nearly all felt it met their expectations. The visit left a lasting impression on volunteers, strengthening the SR Club's commitment to continued engagement and inclusive social responsibility initiatives.



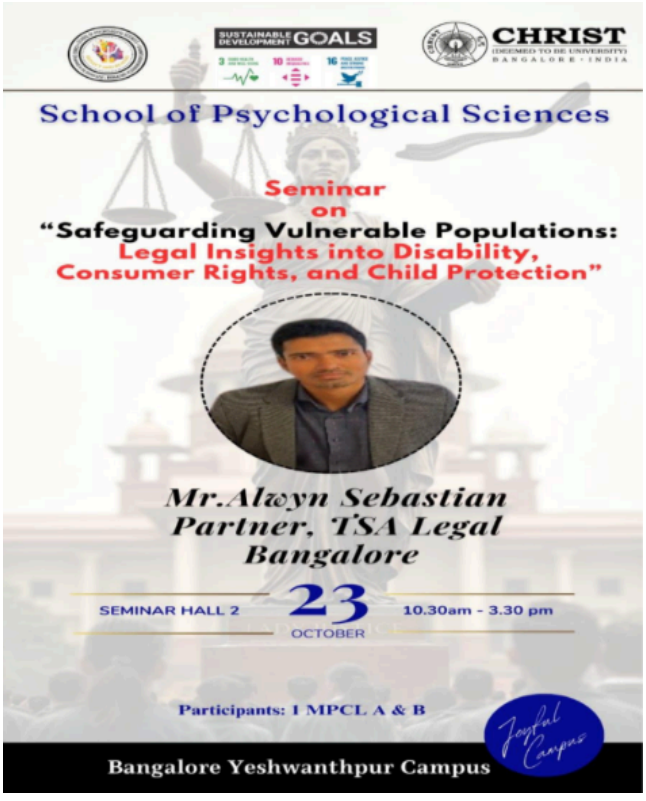




Safeguarding Vulnerable Populations

Date: 23 October 2024
Venue: Seminar Hall 2, Bangalore Yeshwanthpur Campus
No. of participants: 100+

The Department of Psychology organised a seminar titled "Safeguarding Vulnerable Populations: Legal Insights into Disability, Consumer Rights, and Child Protection," led by guest speaker Mr Alwyn Sebastian, Partner at TSA Legal Bangalore. The session was conducted as an accessible, discussion-based lecture covering key legislation, including the Mental Healthcare Act 2017, the Persons with Disabilities Act, the Consumer Protection Act, and the POCSO Act, with legal provisions explained alongside their psychological implications to help students connect law with real-world impact on vulnerable populations. The seminar was organised to build students' foundational understanding of the legal protections available to individuals with mental health conditions, disabilities, and children, while emphasising the ethical responsibilities professionals must uphold when working with these groups. As an outcome, students gained a comprehensive understanding of the legal and ethical frameworks safeguarding vulnerable populations, developed awareness of confidentiality, disclosure, and mandatory reporting obligations, and left with a stronger grasp of how legal knowledge intersects with psychological practice, reflected in the highly positive feedback rating the session's informativeness and overall quality.





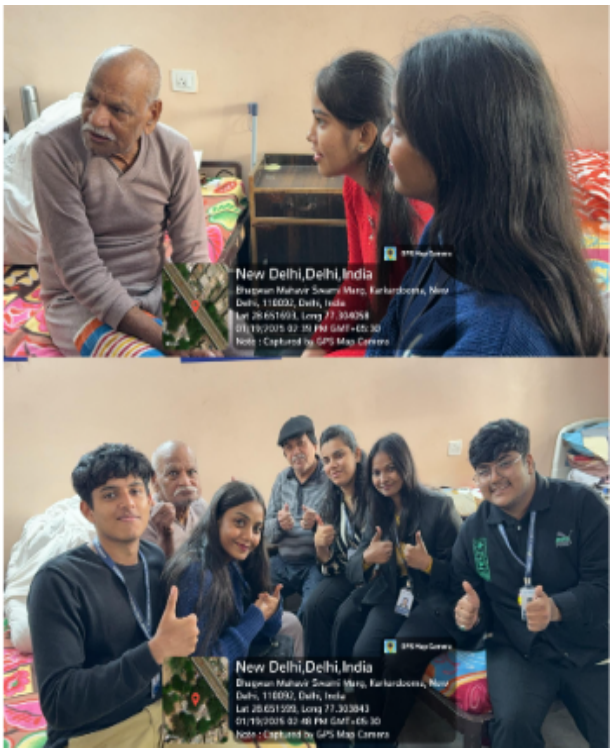


Old Age Home Visit

Date: 19 January 2025
Venue: Shahiraj Old Age Home, Delhi
No. of participants: 20

The School of Business and Management (BBA Analytics), Delhi-NCR, organised a visit to an old age home as part of its social responsibility initiatives, with student volunteers engaging directly with the elderly residents. The activity was carried out through heartfelt conversations between volunteers and residents, who shared personal experiences and reflections, followed by a shared meal of food and refreshments brought by the volunteers, creating a warm and comforting atmosphere before a farewell marked by smiles and cherished memories. The visit was organised to foster companionship for elderly residents who often lack regular social interaction, while also nurturing empathy, social awareness, and a sense of civic responsibility among the student participants. Its impact was significant and twofold: for the elderly, it reduced feelings of loneliness and offered a sense of being valued and cared for, while for the volunteers, it deepened their understanding of ageing-related challenges and inspired a stronger commitment to community service, with feedback underscoring the need for more frequent visits to sustain this positive impact on residents' wellbeing.





COGNITIA'25

Date: 21 January 2025
Venue: CHRIST (Deemed to be University), Delhi- NCR
No. of participants: 250+

The Department of Psychology, through Team PsyAsso at CHRIST (Deemed to be University), Delhi-NCR, organised its 6th intercollegiate fest, COGNITIA'25, themed "Neuro-Ark: A Safe Space for Diverse Minds," with Dr Siddharth Chowdhury, Director and Mental Health Specialist at PsyMantra Foundation, as Chief Guest. The daylong event was conducted through a lamp-lighting inauguration, a dance performance, and an address by the Chief Guest, followed by multiple competitive events including a psychosocial drama, a criminal case-analysis competition, a group dance showdown, a rap battle, and a vibrant carnival of stalls, concluding with a valedictory ceremony honouring winners. The fest was organised to explore psychology through diverse art forms, foster interdisciplinary learning, and create a platform for students to engage with pressing psychosocial issues such as mental health and social stigma. Its impact was wide-ranging, boosting participants' confidence, analytical and creative skills, and sense of community, while sparking meaningful conversations around mental health and resilience, and leaving a lasting impression of collaboration, talent, and inclusive celebration across participating colleges.



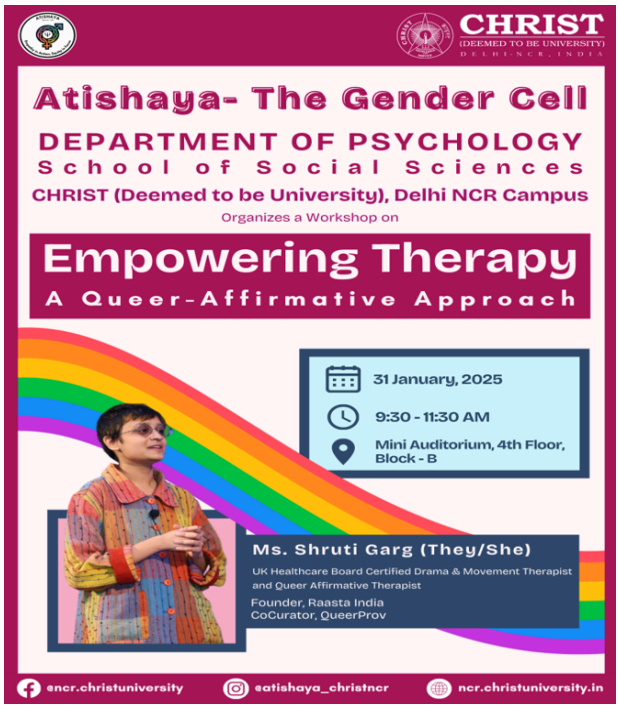




EMPOWERING THERAPY: A QUEER AFFIRMATIVE APPROACH

Date: 31 January 2025
Venue: Mini Auditorium, Delhi NCR Campus

Atishaya, the Gender Cell of the Department of Psychology, organised a workshop titled "Empowering Therapy: A Queer-Affirmative Approach," led by resource person Ms Shruti Garg. The session was conducted through interactive group activities, conceptual presentations, and real-world case discussions covering queer identities and terminology, social location and privilege, affirmative therapeutic strategies, and ways to challenge heteronormativity, with a concluding Q&A session for open dialogue. The workshop was organised to build participants' understanding of queer mental health, address systemic biases within mental health practices, and equip future counselling psychologists with practical tools to create more inclusive and affirming therapeutic spaces. As an outcome, participants reported strong gains in awareness, with the majority rating the session as highly informative and effective in meeting its objectives around self-reflection and systemic bias. A large proportion also felt motivated to integrate queer-affirmative principles into their future practice, reflecting the workshop's practical relevance. Overall, the event was rated highly by attendees, successfully bridging gaps in understanding LGBTQIA+ identities and reinforcing the importance of affirmative, bias-conscious approaches within the field of psychology.







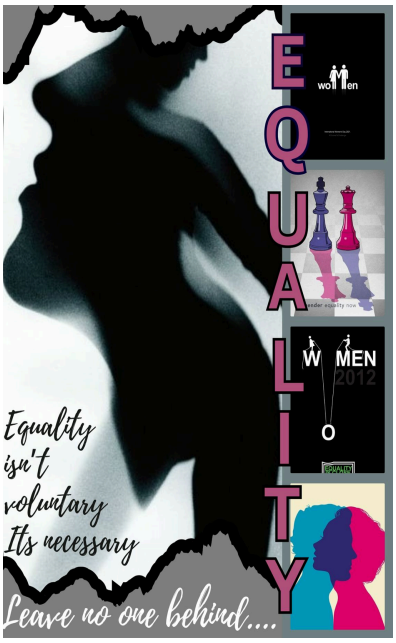
" Digital poster-making competition Open for SBM UG"

Date: 3 March 2025
Venue: Mini Auditorium, Delhi-NCR Campus

Prayatna, the Social Responsibility Club of the School of Business and Management (BBA Analytics), organised a Digital Poster Making Competition centred on the theme of social equality. The activity was carried out as an online competition in which students from various departments designed and submitted digital posters expressing their perspectives on reducing inequalities, with winning entries selected based on originality, artistic creativity, and clarity of message. The competition was organised to raise awareness about social inequality and to provide students with a creative platform to reflect on and communicate ideas around equity and inclusion. As an outcome, the event successfully deepened participants' and viewers' understanding of the importance of reducing inequalities, encouraged active engagement and collaboration among students across departments, and gave them an avenue to channel their creativity and innovation into a socially meaningful cause. Overall, the initiative fostered a stronger sense of social responsibility within the university community and encouraged students to think critically about inequality through the medium of visual art.







A Community Outreach Activity - Domestic Violence Awareness

Date: 7 March 2025
Venue: SHANTI SAHYOG (Cooperation for Peace), Kalkaji, New Delhi

The SDG Cell of the Department of Economics, Political Science and Sociology, in collaboration with Shanti Sahyog NGO, organised a Community Outreach Activity on Domestic Violence Awareness and Empowerment. The activity was carried out through an inaugural awareness session led by faculty members and NGO representatives, followed by interactive engagement including discussions, role-plays, and survivor testimonials to educate participants on domestic violence, legal rights, and empowerment strategies, with active involvement from local community members, students, and faculty. The initiative was organised to raise awareness about domestic violence, gender equality (SDG 5), and reducing inequalities (SDG 10), while strengthening ties between the university and community organisations for social advocacy. As an outcome, participants reported a strong understanding of domestic violence and available support mechanisms, with feedback indicating the event was rated highly relevant and informative, and all respondents felt encouraged to take further action toward the cause. The initiative reinforced the university's commitment to community outreach and sustainable development, with plans to scale up future efforts by involving legal experts and law enforcement for a more comprehensive approach.









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