

Psychology Association of CHRIST (Deemed to be University): Leadership training

Date and Time: 4th July 2025, 2 PM to 3:30 PM

Venue: R&D block, room no. 530

Speaker: Dr. MP Ganesh (Associate Professor, IIT Hyderabad)

Agenda: To provide an orientation on leadership to the new core team of the Psychology Association

Discussion:

- The session started off with an introduction to leadership by Dr. Ganesh through a discussion with all the students. He began with a running classroom joke on who would become the leaders of the common people. The students gained various perspectives on leadership and what it takes to be a leader from the speaker and their peers. They envisioned and talked about the leaders in their lives and why they thought of them as so.
- Dr. Ganesh mentioned how leaders were seen as parents in the Indian context, backed by Hofstede's theory of cultural dimensions.
- The students debated whether leaders were born or made- did leadership require certain innate qualities, or could anybody be a leader?
- The discussion further made students question the difference between roles and designations, with each student providing a perspective of their own.
- After dissecting the discussion further, the question of who was 'superior' in a team was brought up- the high-ranking leaders, or the lower-ranking followers? For this, Dr. Ganesh organised an activity on followership, where students divided themselves into pairs. With their partners, they were expected to do 2 different walks:
 - Chalk walk: Both students were given a large piece of chalk. While touching the chalk at only one point each and without touching each other, they had to walk from one end of the lobby to another and back. They had to do so without dropping or breaking the chalk.
 - Blind walk: One student in the pair was to close their eyes, while the other student guided them with the help of non-verbal cues (e.g. clapping, snapping, stomping). They had to walk to one end of the corridor and back the same way.
- After the activity, Dr. Ganesh highlighted to us how leadership differed across tasks and how even the most seemingly 'subordinate' members could also be the most important.
- Dr. Ganesh proceeded to tell us about the importance of knowing oneself thoroughly in leadership. He took the examples of self-leaders who created and led other leaders due to the knowledge created by their vast self-awareness.

- He concluded the session with the structure of a team and what the definitive qualities of a leader are (including a goal, fixed beliefs, a way to make others believe in their mission, etc.).

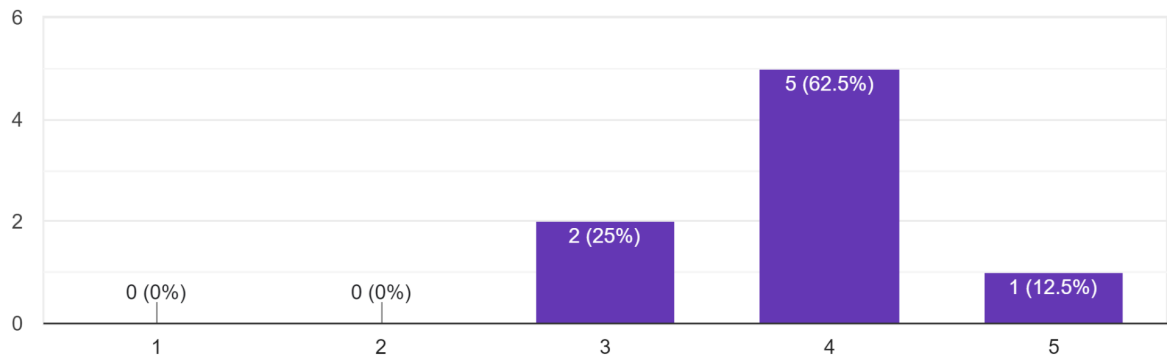
Geotagged photo from the session:



Feedback analysis:

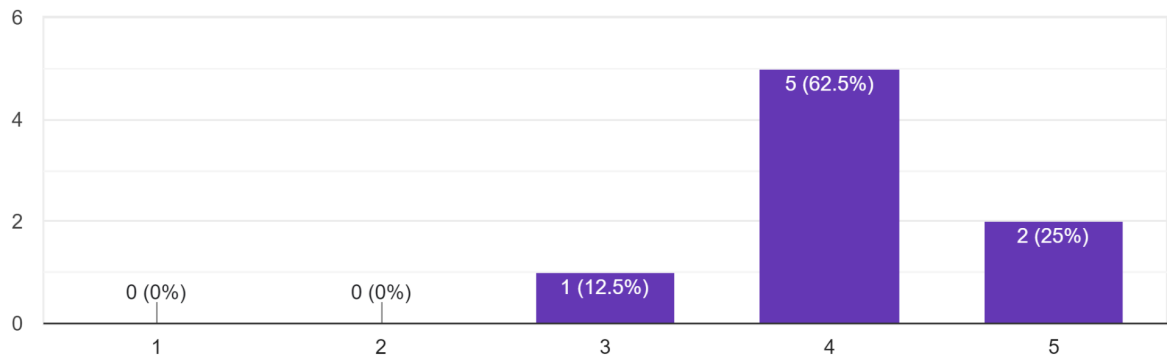
How was the quality of the teaching?

8 responses



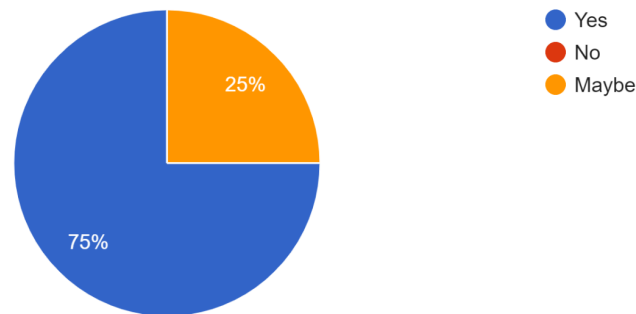
How well was the content delivered?

8 responses



Would you recommend the program to others?

8 responses



Question 1: What were the strengths of this workshop?

Understand and analysing consciously about personal leadership and characters

Tasks and Ice Breakers

Few professional jokes

There were not

The topics were well divided and structured and initiated peer interaction a lot.

Question 2: What improvements would you suggest for future programs?

Can be more interesting

Can have more activities

Maybe cover a wider variety of topics, such as self development and advertising oneself in the professional world

The video was not shown due technical issues, that could be resolved
more activities

Impact analysis:

The training program was well-received. Most students found it informative and insightful, and asserted that the speaker came with the appropriate skillset to demonstrate the topic. Most of them would also recommend the training to other people. The jokes and activities were particularly appreciated by the crowd. They suggested that future training programs could focus on more topics and include more activities. There were also some technical issues which limited the digital media that the speaker could display during the session.

List of attendees (with signed attendance sheets): 32 present

1. Gayathri Rajesh
2. Prerana A
3. Rajshree Rajesh
4. Medha KP

5. Arushi Sharma
6. Pranavi Kapoor
7. Nidhi Yenibilli
8. Sohail Kacho
9. Diya Harikrishnan
10. G Sai Prashanth
11. Keertina
12. Somsuvra Bhowmik
13. Suniska Banerjee
14. Dwivisha Bhura
15. Anumehaa Ghosh
16. Shreya Gibikote
17. Dhruva Prem
18. Ayushi Maskara
19. Gaurvi Jain
20. Peehu Bhatia
21. Vangate Swetha Reddy
22. Kushinara Dharmasen
23. Prisha Arora
24. Atreyi Vedant Talukdak
25. Udisha Tiwari
26. Dharini Manoj
27. Shreya M
28. Erin Thomas
29. Avinash Aravamuthan
30. Ayon Sengupta
31. Ananya Paul
32. Aditya Bhattacharya

Sr no.	Name	Register number	Class	Signature
1.	Gayathri Rajesh	2437516	3MPCL-B	<u>Gayathri</u>
2.	Prerana A	2330385	5BAPENG	<u>APR</u>
3.	Rajshree Rajesh	2438825	3MPNP	<u>Rajshree</u>
4.	Madha K.P	2537426	1 MPCL A	<u>Madha K.P</u>
5.	Arushi Sharma	2538908	1 MPCL	<u>Arushi</u>
6.	Pranavi Kapoor	2438608	3MPCLP	<u>Pranavi</u>
7.	Nidhi Yenibilli	2537540	1MPCL B	<u>Nidhi</u>
8.	Sohail Kacho	2330595	5BAPECO	<u>Sohail Kacho</u>
9.	Druja Harikrishnan	2537616	1MPHR	<u>Druja</u>
10.	G. Sai Prashanth	2537621	1MPHR	<u>G. Sai</u>
11.	Keestine	2538523	1MPHRC	<u>Keestine</u>
12.	Somseera Bhosmik	2538954	1MPCL	<u>Somseera</u>
13.	Sanika Banerjee	2538843	1MPNP	<u>Sanika</u>
14.	Dwivisha Bhura	2530520	1BAPECO	<u>Dwivisha</u>
15.	Anumeha Ghosh	2330325	5BAPENG	<u>Anumeha</u>
16.	Shreya Gyikote	2330397	5BAPENG	<u>Shreya</u>
17.	Dhruva Prem	2330345	5BAPENG	<u>Dhruva</u>
18.	Ayushi Maskara	2430514	3BAPECO	<u>Ayushi</u>
19.	Ganesh Jain	2430525	3BAPECO	<u>Ganesh Jain</u>
20.	Peehu Bhatia	2438017	3MSEDP	<u>Peehu</u>
21.	Vangate Swetha Riddly	2437559	3MPCL(B)	<u>Swetha</u>
22.	Kshatana Dhanuam	2437429	3MPCL(A)	<u>Kshatana</u>
23.	Prisha Anona	2530552	1BAPECO	<u>Prisha</u>

Sino.	Name	class	Register number	Signature
24.	AIKEYI VEDANT TALUKDAR	5BAMP	2331402	Autalukdar,
25.	UDISHA TIWARI	5BAMP	2331420	Udisha.
26.	Dharini Manoj	7 BA Psy (H)	2230367	Charul
27.	Shruti M	7 BA Psy (H)	2230322	H. Shruti
28.	Erin Thomas	3BAPENG	2430319	erf.
29.	Anirash Aravamudan	5BAPECO	2330524	Arsh
30.	Ayon Sengupta	5BAPECO	2330526	Ayup.
31.	Ananya Paul	5BACP	2331909	Anl.
32.	Aditya Bhattacharya	1BAPENG	2530305	AB.