

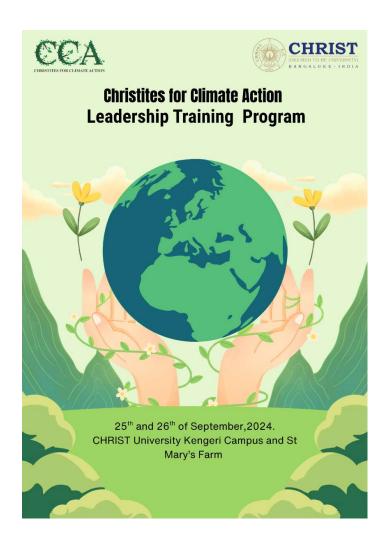


CHRIST (Deemed to be University), Bangalore

Christities for Climate Action, (CCA)

Activity Report

Poster:



General Information

Typeof Activity	Leadership Training
Title of the activity	Leadership Training Program
Dates	25 th and 26 th of Sempteber,2024
Venue	CHRIST (Deemed to be University) Kengeri Campus
	St.Mary's Farm, Kengeri

Participant Profile:

Type of Participants	Students
Number of Students	29

Speaker Profile:

Organising Body	Para Learning
Key Speakers	Mr. Abishek Iyappan
	Ms. Driti Prasad

Synopsis of the Activity:

Objectives	1. Enhance Self-Awareness – Enable participants to identify
	their strengths, weaknesses, and emotional triggers through
	self-reflective activities, fostering personal growth and
	resilience.
	2. Develop Effective Communication Skills - Strengthen
	participants' ability to articulate their thoughts clearly and
	listen actively through interactive workshops and real-life
	scenarios.
	3. Cultivate Leadership Qualities - Equip attendees with
	essential leadership skills and various leadership styles,
	empowering them to take initiative and inspire others.

4. Promote Team Collaboration – Encourage teamwork and trust-building through collaborative exercises, enhancing interpersonal relationships and group dynamics. 5. Foster Environmental Responsibility – Raise awareness about the importance of sustainability and climate action, inspiring participants to contribute to a positive and selfsustaining ecosystem. 6. Encourage Personal Transformation – Provide actionable strategies for continuous self-improvement, motivating participants to apply their learning to everyday life. Highlights The two day session began with a warm up session that included meditation and games On day one, all the members introduced themselves and all the members were divided into groups, to understand each other better and form connection with one another Activities fostering leadership among the members such as role play, speech and dance On day two, all the members were guided to the St, Mary's Farm where the members were shown all the sustainable animal husbandry practices and plantation in the farm Activities were further further conducted in the farm premises to help connect the team members with nature and discuss about the possible events that can be done for CCA. Summary The two-day session provided valuable learning experiences focused on personal and collective growth. Participants enhanced their self-awareness through reflective activities, identifying strengths, weaknesses, and emotional triggers. Communication skills were strengthened via interactive workshops, fostering clearer expression and active listening. Leadership qualities were developed through role plays,

speeches, and teamwork exercises, while trust-building activities promoted collaboration. A visit to St. Mary's Farm highlighted sustainable practices, deepening participants' environmental responsibility. The session also provided actionable strategies for ongoing personal transformation, encouraging continuous self-improvement.

List of Members present:

S. No.	Name	Class
1	Roohanie Sachdeva	5 BBA A
2	Vriti Ratra	5 BBA A
3	Sahil Gupta	5 BBA D
4	Sukriti Singhal	5 BBA D
5	Dulam Akshitha Lakshmi	5 BBA D
6	Jaidevv Arohra	5 CEP A
7	Nayantara Rakesh Keswani	5 PS ECO
8	Gareth Joseph Greenwood	5 CME
9	Samaksh Sharma	3 BCOM B
10	Satwik Sharma	3 BCOM B
11	K Shrika Dharya	3 Bcom D
12	Nisika Kandoi	3 BCOM D
13	Yuvraj Mahajan	3 BBA D
14	Rahi Jain	3 BBA E
15	Niyati Awasthi	3 BBA F
16	Daakshaya Mahendran	3 BAPECO

17	Manish Nataraja	3 BAPECO
18	Rahil Malak	3 BAPECO
19	Shivangi Shetty	3 BAPECO
20	Kush Prataap Ray	3 BA ES
21	Mehak Gera	3 BACP
22	Siddeshwari Deora	3 BACP
23	Shreshth Malhotra	3 EMS
24	Swaraj Landge	3 EMS
25	Vanshika Alok khetan	3 EMS
26	Smitha Elsheba P M	1BCOM A&T
27	Indupranav Pasupula	1BScLIF
28	Dwiti Dhotrekar	ЗВАРЕСО
29	Akshit chopra	3 BBA D

Faculty in Charge

Event In-Charge	Dr. Priya J
Designation/Title	Faculty Coordinator CCA
Signature	A.

Appendix:

Geo-tagged Pictures:



