



Empowering Communities



Empowering Communities
A Not-for-Profit NGO



2024-25 ANNUAL REPORT



LET US DREAM is a globally recognized Not-for-Profit Organization with a strong local foundation, driven by a vision to create holistically developed communities worldwide. From its inception, it has embraced the concept of a global family - “Vasudhaiva Kutumbakam”, where individuals and communities work in harmony to build a sustainable future. Our mission is grounded in the belief that when we support and nurture one another, we create positive, lasting change that benefits society as a whole.

Through impactful community-based initiatives, Let Us Dream brings people together across different ethnic backgrounds, fostering unity and collaboration. We focus on unlocking the untapped potential in individuals, particularly in the psycho-social aspects of leadership and personal growth. Guided by rigorous research and continuous evaluation, Let Us Dream pursues this mission through six distinct projects:

- **DREAMS Intervention Program:** A three-year community-university collaborative intervention program for middle school students.
- **Community Conferences:** Annual local and Triennial international conferences to promote community initiatives, volunteerism and networking.
- **Clubs:** Virtual communities for collaborative shared learning for personal and professional development.
- **Productions:** Promoting the core values of LUD and developing psycho-social leadership of the participants and audience through performing arts.
- **Leadership Fellowship:** One year program to equip youth leaders with the skills and competencies needed to address pressing issues in their communities.
- **Research:** Continuous improvement and innovation by our diverse research teams to evaluate and assess programs and initiatives.

Inspired by Mahatma Gandhi’s call to "Be the Change you wish to see in the World" and Mother Teresa’s belief that "What we are doing is just a drop in the ocean, but without that drop, the ocean would be less," Let Us Dream invites every individual from all diversities to join our global movement. Together, we can raise our societies to new heights, sowing seeds of progress and leaving a lasting impact on future generations.

www.letusdream.org | office@letusdream.org

VISION

Empowering Communities for Global Harmony
and Holistic Success.

MISSION

Providing global and diverse platforms for enhancing holistic and sustainable development of individuals, aimed at empowering communities.

CORE VALUES

- Inclusive Collaboration
- Passion for Service & Stewardship
- Talent Development and Mutual Empowerment
- Continuous Improvement & Innovation
- Global Perspective and Social Commitment



MESSAGE FROM THE FOUNDER/DIRECTOR FR. DR. LIJO THOMAS



As we reflect on another transformative year of the Let Us Dream global movement, I am filled with immense gratitude and hope. What began as a localized vision to empower communities has now evolved into a global platform of compassionate leadership, transformative dialogue, and intergenerational collaboration, anchored not in grand infrastructure but in the power of intangible assets, trust, service, values, and vision.

In 2024 alone, we witnessed the ripple effect of this mission through seven international and regional conferences across India and the U.S., engaging educators, social workers, students, and volunteers from diverse backgrounds. Each gathering reaffirmed our belief that meaningful change is seeded in communities through listening, collaboration, and a deep commitment to human dignity.

Our flagship endeavor The DREAMS Intervention Program has grown into a global movement nurturing young minds, empowering senior mentors, and transforming communities through intergenerational collaboration. It is heartening to witness hundreds of teenagers and youth volunteers stepping into leadership, guided by wisdom, purpose, and empathy.

These are signs of a living movement growing, adapting, and empowering the underserved through intervention of senior adults in the local community that are often unheard. Beyond DREAMS Intervention Program, our Clubs, Research, and Production wings are thriving each shaping lives across diverse age groups and geographies. These aren't just projects they are voices rising, dreams shared, and lives impacted.

To every student, senior volunteer, partner, and collaborating university, you are not just contributors but custodians of this global movement. Thank you for your compassion, commitment, and belief in collective action.

Together, we are not just hosting events, we are building a legacy of hope, resilience, and global citizenship.

Let this first attempt of our annual report be both a celebration of all we have accomplished and a springboard for all that we are yet to achieve.

LEADERSHIP COUNCIL

DREAMS Intervention Program



Mr. Adarsh Jose
Senior Leader
Director, APACI Ellucian



Ms. Banu V
Youth Leader
Master Student

Community Conference



Mr. Jimmy Cherian
Senior Leader
Founder, Creating Futures



Ms. Shrushti Mahajan
Youth Leader
Senior Executive, Navi General
Insurance

Clubs



Dr. Pauline Leonard
Senior Leader
Co-Director, LUD, USA



Mr. Ayush Paul
Youth Leader
UG Student

Fellowship



Col. Ranjeev K Babu, VSM
Senior Leader
Senior Technical Trainer, AgileAsia



Ms. Devika M
Youth Leader
Asst. Professor

Partnership



Mr. David S R
Senior Leader
Founder, E-Cure



Ms. Samiksha Periwal
Youth Leader
Master Student

Media



Ms. Meethu George
Senior Leader
Asst. Professor



Ms Namitha S
Youth Leader
UG Student

Research



Dr. Carl L. Thameling
Professor, University of
Louisiana at Monroe



Mr Jestin Joseph
Commerce Lecturer,
Christ PU College

Operations



Mr. Yogesh L
Senior Leader
Senior Executive, KPMG



Ms. Swarnika R
Pharmacovigilance New
Associate, Accenture

Finance



Dr. Fr. Tomy K
Senior Leader
HOD, Biblical Theology



Ms. Jasmine Sahni
Senior Leader
Community Leader

Productions



Mr. Akshat Jain
Youth Leader
Audit Assistant, Deloitte USI



Dr. Stalin Arnold
Senior Leader
Professor of Law



CONTENT

Introduction	8-9
Project Impacts:	10-43
DREAM Intervention Program	10-23
Community Conference	24-32
Clubs	33-37
Productions	38-39
Leadership Fellowship Program	40-41
Research	42-43
Enablement Team:	44-48
Partnership	45
Finance	46
Media	47
Operations	48
Psycho-Social Leadership Activity	49-59
Our Path Forward	60
The Editorial Board	61
Partnership Organizations	62-63



Being part of the Let Us Dream Community Conference wing is truly inspiring. It is more than a conference, it is a community, a movement, and a powerful reminder that together, we can make a difference. People from all walks of life come together with purpose, sharing ideas and taking action. The energy, connection, and collective hope were indeed infectious!

Let Us Dream showed me the strength of unity and the incredible impact we can have when we dream and work together.

Mr Jimmy Cherian
Senior Lead - Community Conference
Founder - Creating Futures



INTRODUCTION

2024-2025

It is with immense pride and gratitude that we present the first ever Annual Report for Let Us Dream (LUD). The year 2024 - 2025 has been a reflection of our transformative journey. This report is a testimony to the unwavering commitment, collaborative spirit, and visionary leadership that continues to shape our journey toward holistic community development and global social impact.

At the heart of this year's success lies a pivotal structural shift: the redesign of our leadership framework. Each of our initiatives/projects has been designed to be co-led by a senior community leader and a youth leader, forming what we now proudly call our **Leadership Council**. This structure, is a statement of intent to ensure our work is led by the very communities we serve, fostering sustainable project execution and deeper ownership. Supporting this new structure, the Enablement Team was formed to provide cross-functional guidance, capacity-building, and strategic coherence across all our initiatives/projects.

This year marked several milestones that reaffirm our relevance and reach. Let Us Dream was officially recognized as a **Representative NGO** under the United Nations Special Ad Hoc Accreditation and presented its work at the 2024 Summit of the Future held at the UN Headquarters in New York. These moments of international recognition are not only symbolic of our progress but also indicative of the trust we have built globally through transparent, inclusive, and impactful programming.

Four student volunteers participated in the **International Exchange Program held in Germany**, our **Annual Community Conferences** have expanded to multiple global locations and held seven regional conferences this year.

We celebrated the **25th Anniversary** of our founding music band initiative that grew into a full-fledged international organization with a global movement for creative expression and empowering communities globally. Throughout our programs, we have stayed true to our roots: integrating mentorship, leadership development, and community-academic partnerships.

Our model is uniquely tiered and scalable, embedding college students as mentors, training them through the wisdom of community leaders and experts, and equipping them with tools for lifelong civic engagement, human rights, and social responsibility. This innovation, rooted in reflective practice and adaptable to local contexts, has proven its scalability across India, the USA, Germany, and, more recently, South Africa.



UN SDG Mapping

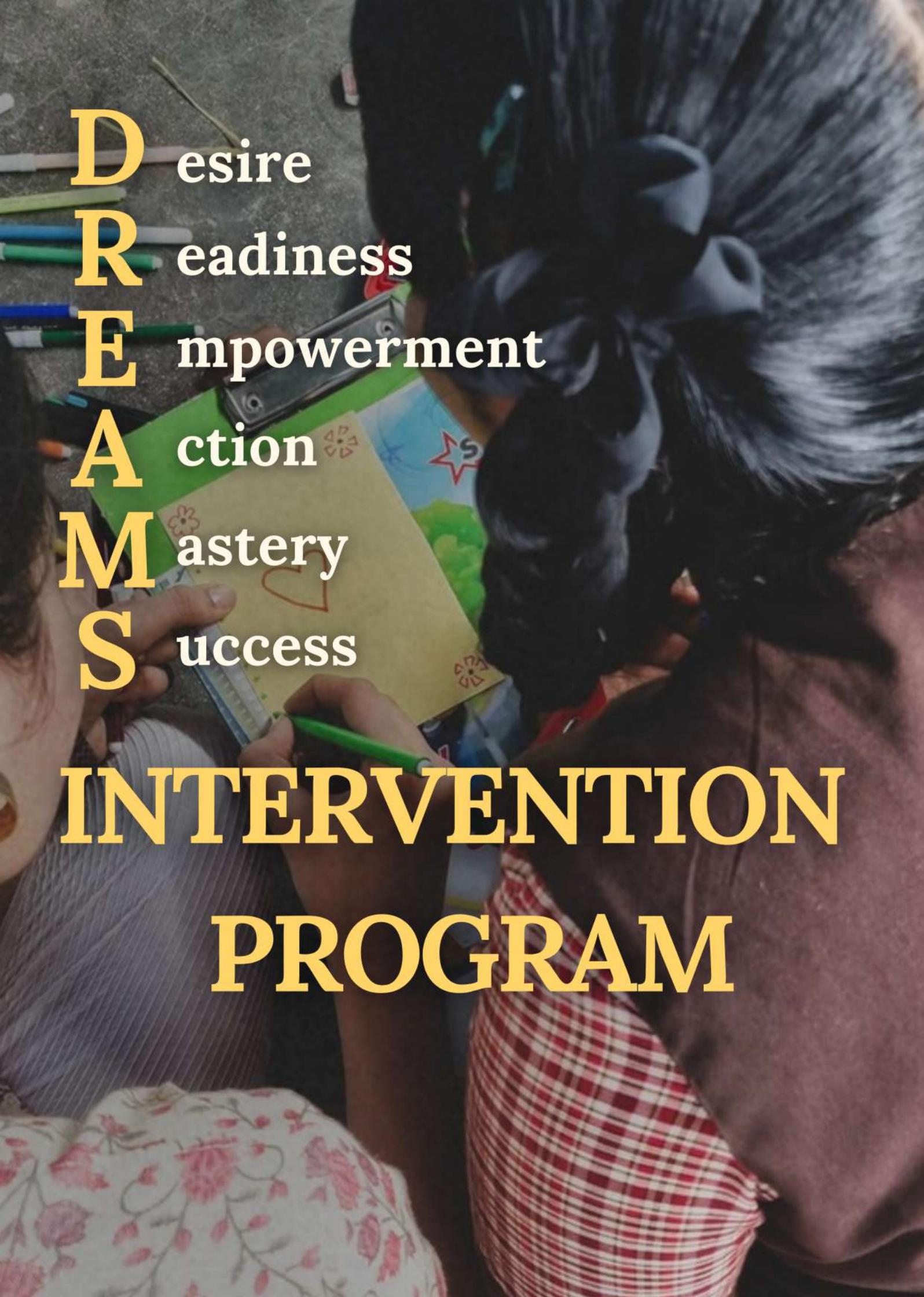
The numbers you'll see in this report represent our collective impact, leaders nurtured, and partnerships built. But beyond the numbers lies a global movement of community striving to make a meaningful difference, together.

It helps us move forward with the renewed purpose, compassion, and commitment, embracing change while remaining rooted in the values that define us, to shape a better world.



One Dream, Many Hands: Impact Overview 2024-25





Desire
Readiness
Empowerment
Action
Mastery
Success

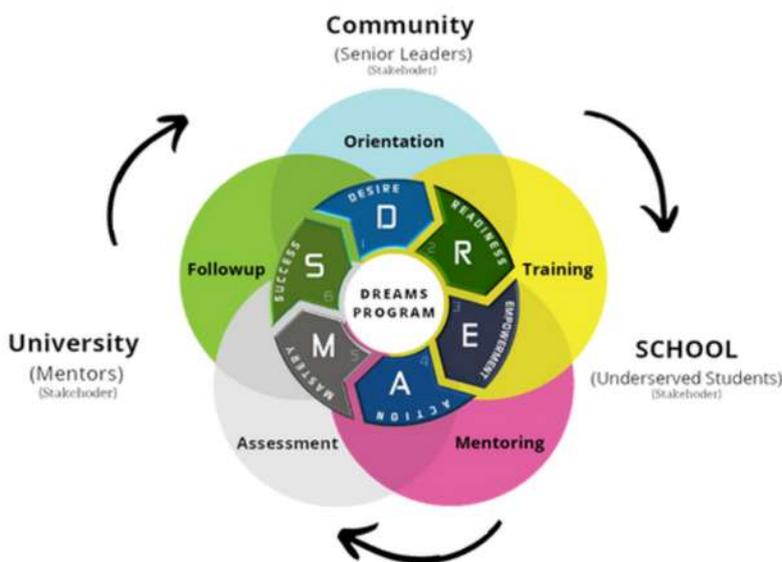
INTERVENTION PROGRAM

About the Program

A community-based voluntary initiative to reconnect local communities with educational institutions and foster leadership, civic sense, and social sensitivity among the stakeholders.

DREAMS is a three-year intervention programme aimed to foster a global movement for psychosocial leadership development, targeting Adolescents (6th–8th grade) and Youth (College Students).

Delivered through Community-University Partnerships, for holistic development and success. Includes a five-day summer camp and quarterly one-day follow-up camps. The design is rooted in the principles of Motivation, Goal Setting, Social Cognition, and Self-Determination Theories.



The DREAMS acronym stands for **Desire, Readiness, Empowerment, Action, and Mastery for Success**, forming a structured five-stage approach. The program is implemented through a whole-of-school approach, engaging three key stakeholders: the Community (Senior Leaders), the University (Mentors), and the School (Underserved Students).

The DREAMS Program is encircled by stages such as Orientation, Training, Mentoring, Assessment, and Follow-up, which facilitate progression through the DREAMS stages. The model emphasizes a continuous cyclical process, indicated by the arrows connecting the stakeholders and program elements, highlighting the collaborative and iterative nature of the program's implementation to achieve success for the students.

A Strategic Approach to Achieving SDGs

The DIP Program is strategically planned and executed at various locations by community leaders and college students, in collaboration with local organizations, colleges, and schools. Let Us Dream supports these initiatives by providing training and sharing the core model philosophy, while empowering local stakeholders to take ownership and lead the execution. The program is a comprehensive three-year after-school initiative dedicated to its participants' **holistic health and well-being**, addressing areas often overlooked in traditional schooling by focusing on psychosocial **skill development (SDG 3)**.

We achieve **quality education (SDG 4)** through an impactful 1:2 mentor-mentee ratio, providing student-centric development and bridging formal education with real-world experiences through diverse activities. The program fosters **gender equality (SDG 5)** by maintaining a safe and inclusive environment. Furthermore, it cultivates **sustainable cities and communities (SDG 11)** by instilling social commitment and civic sense in the future generation. Our success is powered by **partnerships for the goals (SDG 17)**, collaborating with higher education institutions, schools, and community organizations to build an extensive global network.



5 Sustainable Development Goals Aligned.
Reflecting our impact on education, equality, and community well-being.



Karnataka Chapters

Mentees
31

Faculty Leader
Dr. Sudheesh K
(Asst. Professor, Dept. Of Commerce)

Mentors
35

Student Leaders
Nishtha Dayal (Operations Head)
Maheep Kaur (Personnel Head)
Bhumika R (Program Head)

Community Leader
Ms. Treesa Chacko



DREAMS is a platform that helped me connect with children and understand the dynamics of personal, social, and community development through an organization. I learned and grew as I witnessed the entire program evolve over the year.

Ms. Treesa Chacko, Community Leader
Counsellor - Christ Junior College



CHRIST School (State)

S G Palya, Bhavani Nagar

CHRIST University, Central Campus



The program in the CHRIST State School featured a four-day summer camp in the months of June to August 2024 and 3 follow-up sessions in the months of November to December 2024. Follow-up 1 also included the plantation of a sapling on the school campus for the program's 25th Anniversary.

CHRIST School (CBSE)

S.G Palya, Bhavani Nagar

CHRIST University, Central Campus



Mentees
18

Student Leaders
Maanya Varma (Program Head)
Akansha Kedia (Operations Head)

Mentors
29

Community Leader
Ms. Jasmine Joseph
(Phd Scholar, Psychology)

Project Director
Ms. Ashwini
Satyanarayan

Faculty Leaders
Dr. Srikrishna Bhagawan N M &
Dr. Lijeesh P
(Asst. Professor's, Dept. Of Commerce)



Being a mentor in the DREAMS program has been an incredibly rewarding experience. Watching my mentee grow in confidence, set ambitious goals, and take meaningful steps toward success has reinforced my belief in the power of mentorship. Seeing them overcome challenges and realize their potential is a reminder of why guidance and support matter so much. I'm grateful for this opportunity to make a difference

Ms. Vaidehi Musale,
Youth Mentor



The program in the CHRIST CBSE chapter featured a 5-day summer camp in the month of June 2024, followed by three follow-up sessions in October, November, and December, respectively. Hosted a speaker session with Ms. Sharon Valarmathi (Associate Professor of Commerce) on unity and team building during one of the follow-up sessions. Furthermore, also had environmental initiatives like plantation drives, fostering sustainability awareness.

St. Anthony's Higher Primary School

Tilak Nagar, Jayanagar

CHRIST University, Central Campus



A workshop was conducted in June for newly recruited mentors on mastering the summer camp process. The summer camp took place in the month of July 2024, while the follow-up sessions were conducted in the months of October and November 2024. Additionally, a weekly lunch gathering was initiated to strengthen mentor camaraderie, resulting in more meaningful mentor interactions.

Mentees
32

Faculty Leader

Dr. KVN Lakshmi & Dr. Puja Roshani
(Asst. Professor's , Dept. Of Commerce)

Mentors
27

Community Leader

Ms. Geethanjali
(Process Executive at Infosys)

Student Leaders

Ms. Prakruthi Raman (Program Head)
Ms. Harshitha N (Personnel Head)



My journey has been an enriching through unique approach involving training school children through the dedicated efforts of our college students, fostering a peer-driven model of holistic development. Witnessing the enthusiasm of college students as they mentor school kids and help shape their 360-degree growth has been truly inspiring.

Dr. K V N Lakshmi
Faculty Leader



Mentees
32

Community Leader
Ms. Kavitha Swamy

Mentors
27

Faculty Leader
Dr. Sushin M
(Asst. Professor, Dept. Of Commerce)

Student Leaders

Veena Khatri, Rhema Johnson S (Personnel Heads)
Treesa Anchal Jacob, Pranav G R (Operation Heads)
Mikhil Koshy Mathen, Varsha Sri (Program Heads)



DREAMS: Fostering Growth and Community Impact

Working with DREAMS has reinforced my belief in the power of education and community involvement. Seeing the positive impact of our efforts on kids and families has motivated me to continue contributing to society beyond academic obligations. Collaborating with students, community members, and other stakeholders in the DREAMS project has allowed me to forge lasting relationships. These connections have broadened my perspectives and opened doors to new opportunities for both personal growth and professional development.

Dr. Sushin M
Faculty Leader



Shri Sabhari School

Jalahalli West

CHRIST University, Yeshwanthpur Campus



Key initiatives included a summer camp in the month of October 2024 focused on teamwork and personal development, parent orientation, and a plantation drive celebrating the program's 25th anniversary, further strengthening its impact. Additional activities, such as a leadership workshop with Let Us Dream, led by Yogesh L, distinguishing management from leadership.

Mentees
43

Mentors
21

Community Leader
Ms. Avanti Rao

Faculty Leader
Dr. Uma Krishnan
(Asst. Professor, Dept. of Psychology)

Student Leaders
Darshan (Personnel Head)
Varsha E (Program Head)
Prathusha A (Operations Head)



The DREAMS program can be best expressed as a gift everybody wishes they received as a child. Through the DIP, I have seen the lives of mentees, mentors and community leaders change for a better tomorrow

Ms. Avanti Rao
Community Leader



Christha Vidyalaya

Bharathi Layout, Balaji Nagar

CHRIST University, Central Campus



In addition to the summer camp in the month of April 2024 and follow-up sessions in the months of July, October, and December 2024, the chapter also secured the **Karnataka Overall Best Chapter Trophy** during the Annual Day for the year 2024-25, marking a major milestone. The chapter continues to drive impactful mentorship and leadership development.

Carmel Convent School

Tilak Nagar, Jayanagar

CHRIST University, Central Campus



The Carmel Chapter actively engaged in enriching activities throughout the year. The Summer Camp, held in March–April 2024, offered participants a vibrant platform for learning, self-discovery, and skill-building, rooted in the DREAMS framework. This was further strengthened by three follow-up sessions in July and November, which provided continued mentoring support, reinforced key values, and helped track participant progress. In honor of the DREAMS Intervention Programme's Silver Jubilee, the chapter also organized a meaningful Plantation Drive. It promoted environmental responsibility, aligning with the broader sustainability goals of the community.

Mentees
60

Mentors
28

Student Leaders

Tiana Denny (Program Head)
Suhasini Tripathi (Operations Head)
Pranav Srinivasan (Personnel Head)

Faculty Leaders
Dr. Meera S Neelakantan
(Asst. Professor, Dept. of Psychology)

Community Leader
Dr. Fina Francis
(Founder - Kair Homoeo Clinic)



As someone who is passionate about education and working with young minds, this program has been a perfect fit for me. I've always been drawn to initiatives that focus on empowering students and helping them reach their full potential.

Dr. Meera S Neelakantan
Faculty Leader



St. Sara High school

Rajendra Nagar, Koramangala

Jyoti Nivas College Autonomous, Koramangala



Mentees
40

Community Leader
Ms. Harsha Menon

Mentors
37

Faculty Leader
Ms. Devika Mahesh
(Asst. Professor, Dept. of Psychology)

Student Leaders

Joohi Jahan M (Personnel Head)
Neha Hariprasad (Operations Head)
RM Srivarshika (Program Head)

The chapter had its summer camp in the month of *June 2024*, followed by the follow-up sessions in the months of *July, August, and September 2024*. The chapter played a key role in financial initiatives, securing ₹25,000 in sponsorship for JNC, with ₹12,500 allocated to St. Sara. Unique contributions included a Mentee Observation Sheet, Progress Tracker, and an Attendance Tracker developed by the alumni. Major events such as Annual Day, Investiture Ceremony, and follow-up sessions reinforced engagement.



Being a part of DREAMS has been an extraordinary journey of growth, learning, and transformation. What began as a mentoring experience soon evolved into a deeply enriching role as a Faculty Leader, where I had the privilege of guiding and witnessing students unlock their potential.

Ms. Devika Mahesh
Faculty Leader



Mentees
18

Community Leader
Mr Subramani A S

Mentors
10

Faculty Leaders
Ms. Diliya Joseph
Ms. Veena N
Ms. Sonia Noronha
(Asst. Professor's, SFS College)

Student Leaders

Shreya S T (Overall Head)
Subha Badiger (Personnel Head)
Aishwarya S M (Operation Head)



The DREAMS Intervention program is a fantastic opportunity for young minds to foster positive transformation by caring for the communities. This program empowers students to take the lead in bringing meaningful change to their surroundings. I have observed remarkable growth in my students after their participation in the DREAMS program. They have developed strong leadership qualities, improved communication skills, and enhanced their ability to actively learn and engage with others.

Ms. Veena N
Faculty Leader



St. Francis de Sales School

Veer Sandra, Electronic City

St. Francis de Sales College



St. Francis de Sales College was onboarded as a partnering university in 2024. A five-day summer camp took place from March 25th to 28th, 2024, followed by the follow-up sessions at the college. Extension activities, including fun games for ministerial staff on World Gratitude Day, fostered community engagement. The chapter successfully organized the LUD Annual Community Conference at SFS College on October 26th, 2024.

Mentees
40

Student Leaders

Safa Ferdose (Personnel Head)
Rida Abusabah (Operations Head)
Lavanya Sharma (Program Head)

Mentors
26

Community Leader

Ms. Anaha Akash
(School Counselor, Lawrence High School)

Faculty Leader

Ms. Roseline Gomes
(HOD, Dept. of Psychology Jyoti Nivas College)

Lawrence High School

CV Raman Nagar, Koramangala

Jyoti Nivas College Autonomous, Koramangala



Planting hope for Sustainable Future

AMELIA EBENEZER



Children from Lawrence High School

The Psychology Department of Jyoti Nivas College Autonomous collaborated with the "Let Us Dream", a non-profit organisation to celebrate 25 years of its impactful work. The particular event took place on 1 February at Lawrence High School, Koramangala. The "Dreams Intervention Programme" facilitated by the organisation, focused on empowering children from underprivileged backgrounds through mentorship and skill development.

As part of the celebration, two main activities were organised: an Educational Awareness Art Session and a Plantation Drive. These initiatives aimed to equip children with essential skills and confidence while spreading awareness about education and sustainability. The event brought together students from all years of the psychology department and sixth-grade students from the school. Esteemed guest speakers, including Subramani A S, graced the occasion, adding valuable insights to the programme.

Reflecting on the event, the Operations' Lead shared, "Witnessing the transformation in both mentors and mentees was deeply moving. The session concluded with a sense of fulfillment, standing as a testament to the power of creativity, mentorship and sustainable development."

JNC Rev

ROSA NAGANGRAM



The breathtaking view of B

The Department of T el Management at Jyoti Nivas College Autonomous has plan tional tour to the Unite (UAE) after a gap of se 22-26 February, the de to provide students wit and adventurous experi covering Dubai, Abu Dhi The trip has been organ third-year students, but i for other students as we been conducted with Yi Quench. The Departme concentrates mainly on ternational trips. The las years ago to China. The ti

CIA Wee

MANASA SANTOSH

O n 3 February, the Co ternal Assessment (t for the ongoing semester. Jyoti Nivas College Auton ing conducted for a week.f in the college. It is an im of the college coursework! check how well students and learn their subjects the semester. CIA tests use a combination of writte tions, practical assignmen jet work and presentation

The chapter had its summer camp in the month of June to August 2024 followed by the follow up sessions in the month of December and January 2025. Key contributions included collaborating with St. Sara and the finance team to create the official MoA with DASH Square company and securing sponsorship for the program's operational expenses. Major events included Annual Day, Investiture Ceremony, follow-ups, a plantation drive, and an educational awareness art session.



DREAMS has not just been a volunteering experience for me. Being a part of it has always given me a sense of community, a space to express my views, opinions and even skills in the best manner. I've learnt through it and grown as a human with it. Meeting people and collaborating with them to work towards something that benefits others has always been my favourite part of working in DREAMS.

Ms. Jahnavi Sahabani
Youth Mentor



Kerala Chapters

Project Directors

Mr. Zajo

Mentees

26

Mr. Thomas Lawrence

Faculty Leader

Dr. Mamitha J S

Mentors

32

Student Leaders

Parvathy S V

Ananthapadmanabhan A R



St. Rita's UP School

Trivandrum

Mar Ivanios College, Trivandrum



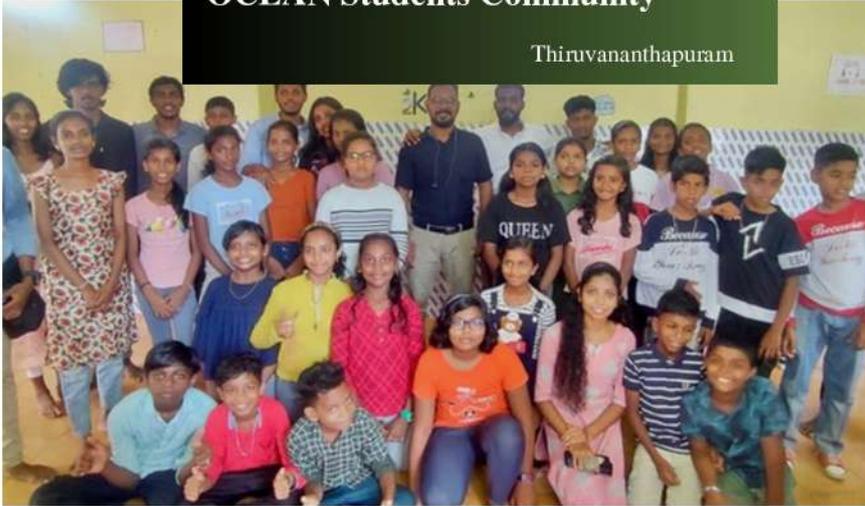
Through DREAMS Intervention program, the mentees got an opportunity to develop their courage to face an audience and share their worries with us, mentors. Even if we sometimes can't provide any solution for them, I hope that they might feel much better because they have someone like us to listen to them.

Ms. Parvathy S. V
Youth Mentor

The five-day DREAMS Summer Camp 2024 focused on leadership, decision-making, time and energy management, perseverance, and authentic leadership through guest talks, interactive activities, creative performances, and reflections; highlights included a group performance of the DREAMS theme song, a theatre session on environmental awareness, a talent show, a tree plantation drive, and a closing ceremony with speeches, certificates, and shared experiences.

OCEAN Students Community

Thiruvananthapuram



Mentees

36

Community Leader

Mr F Fredy

Mentors

22

Project Director

Mr Jaison John

Student Leaders

Gouri K

Akhila Rajan

At Ocean Students Community, we are proud to implement the DREAMS program in coastal areas, where it uplifts underperforming students through mentorship, empowerment, and sustained guidance. By blending psycho-social development with grassroots action, DREAMS helps us nurture resilient, motivated youth who can lead change in their communities.

We've been receiving very positive feedback from the parents of our mentees about the visible improvements in their children.

Mr. F Fredy, Administrator
Ocean Students Community (OSC)



മാനല്ലൂർ ക്രൈസ്റ്റ് നഗർ കോളേജ്

മാനല്ലൂർ ക്രൈസ്റ്റ് നഗർ കോളേജിൽ സംഘടിപ്പിച്ച ടീച്ചർ വിദഗ്ദ്ധരുടെ മേൽനോട്ടത്തിൽ നടന്ന ഡിസ്കവറി ട്രിപ്പിംഗ് പ്രോഗ്രാമിന്റെ വിജയകരമായ അവസാനം. ഡിസ്കവറി ട്രിപ്പിംഗ് പ്രോഗ്രാമിന്റെ വിജയകരമായ അവസാനം. ഡിസ്കവറി ട്രിപ്പിംഗ് പ്രോഗ്രാമിന്റെ വിജയകരമായ അവസാനം.



60 വിദ്യാർത്ഥികൾ മേൽനോട്ടത്തിൽ പങ്കെടുത്തു. ഡിസ്കവറി ട്രിപ്പിംഗ് പ്രോഗ്രാമിന്റെ വിജയകരമായ അവസാനം. ഡിസ്കവറി ട്രിപ്പിംഗ് പ്രോഗ്രാമിന്റെ വിജയകരമായ അവസാനം.

BAYAS- Vocational Bias Upper Primary School

Thrikodithanam

St. Berchmans College, Changanassery



Mentees

30

Mentors

12

Faculty Leader

Mr. Sebastian KS

Project Directors

Mr. Reju P

Mr. C. Radakrishnan

Ms. Viji John

Student Leaders

Josna Ann Joseph

Dina Antony

Stephen Byju

Community Leaders

Ms. Sindhu S, Ms. Beena R Nair,

Ms. Aswathy L, Ms. Chithra TG,

Mr. Midhun S, Ms. Arathy

Menon, Ms. Bindhu G, Ms.

Mayadevi, Ms. Mini & Mr. Jijo

The DREAMS Follow-Up Camp was held offline on January 4, 2025. Coordinated by Mr. Sebastian (Head of Commerce Dept.), the camp featured guest speakers Ms. Meethu Mary George (Asst. Prof. Psychology, Kristu Jyothi) and Mr. Reju Pulikkodan. Mentors efficiently managed reception, games, food, and cleaning. Activities such as ice-breakers, speeches, mentor-mentee sessions, quizzes, games, storytelling, and performing arts aimed to build leadership, responsibility, and adaptability, successfully promoting creativity and problem-solving skills.

Mentees

76

Faculty Leader

Ms Meethu Mary George

Mentors

81

Project Director

Ms Tesy Thomas

Student Leaders

Athira Satheesh, Ashlin Jimmi, Rihan Samad, Nandana R, Nivedhya & Angel Chinnu



Kristu Jyothi College of Management and Technology

Changanassery

Community Leaders

Ms Joice Dominic

Ms Kochurani Saju

Ms Sherly Joseph

Mr Sebastian Thomas

Ms Amala Lukose

Ms Celine Mathew

Ms Jessyamma

Ms Lysamma

Ms Mary Thomas

Ms Mini Antony

Mr Omanakunjamma

Ms Rosamma

From Shy to Shining: Rohith's DREAMS Journey

After joining DREAMS, he studies better than before, and visits the temple everyday. His drawing skills also improved and now he is able to speak confidently with others. She also said that he bagged prizes in several competitions held in their locality and she is thankful to the DREAMS community for the same. She was also very happy to witness that her child had become confident in doing things independently. Both Rohith and his mother were very satisfied to be a part of DREAMS CAMP and she also mentioned that she was interested in making her child participate again in DREAMS and inquired about the possibility of the same.

Parent of Rohith (Mentee)

The DREAMS Summer Camp 2024, held from May 27–31, 2024, engaged student participants in a transformative five-day journey. The camp focused on self-esteem, values, and leadership through engaging activities, ending with a ceremony showcasing mentees' confidence and social skills growth. It fostered curiosity, resilience, and meaningful connections, benefiting mentees and mentors.

St. Joseph U. P School

Mannanam

KE College, Mannanam



Mentees
25

Faculty Leader
Ms Ammu Joe Thomas

Mentors
13

Community Leader
Mr Vincent Luke

Student Leaders
Stacy Susan Prasad
Asna K S

The Summer Camp organized under the DIP program in the Mannanam Chapter, held from April 15 to 19, 2024, was an enriching and memorable experience for all stakeholders involved. It provided a meaningful platform for mentees to explore, express, and engage in collaborative activities while strengthening the mentoring bond. The camp not only enhanced the interpersonal and leadership skills of both mentees and mentors but also gave students a space to connect with peers and build lasting friendships. Overall, it was a vibrant and impactful experience that truly reflected the spirit of DIP.

Mentees
11

Mentors
16

Student Leaders
BR Krishnanunni
Anto B George

Community Leaders
Mr Mathews Zacharias,
Mr Joseph Scaria &
Mr George Varghese

Faculty Leaders
Mr Vinod M. S
Ms Deepthi Rani SS

Project Director
Rev. Fr. Cyriac Madathil,
CMI

Leadership training programme held at Christ Nagar College

T'Puram: Christ Nagar College, Maranallloor, in collaboration with 'Let Us Dream' and the Thiruvananthapuram nodal office of Christ University, hosted a two-day leadership training programme. Around 60 students from various colleges in the state participated in the event. Fr Cyriac Madathil CMI, director and manager of Christ Nagar College, inaugurated the programme which was organised with the goal of integrating students from socially disadvantaged areas into the mainstream educational system. These trained students will subsequently organise leadership training programmes at selected educational institutions.

Christ Nagar Public School

Maranallloor

Christ Nagar College, Trivandrum



The DREAMS Summer Camp 2024, held from May 6-10 at Christ Nagar College, Maranallloor, empowered mentees from Christ Nagar Public School through mentorship by college students and faculty. The five-day camp featured theme-based sessions on self-esteem, emotions, aspirations, values, and self-empowerment. Activities included public speaking, creative arts, group discussions, and daily reflections through workbook exercises, helping mentees build confidence, communication skills, and self-awareness. Guest speakers offered valuable insights, inspiring students to set and pursue meaningful goals. The camp concluded with a heartfelt closing ceremony and certificate distribution, marking a successful, enriching experience that fostered growth, resilience, and leadership.



30 വർഷത്തെ അദ്ധ്യാപന ജീവിതത്തിനു ശേഷം, ഇപ്പോഴും കുട്ടികൾക്കു വേണ്ടി പ്രവർത്തിക്കുവാൻ എനിക്ക് സാധിക്കുന്നതാണ്. ചങ്ങനാശ്ശേരി 'DREAMS'ന്റെ ഭാഗമായതുകൊണ്ടു മാത്രമാണ്. ഞാൻ ഇതിൽ ഇന്ന് അഭിമാനം കൊള്ളുന്നു. മൂന്നു വർഷം തുടർച്ചയായി കുഞ്ഞുങ്ങളുടെ മേൽനോട്ടം വഹിക്കുവാനും, അവരെ മാനസികമായും, വിദ്യാഭ്യാസപരമായും, ആത്മീയമായും മുൻനിരയിലേക്ക് കൊണ്ടുവരാനും എനിക്ക് സാധിച്ചു. സമൂഹത്തിൽ കൈവിട്ടു പോയ്ക്കൊണ്ടിരിയ്ക്കുന്ന മൂല്യ ബോധം അതിന്റെ ശരിയായ അർത്ഥത്തിൽ ഉൾക്കൊള്ളുവാൻ കുട്ടികൾക്ക് സാധിച്ചതിൽ ഞാൻ അതിയായ ആനന്ദം കൊള്ളുന്നു.

Ms. Mary Thomas
Community Leader

USA Chapter



MCAllen
Texas, USA

Mentees
28

Mentors
8

Student Leader
Mittzi Cantu

Community Leader
Ms. Susamma Thomas
Sr Fathima Santiago
Ms Jessie Thomas
Mr Jerry Joseph

The DREAMS Summer Camp was held June 24-28, 2024, engaging young mentees in daily themes of family, friendship, teamwork, community, and communication through songs, presentations, and interactive activities. Group work and reflection sessions (Glows & Grows) were integral, with mentor testimonials emphasizing the program's positive influence on mentee engagement and mentor development.

This experience I had with this project was definitely a great one. I've learned some very important lessons through this project and I am grateful for the experience. The DREAMS project has helped me become a greater leader and somewhat more of an extrovert. I've also enjoyed working with the kids who I have gotten to know more. The DREAMS project taught me valuable lessons that I can say I will definitely use in the future. It has been a great experience that I will definitely not forget.

Ernesto Fernandez
Youth Mentor



Bastrop Courthouse
Texas, USA

Mentees
56

Mentors
20

Community Leader
Lara Goleman, Russell James, Hope James,
Lindsey Long, Carrie Gilliam, Kristin
Chandler, Debra Craighead & Leah Russ

The DREAMS Summer Program concluded its tenth year in the Bastrop Chapter with a vibrant week of activities held from July 8–12, 2024. Youth participants engaged in enriching sessions focused on personal growth, community values, and leadership development. A highlight of the week was a community clean-up project around the Bastrop courthouse, where mentees and mentors worked side by side to give back to the local neighborhood reinforcing the importance of civic responsibility and teamwork. The camp was led by Camp Director Gary A. Guice Jr., with support from Lead Team Member Cindy Hendrix.

DREAMS Annual Day

KARNATAKA CHAPTER

Bengaluru



The DREAMS Intervention Program celebrated its annual day on February 16, 2025, marking nearly eight years since its inception in February 2017. This milestone event showcased the significant impacts the program has had on its participants. The festivities began with an energetic band performance reminiscent of the program's launch. Dr. Fr. Jossy P. George, CHRIST (Deemed to be University), the distinguished guest of honor, praised attendees as future leaders and shared valuable insights on the importance of goal-setting and achievement. Mr. Adarsh Jose, the program's senior leader, expressed heartfelt gratitude for all the support.

Rev. Fr. Nijo Jose, Principal, Christ State School, highlighted its expansive outreach, noting that it now supports 317 mentees, alongside 225 mentors and 12 community leaders. "Our outreach is growing, and our impact is evident," he stated, acknowledging the contributions of volunteers and organizers. The event concluded with the presentation of certificates, symbolizing participants' journeys in turning dreams into action. Overall, the celebration filled the atmosphere with joy and learning. "The success of our annual day is a testament to the dedication of our nine chapters," he added. The annual day featured a series of impactful skits.

KERALA CHAPTER

Changanassery



The Annual Day Celebration of the DREAMS Program (Changanassery Chapter) took place on February 15, 2025, with 82 student participants under the coordination of Ms. Meethu Mary George. The event, inaugurated by Changanassery MLA Advocate Job Michael, highlighted the program's role in mentoring young minds. The celebration included the annual report, certificate distribution, and featured vibrant performances showcasing personal growth and community impact. Parents also shared heartfelt testimonies, emphasizing the program's positive influence. The event concluded with grace, marking a successful culmination of the year's journey.



A Call to Lead the DREAMS Movement

As we reflect on another impactful year of the DREAMS Intervention Program, we also acknowledge the chapters we were unable to expand or restart due to the absence of committed community leaders, volunteers, operational expenses, and evolving college collaborations. While these challenges highlight the importance of strong local partnerships, they also reinforce our commitment to building a sustainable global movement. With virtual training now being led from our Bangalore team, we are equipping new leaders to bring the program to diverse communities, including upcoming expansions in South Africa and Germany. The momentum is real, and we invite passionate individuals, educators, and community partners to join us in this mission.

Together, we can transform lives, one DREAM at a time.

*Join the DREAMS Movement - Connect with us at
dreams@letusdream.org | 99 722 22 553*



"Grains of Change: How a Community Fed a Vision"

In the quiet village of Thrikoodathanam from Kerala, the local DREAMS chapter has become a beacon of what true community empowerment looks like. This year, they ran their entire summer camp without external funding, powered solely by the generosity of their people. Residents came forward with heartfelt contributions: sacks of rice, pulses, vegetables, and more. These humble offerings were transformed into nourishing meals, lovingly prepared on campus and served to the participants.

What might seem like a simple act of giving became a powerful expression of unity and purpose. This grassroots model eased financial pressures and deepened bonds among families, students, and volunteers. It proved that even modest resources can spark extraordinary outcomes when a community comes together with a shared vision.

Thrikoodathanam's story isn't just about feeding a camp, it's about feeding a movement. Their self-sustaining spirit offers a replicable, inspiring blueprint for other chapters: sustainability begins at home, and impact grows strongest when hearts and hands work together.



Annual Community Conference

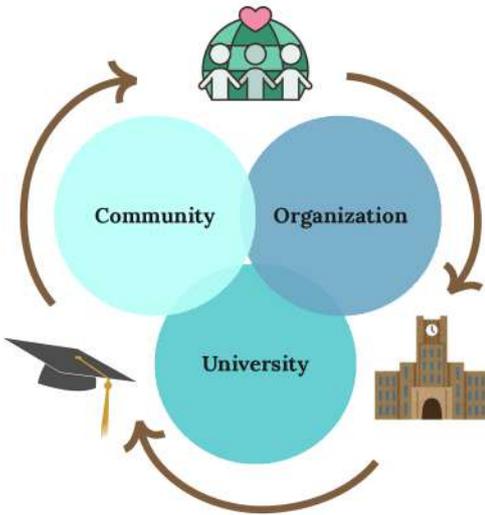


2024-2025



COMMUNITY CONFERENCE

Community Conference started with a vision of promoting volunteerism and commitment to empowering every individual from diverse backgrounds. It is an invitation to share, learn, and celebrate the diversity of dreams among us and around us. The conference introduces different community service possibilities and intervention models to promote volunteerism and social entrepreneurship. Additionally, this conference will provide opportunities for practitioners, researchers and academicians to share their knowledge and experiences to synergize their community development efforts and impact.



Key Goals and Objectives:

- Build a professional learning community to strengthen local impact.
- Promote empowerment through stakeholder engagement.
- Enhance collaboration among community-focused individuals and groups.
- Enable knowledge exchange between global researchers and practitioners.
- Share community intervention research, recommend strategies for challenges.



The Let Us Dream Community Conference is a powerful invitation to grow—both personally and professionally. It reignites my passion for volunteering by fostering meaningful friendships and deepening my understanding of critical community issues. Hearing the stories of local change-makers, university faculty, and students inspires me to take action—both locally and globally. Learning how organizations address health, education, and social challenges leaves a lasting impression and motivates me to be part of the solution.

Ms. Debra Craighead
Associate Professor
University of Louisiana Monroe, USA



Annual Community Conference Overview 2024-2025



The Community Conference brought together diverse stakeholders across regions, showcasing impactful collaboration through participation, partnerships, and volunteer engagement.

63+ Community-impact leaders and Organizations served on Panels

11+ Distinguished Community Leaders as Keynote Speakers

2,100+ Attendees from diverse community backgrounds

7 Annual Community Conference hosted across locations

Higher Education Institutions Partnered for hosting conference **22+**

20+ Celebrated Local Changemakers

80+ NGOs and Organizations Shared Community Service Models Regionally

400+ Volunteers Planned and Executed the Community Conference Across Locations



Pune Community Conference
Savitribai Phule Pune University, Pune
September 28, 2024

The *Pune Annual Community Conference* at Savitribai Phule Pune University brought together 67+ participants to explore "*Community Interventions and Development.*" Key discussions focused on digital accessibility for people with disabilities, blending modern and traditional health practices, and promoting active lifestyles through exercise and physiotherapy. Experts highlighted pre-diabetes management through lifestyle changes while stressing the need for community collaboration to address critical issues like human trafficking, disability support, and access. The event reinforced that holistic well-being requires both individual awareness and collective action.



Being a moderator at the Conference was a truly enriching experience. Engaging with passionate educators and community leaders opened up meaningful dialogue on inclusive and transformative education. The insights shared by participants were both inspiring and thought-provoking. It was a privilege to witness how the LUD framework is being implemented at the grassroots level. I left the conference with renewed motivation to contribute more actively to community-centered education.

Ms. Amrutha Rose J Valavi
Assistant Professor
Christ University, Lavasa



Louisiana, Community Conference
Grambling State University
October 31, 2024

The **Louisiana Community Conference**, hosted at *Grambling State University* under the theme "*Cultural Kaleidoscope: Celebrating Community Outreach and Harmony,*" brought together students, educators, and community leaders in a powerful gathering to promote social justice and community empowerment. The event featured vibrant cultural performances, insightful panel discussions on equity and inclusion, and a heartfelt tribute to community advocate Tori Smith.

One of the key highlights was Deputy Sheriff Gary Guice's introduction of the DREAMS Intervention Program, emphasizing its role in uplifting overlooked and underserved youth. Educators acknowledged the urgency of addressing systemic inequities to foster a truly inclusive educational landscape. Panelists stressed the importance of dismantling the "us versus them" mindset by valuing contributions from all cultural groups, paving the way for more inclusive and equitable communities.

Alongside local community organizations, higher education institutions are building a transcontinental collaborative network aimed at addressing global challenges in education, healthcare, and social equity. The conference also underscored the essential role of community outreach programs in bridging cultural divides.





Bangalore Community Conference
 St. Francis De Sales College, Bangalore
 October 26, 2024

The *Bangalore Community Conference* at *St. Francis De Sales College* united experts under the theme "*Collaborative Strength: Empowered Networks for a Sustainable Future.*" Key discussions focused on inclusive education through community involvement, holistic healthcare addressing both traditional and modern approaches, and youth employability through skill development. The event emphasised that collective action is key to creating lasting social impact, with speakers advocating for empathy-driven solutions to empower marginalised communities. The event underscored the host institutions' dedication to empowering young individuals with actionable insights and transformative ideas, paving the way for a sustainable and inclusive future.

“It was a privilege to serve as the facilitator for the topic: “Education: Parental, Community, and Educational Policies – Their Role in Education.” Initially, I expected a conventional conference setup with panellists on stage and a standard Q&A session. However, the format was refreshingly different. Participants chose focus groups based on their interests, creating space for deeper, more meaningful engagement. Those who joined my FGD were genuinely passionate and contributed valuable insights to the discussion.

Enriching experience where learning flowed both ways. Together, we brainstormed, reflected, and captured our ideas on chart paper, which the team later presented. The energy, collaboration, and shared learning made it truly memorable and inspiring.

Ms. Mary Anita
 Assistant Director for
 Schools at ACTS Group






Chennai Community Conference
 St. Francis College for Women, Chennai
 23 November, 2024

The *Chennai Community Conference* at *Women's Christian College* brought together youth and mentors under the theme of **"Empowering Communities Through Youth Engagement."** The conference celebrated collaboration and sustainability, bringing together over 300+ participants, including students, researchers, NGO leaders, and thought experts. Discussions highlighted students' growing social consciousness and the program's success in connecting young volunteers with experienced researchers across four countries. The event showcased how intergenerational collaboration creates meaningful community impact.



Trivandrum Community Conference
 Christ Nagar College, Trivandrum
 November 16, 2024



The **Trivandrum Community Conference**, hosted at *Christ Nagar College*, on the theme “*Sustainable Synergies: Building resilient communities through collective efforts.*” brought together leaders and changemakers committed to advancing social progress and holistic community well-being. Designed as a platform to confront urgent social challenges, the conference featured impactful panel discussions on youth empowerment, disability inclusion, environmental sustainability, and mental health.

A keynote address by Mr. Raju Narayana Swamy IAS set a powerful tone, emphasizing the vital role of equality, gender inclusivity, and creativity as foundational pillars for a strong and vibrant democracy. His words resonated deeply, framing the sessions that followed with purpose and vision.

The conference concluded on an inspiring note, highlighting stories of resilience, innovation, and grassroots action. It served as a catalyst for new collaborations and reaffirmed the commitment of participants to drive forward community-based solutions with empathy, equity, and impact.



The **New York Community Conference** at the *Binghamton University* centered on “*Empowering Voices - Diversity and Inclusion in community initiatives.*” This inspiring event brought together students, local organizations, and community leaders to share stories of leadership and foster meaningful collaboration.

The conference served as a hub for community engagement, spotlighting organizations like the Children’s Home, the Center of Treatment Innovation, and the Lee Barta Community Center. One panel, “Creating Place: Inclusive Community Initiatives Through Engaged Learning” focused on educational programs, like the Black art program at the Binghamton Art Museum and the American Civic Association. Panelists discussed the ways their organizations help to educate people, placing a special emphasis on diversity and inclusion. At “Empowering Voices in Addiction Recovery,” panelists discussed BU and Broome County programs to help students and community members make healthier eating choices and reduce addiction harm.

Ben’s dedication was honored with the prestigious “Changemaker” award, recognizing exceptional contributions to non-profit service. As the youngest of ten award recipients this year, his story of resilience and leadership resonated deeply with attendees. Fr Lijo Thomas closing remarks “If you reduce the noise, we can build the voice,” every single one of you [is] here with a voice. That voice makes some sense. That voice makes some impact in our community. Again, when we have [a] voice or voices, we have harmony.”

A Call to Lead the Community Conference Movement

These conferences brought together students, professionals, and social visionaries, each playing a vital role in uplifting society through volunteerism and service. From Pune's cultural heritage to New York's energy, what stood out was the shared commitment to inclusive leadership and grassroots transformation. The presence of distinguished speakers and thought leaders enriched every conversation, reminding us of the importance of empathy, collaboration, and action. Through dialogue and connection, participants explored new paths for healing, growth, and service.

Join the Community Conference - Connect with us at conference@letusdream.org || 99 722 22 553

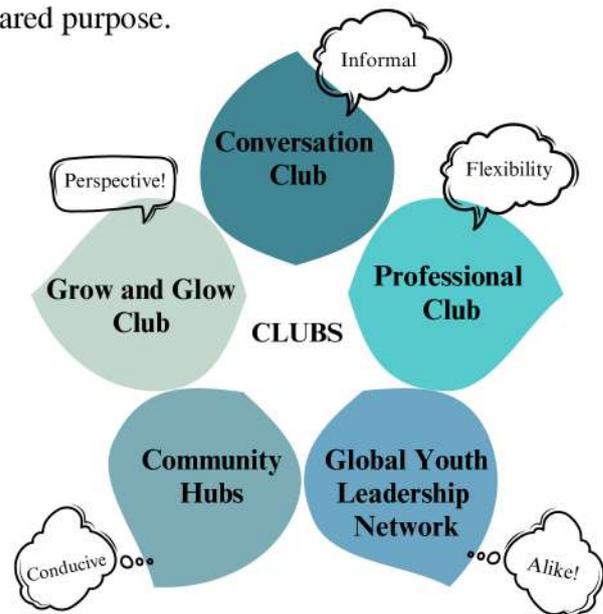




About Clubs

Clubs under the Let Us DREAM initiative are monthly virtual platforms that bring youth and professionals together for open dialogue, reflection, and collaborative learning. Designed to be inclusive and welcoming, each club creates a safe space where members from different backgrounds connect, share ideas, and grow as confident leaders and changemakers. Aligned with Let Us Dream values, the five clubs, focus on themes such as mental wellness, leadership, creativity, social impact, and career development. Together, with the community hubs they are supported by 9 mentors and 9 youth leads, engaging over 116 participants in meaningful conversations and peer learning that inspire growth and shared purpose.

In 2024, the Clubs expanded its impact and engagement by launching the Community Hubs and Grow & Glow Club, a new addition focused on holistic self-development and personal growth. This club was initiated to provide a nurturing space for reflection, confidence-building, and values-based discussions, further strengthening the Let Us Dream initiative's commitment to youth and professional empowerment. With the introduction of this club, the Clubs network became more diverse in its approach to fostering dialogue, leadership, and meaningful connections across communities.



Professional Club

A dynamic support network that fosters personal and professional growth through mentorship and collaborative learning. The club encourages continuous learning, leadership development, and meaningful dialogue, helping individuals stay motivated and aligned with their professional goals.

Conversation Club

The Conversation Club was initiated as a response to the isolation brought on by the COVID-19 pandemic and has since evolved into a platform for inclusive, reflective dialogue. The club fosters community engagement and encourages relationship building by promoting open discussion and mutual respect. The Conversation Club plays a vital role in nurturing empathy, broadening perspectives, and enabling personal growth among its members.





The Conversation Club was created in 2021, at the height of the COVID-19 pandemic. During that time, Fr. Lijo Thomas and I decided to create a video chat forum to provide a space where people could come together to combat the isolation brought on by the pandemic. The club's primary goal is to foster an inclusive environment where individuals may feel connected and comfortable engaging in meaningful, topic-driven discussions.

While over time we've gained numerous benefits from our conversations, some of the most significant and perhaps unanticipated include i) gaining a deeper appreciation for both our unique and shared cultural perspectives, ii) experiencing a supportive environment where we can openly share and critically examine our beliefs, values, and assumptions, and iii) growing comfortable expressing our concerns and celebrating our successes, all within an atmosphere of love and laughter.

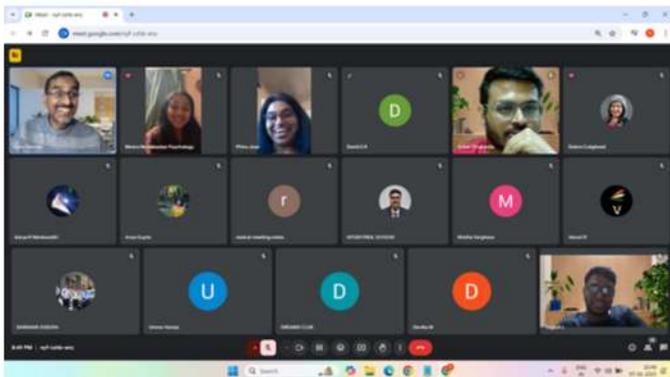
These club benefits are especially meaningful given that some of us have never met in person, interacting solely through virtual channels across international time zones and geographic areas. Essentially, these virtual interactions have fostered a profound sense of connection and community, transcending physical boundaries.

Dr. Pauline Leonard
Co-Director, LUD, USA



Grow & Glow Club

The Grow & Glow Club, launched in October 2024, as a new initiative focused on promoting mental well-being, mindfulness, and personal growth. Season 1 hosted a total of 8 speakers facilitating conversations providing a supportive space for members to reconnect with themselves and the mission of community development through monthly meetings, wellness activities, and open conversations. It encourages empowerment by creating a relaxed, non-pressured environment where members can share experiences, build meaningful connections, and foster personal reflection. Open to all members and alumni, the Grow & Glow Club aims to help individuals stay grounded in the core values of Let Us Dream while prioritizing their mental wellness.



GROW AND GLOW CLUB

MEET THE DYNAMIC SPEAKERS

Season 1 (Dec 2024 - June 2025)

 Session-1: "Lean In to Mindfulness" Dr. Bhavna Bajaj Lecturer Australian Institute of Business	 Session-3: "Gratitude" Dr. Tony Sam Mental Health Specialist	 Session-3: "The Practice of Listening" Dr. Meera Neelakantan Assistant Professor CHRIST University, Bangalore
 Session-5: "CTRL-F" Dr. Phinu Mary Jose Committee Assistant Unitarian Universalist Congregation, New York	 Session-4: "Comfort in the Cause" Ms. Sonia Arora Activist, Poet and Educator	 Session-7: "IMPACT DUO" Mr. Jimmy Chertan Founder Creating Futures Mr. David S R Founder E- Care
	 Session-6: "Power of Resilience" Dr. Chetan K S Founder at Stock Market Business Dr. V M Ruben Associate Professor CHRIST University, Bangalore	

Global Youth Leadership Network (GYLN) Club

The club, established in November 2020, as an international platform that empowers emerging youth leaders from various DREAMS Chapters across the globe. The club provides a nurturing environment for personal growth and leadership development, with social empowerment through reflective discussions and shared learning experiences. It encourages members to connect globally, exchange perspectives, and build a collaborative network. It inspires youth to broaden their worldviews, enhance critical skills, and lead with purpose in their communities and beyond.



I have been a part of GYLN for an year now and it coincided with my preparation for CAT. Everytime I joined the meeting, it gave me a new perspective towards my life around preparation and how others had gone through something similar at some point. To be able to connect with people from diverse fields and stories gave me the right type of mindset during a long prep because otherwise it's easy to get into the spiral of self doubt along the way.

The conversations helped me to stay in the process through suggestions about staying focused on the goal without ignoring self care and mental health. At the same time, the group felt like a community who had their own struggles and kept sharing them candidly for everyone to learn, empathise and embrace such experiences of life.

Ms. Priya Diwedi
Youth Leader



Community Hubs

Within the LUD network these hubs are intentionally designed to nurture connection, continuous learning, and personal growth throughout the year. While the Community Conference serves as a unifying gathering for the broader network, these hubs maintain momentum by facilitating monthly meetups and focused engagement. Each hub creates a vibrant space for learning, mentorship, and collaboration, with thematic areas tailored to diverse interests and developmental goals

- **Insight Engine**, led by senior mentor Mr. Bharath M, cultivates intellectual curiosity and analytical thinking.
- **Cultural Canvas**, guided by Mr. Rajesh P. I, promotes creative expression and intercultural dialogue.
- **Monetize Mastery**, mentored by Mr. Venkat, empowers participants with financial literacy and entrepreneurial skills.
- **Mind Menders**, with Mr. Venu D as mentor, centers on mental wellness and emotional intelligence.
- **Vision Hive**, led by Mr. Sabu P, inspires purpose-driven leadership and forward-thinking action.

To further deepen relationships across the network, an in-person Community Hubs Meet & Greet was held in October 2024 at Christ University's Central Campus in Bengaluru.



Cultural Canvas is a beautiful concept held together by the commitment of a bunch of students. Their passion and commitment is inspiring. The conversations on specific topics have been very refreshing. Members are aware it is a safe space and know that each one is heard. While the conversations have been energizing, what is beautiful is how non-judgmental everyone are. Cultural Canvas has been a success and whether the audience comprises 3 people or 30, it has never affected the quality of the discussions.

Mr. Rajesh P I
*Reiki & Energy Healer, Founder at
The Actors Collective*



JOIN US!

Let Us Dream welcomes volunteers, working professionals, retired individuals, and researchers to be part of our growing community. Our clubs are open year-round to all volunteers through simple Google Form applications. Community Hubs onboard new members annually after the Community Conference to ensure focused engagement. Opportunities are shared regularly, join us to connect, learn, mentor, and grow together.

Reach us on clubs@letusdream.org | 92050 82937



PRODUCTIONS



About Productions

The DREAMS journey began 25 years ago, with the formation of the DREAMS Band a youth-led musical movement created to inspire, uplift, and connect communities through the power of performance and purpose at different locations. What started as a small group of passionate students has grown into a global platform where young people write, compose, and lead concerts that celebrate values, identity, and self-expression. Over the years, DREAMS Band has not only nurtured talent but also cultivated leadership, confidence, and a strong sense of belonging among its members across continents.

Building on this legacy of creativity and community, the team recently launched the HUMAN Project (**H**armony, **U**nity, **M**indfulness, **A**ction, **N**urturing) a new initiative designed to deepen the leadership journey for today's youth. HUMAN is a one-day immersive workshop rooted in the 17 UN Sustainable Development Goals, where young participants engage in storytelling, music, movement, and reflection to explore mindful leadership and social responsibility. From soulful songs to bold conversations, HUMAN empowers youth to think critically, act compassionately, and lead courageously in their communities and beyond.



JOIN THE RHYTHM OF CHANGE

Love music and creative storytelling? The DREAMS Band is looking for passionate individuals to join our Production Team, from writing and composing to managing performances. Be part of a global youth-led movement using music to inspire, uplift, and drive change.

Email us at office@letusdream.org or on 99722 22553 to express your interest and take the first step.



FELLOWSHIP



I am thrilled to share my experience with the LUD Leadership Fellowship Program. My dream is to support children from socioeconomically disadvantaged communities in completing their education and identifying career paths that empower their growth and help them emerge as future global leaders.

Through this fellowship, I have gained clarity on team structures and strategies that enable me to build and equip teams aligned with my vision of empowering every child. The program has taught me valuable lessons in team building, strategic leadership, and how to foster a shared vision among team members.

The fellowship's environment is incredibly nurturing, with non-judgmental and open disclosure sessions that inspire creativity and provoke thoughtful perspectives. I am deeply grateful for the amazing opportunities provided by the fellowship team and proud to be part of a program that aligns with my aspirations for meaningful impact.

Mr. Peter Livingston



About Fellowship

The Let Us Dream Leadership Fellowship is a transformative program designed to nurture and empower young leaders who are passionate about driving positive change in their communities. This fellowship provides a unique platform for participants, known as fellows, to develop essential leadership skills, gain valuable experiences, and create impactful initiatives that address real-world challenges.



Key Highlights of the Year

- **Fellow Onboarding:** Introductory sessions and engagement with various Let Us Dream teams.
- **Introduction to LUD Wings:** Overview of different wings and initiatives through sessions led by mentors such as Akshat, Shrushti, and other youth leads.
- **Monthly Club Meetings:** Held under the Conversational, Professional, and GYLN categories, sensitizing fellows to psychosocial realities and promoting dialogue.
- **Leadership & Sustainability Sessions:** Interactive tools like the Leadership Race, Vision Board Challenge, and Impromptu Speech Challenge to enhance leadership skills.



In 2025, we onboarded a new cohort of fellows, continuing our commitment to building a strong leadership pipeline. Notably, one of our newly onboarded fellows participated in the Outbound Leadership Training (OLT) that coincided with the anniversary celebration, a momentous convergence of legacy and new beginnings.

Additionally, Mr Chirag Singapuri was onboarded as a senior mentor, further strengthening the mentorship framework within the Fellowship. His wealth of experience and leadership insight will provide invaluable guidance to fellows, particularly in navigating real-world challenges and strategic problem-solving.

JOIN THE FELLOWSHIP

Are you passionate about community impact, youth empowerment, and personal growth? The Let Us Dream Fellowship invites committed individuals to join as mentors or fellows and become part of a global movement rooted in purpose and leadership. Whether you're guiding others as a mentor or developing your own leadership journey as a fellow, the program offers hands-on experience, deep learning, and meaningful collaboration across cultures and causes.

Email us at fellowship@letusdream.org to express your interest and take the first step.

Research Wing



From Scholar to Changemaker: A Journey Through the DREAMS Research Wing

The DREAMS Research Wing has been a truly transformational space, for aspiring researchers like me who believe in applying scientific skills to serve communities. I joined as a PhD scholar in June 2019, initially with the goal of earning a doctorate to advance my career. But through my journey with LUD, especially while doing research on the DREAMS Intervention Program (DIP), my perspective shifted. I began to see research not as a path to accolades, but as a means to amplify unheard voices and create real impact.

The training and mentorship at DREAMS helped me grow in both capacity and spirit, teaching me scale development, data analysis, and project writing, while also grounding me in humility and purpose. Each mentor I met encouraged reflection, resilience, and solution-oriented thinking. Now, as I prepare to defend my thesis comparing the DREAMS and PERMA model, I feel more prepared than ever to pursue meaningful, community-based research.

This journey has shaped me into a more empathetic, culturally aware, and committed human being. I'm excited to explore new research avenues post-PhD, guided by the wisdom of my mentors and the global LUD community. I invite fellow researchers to join us, together, let's build knowledge that empowers and transforms lives.

Ms. Roseline Florence Gomes
*PhD Scholar, Christ (Deemed to be University),
HOD, Psychology Department
Jyoti Nivas College Autonomous*



About Research Wing

The Research Team has been instrumental in scientifically evaluating the impact of LUD programs on individuals and communities. With a multidisciplinary approach, the team focuses on enhancing the effectiveness of initiatives through rigorous research. Their work spans critical areas such as leadership analyses, participant outcomes, and community improvement, providing actionable insights to refine program design and implementation. By fostering self-perception, social and leadership skills, and collaboration among schools, universities, and community organizations, DREAMS has become a cornerstone for positive transformation. The research team's open collaboration with global scholars and enthusiasts further amplifies its reach and impact.

Research Papers Published 2024-2025

Title: DIP AI-Driven Architecture for Enhanced Project Management Using Large Language Models

Authors: Ms Roseline Florence Gomes & Dr Fr Lijo Thomas

Link: <https://ieeexplore.ieee.org/document/10911129>

Title: Understanding Middle School Underachievers: An Integral Dimension Of Our Educational Discourse

Author: Ms Roseline Florence Gomes & Dr Fr Lijo Thomas

Link: <https://archives.publishing.org.in/index.php/archives/article/view/496>

Title: Development and validation of middle school underperformers checklist in India through virtual platforms post-COVID-19.

Author: Ms Roseline Florence Gomes & Dr Fr Lijo Thomas

Link: [Mental, Emotional and Behavioural Needs of the General Population following Covid-19 in India](#)

Title: Technology-Integrated After-School Program: A Case Study of the DREAMS Intervention

Author: Ms Jasmine Joseph, Dr Fr Lijo Thomas, Ms Roseline Florence Gomes, and Mr Yogesh L

Link: <https://www.igi-global.com/gateway/chapter/336522>

Title: Let Us Dream's Migration to a Global Virtual Conference: Delivering a Social Entrepreneurial Event.

Author: Lijo Thomas, Angela L. Curl, Carl L. Thamel, Vijaya R, Sharon Custer

Link: DOI <https://doi.org/10.3727/152599523X16990639314800>

Title: A Pilot Study of the DREAMS Program - A Community Collaborative Intervention for the Psychosocial Development of Middle School Students.

Author: Lijo Thomas

Link: <https://www.ojed.org/index.php/JSARD/article/view/5670>

Enablement Teams

Operations

Partnership

Finance

Media

The Enablement Team forms the backbone of Let Us Dream, providing essential support that powers all LUD Wings and activities across locations. With four dedicated sub-wings, the team ensures smooth operations, resource alignment, and long-term sustainability. From program execution to cross-chapter coordination, the Enablement Team plays a vital role in enabling the success and growth of every initiative within the ecosystem.

Each wing contributes distinct strengths:

- **Operations** oversees internal coordination, event execution, and system optimization.
- **Partnerships** facilitates meaningful collaborations with universities, community organization, and other stakeholders.
- **Finance** ensures responsible resource management and promotes financial sustainability.
- **Media** documents and disseminates the organization's work, strengthening outreach and visibility on the community impact.

Together, the Enablement Team works to streamline processes, build strategic alliances, and foster transparent communication, thereby empowering all other wings to function more effectively and deliver greater community impact.



PARTNERSHIP WING

Collaboration That Drives Change

The Partnership team creates impactful collaborations to address community needs through shared vision and coordinated action. We identify and onboard aligned partners, schools, colleges, NGOs, and corporate allies and serve as a bridge across all LUD wings. Grounded in the belief that sustainable impact is rooted in collaboration, we foster mutually beneficial relationships that amplify local leadership, empower communities, and drive culturally relevant, long-term change. Let Us Dream thrives through partnership with organizations, volunteers, and community members, using shared resources and expertise to design initiatives, thereby driving sustainable progress.

The LUD Partnership Team is led by Senior Leaders Mr. David and Mr. Deep Jyoti Gurung, with Ms. Samiksha Periwal coordinating youth engagement. Youth Leads, Ms. Maheep Kaur (Conference) and Ms. Purvi Chakarvarti (DIP) support core operations alongside team members Mr. Karan Mehta, Mr. Abhay Jain, and Mr. Daksh Daga. Together, they ensure strategic planning, execution, and alignment with LUD's mission.



Highlights of 2024–25:

- **Partnership Growth:** Targeted onboarding of new partners, through strategic growth and deeper engagement.
- **Enhanced Engagement:** Strengthened collaboration with existing partners and developed localized strategies for sustained impact.
- **Team & Structure:** Established foundational framework and a dedicated team to streamline operations.
- **Onboarding Protocol:** Designed a comprehensive system to align values, clarify roles, and ensure smooth partner integration.
- **Expanded Network:** Broadened partnerships across educational and social sectors, increasing reach and resources.
- **Regional Models:** Appointed Points of Contact (POCs) in cities like Chennai and Hyderabad to lead regional coordination.

Serving as Partnership lead for Let Us Dream has been deeply rewarding. Collaborating with diverse partners committed to social impact has strengthened my belief in unity and service. LUD's inclusive, purpose-driven culture transforms both communities and volunteers. I'm honored to contribute and encourage others to join this inspiring mission.

Mr. David S R,
Senior Leader, Partnership
Founder E-Cure Charitable Trust



Working in the partnerships wing in LUD has been an incredibly unique experience. The past few months of working with the wing have given me a lot of self growth and have opened the door to opportunities which would have not been possible otherwise. Working and coordinating with various partners organizations has helped me understand the importance of collaboration in a much better manner.

Daksh Daga,
Student Lead
Core Team Member



FINANCE WING

Finance that Listens, Supports, and Sustains

The Finance Team plays a pivotal role in ensuring the smooth and transparent management of the organization's resources. The vision of the team is to create a financially stable and transparent structure that supports the organization's long-term sustainability and growth. With a focus on financial integrity and sustainability, the team oversees budgeting, tracking, and reporting to support the organization's goals. The key achievements, such as the successful implementation of Zoho Books and the adoption of Net Banking, have streamlined financial processes and enhanced operational efficiency. Through diligent planning and strategic decision-making, the team ensures that Let Us Dream remains financially accountable while pursuing its mission.



Being part of the Finance Team, has been an incredibly rewarding journey. It's more than just managing numbers, we're enabling real impact on the ground. Every decision we make helps a program run smoother, a mentor feel supported, and a community come together. It's fulfilling to know that our behind-the-scenes work is building something meaningful.

Mr. Krish Verma

Youth Lead - Finance Team



The Finance Team is led by the strategic support of Ms. Jasmine Sahni, Fr. Tomy Kattampally, and Youth Lead Akshat Jain. Mr. Rupesh M (Community Leader) oversees compliance and mentors the team's student volunteers. Student leaders Prakruthi, Hima, and Krish contribute actively, ensuring effective and collaborative financial management.

Financial Overview 2024–2025

All financial transactions reflected below are based on bank-recorded operations for Let Us Dream during the financial year April 2024 to March 2025. A total of ₹1,24,040 was received to support operational needs across various initiatives. It is important to note that the majority of programmatic expenses at local regions were supported in-kind by community sponsors and partner institutions, and thus are not reflected in this financial summary.

Approximately 65% of the bank-handled funds were allocated to the DREAMS Intervention Program across active chapters, around 16% supported Community Conferences, and the remaining 2% went toward Operational Support. Our prominent sponsors include Mr David from E-Cure, CUFA India Private Ltd., Fragomen Educational services, Puthiya Thalaimurai Foundation, Mr. Suraj Baxani from Dashsquare, Mr. Abraham B Joseph, Mr. Antony Joseph Attukadavil, Well O Sip, and all the organizations for providing us the venue for hosting conferences & community meetings.

The surplus will be used for upcoming initiatives, ensuring continuity and growth of our mission. This reflects our commitment to financial transparency, community-driven sponsorship models, and strategic resource utilization for maximum grassroots impact.

MEDIA WING

Empowering Voices, Inspiring Movements

The Media Wing is more than a communications team; it is the voice and visual identity of the organization. This year, the team continued to be the creative pulse behind LUD's mission, transforming impact into compelling stories and everyday efforts into powerful narratives. From documenting grassroots change to capturing flagship events, the team ensured every initiative was seen, heard, and felt.

With a diverse crew of content writers, designers, editors, social media strategists, and campaign coordinators, the wing maintained a consistent and dynamic presence across platforms. Their efforts led to a noticeable rise in digital engagement, stronger brand visibility, and increased interest in media volunteer roles.

Collaborations:

The Media Wing actively partnered with all LUD wings to support documentation, campaign rollouts, and content creation that brought our programs to life. A key highlight for this year was the collaboration with conference-hosting universities, resulting in impactful speaker posters, event highlights, reels, and recap visuals that significantly boosted Let Us Dream's national and international visibility.



We are especially grateful to our partners for entrusting us and sharing valuable resources most notably, access to Canva Pro and Beefree. These tools have empowered our creative process, allowing us to produce high-quality content that reflects the heart of our mission. Through these collaborations, the Media Wing continues to strengthen LUD's storytelling capacity and inspire engagement across the globe.

New Leads & Media Initiatives

This year saw new leaders stepping up in content, design, and visual storytelling. A key initiative was the launch of the Weekly Newsletter, which documents LUD activities, shares volunteer stories, and highlights milestones creating a consistent platform for reflection, celebration, and connection across the community.

Key Goals:

- Amplify LUD's mission through consistent branding
- Create engaging and empathetic content.
- Build a strong digital presence for campaigns and events.
- Enhance internal communication and visibility.
- Encourage creative volunteer involvement through storytelling.
- Establish LUD's identity as a movement of hope, education, and empowerment.

OPERATIONS WING

Aligning Action with Purpose

The Operations Team plays a pivotal role in the smooth functioning of Let Us Dream. Ensuring efficient execution of initiatives through strategic planning, coordination, and communication. As part of the Enablement Wing, the team supports leadership training, inter-wing collaboration, and centralized documentation to align all efforts with LUD's mission. By managing internal systems, annual planning, and operational workflows, the team ensures that vision translates into action driving sustainability, growth, and collective impact.

Operational Milestones and Key Deliverables:

- The team advanced several foundational and strategic initiatives to enhance overall functioning and inter-wing alignment.
- The team managed a range of backend responsibilities that strengthened internal systems, ensured consistent communication, and supported structured organizational growth.
- A structured documentation was developed to consolidate key resources, enabling easier access and coordination across chapters.
- To foster knowledge-building and alignment, wing-wise orientations and regular meetings were conducted.
- To strengthen leadership structures and improve mentorship efficiency across the organization, e-learning posters and value immersion sessions were designed.

These deliverables represent significant progress in operational readiness and reflect the team's continued commitment to building sustainable, well-supported systems for all the stakeholders within the organization.



Being a member of the LUD Operations Team has helped me gain valuable experience and insight into the backend work required for the smooth functioning of the organization. It has been a pleasure to coordinate planning and organizing efforts with my team, especially for trainings and meetings. This role has been a space for me to grow in leadership, organization, planning, networking, and developing new ideas. As always, I'm grateful to be a part of the LUD family.

Ms. Swarnika R,
Global Youth Lead,
Operations Wing



Psycho-Social Leadership Development Initiatives

Throughout the year, Let Us Dream's initiatives placed a strong emphasis on psycho-social leadership development, unlocking the untapped potential within individuals across all stakeholder groups. Whether through community programs, mentoring, training sessions, or youth-led events, our focus remained on nurturing emotional intelligence, resilience, self-awareness, and interpersonal skills, core attributes that drive meaningful and compassionate leadership. These efforts empowered participants not only to lead but to lead with empathy, purpose, and confidence.

A Milestone in Teamwork Let Us Dream on the Global Stage



In a significant display of teamwork and dedication, **Let Us Dream** achieved a major milestone by becoming officially accredited as a Representative NGO under the **United Nations Special Ad Hoc Accreditation**. This prestigious recognition underscores the organization's commitment to driving global change and community empowerment. Building on this achievement, Let Us Dream proudly presented its

impactful work on the global stage at the **2024 Summit of the Future**. Held on **September 22nd and 23rd** at the **United Nations Headquarters in New York**, alongside the 79th session of the UN General Assembly, the summit provided a platform for **Dr. Phinu Jose Mary (Senior Leader)** and **Mr. Daniel V Jacob (Youth Leader)** to represent Let Us Dream and engage in an interactive dialogue session. Their presentation focused on actionable solutions and future community development initiatives. This achievement highlights the collective effort of everyone involved in Let Us Dream and stands as a testament to their unwavering commitment to building a better, more inclusive world.



Organization Leadership Training



The Organization Leadership Training, held on January 18th and 19th, 2025, was a landmark event for Let Us Dream, bringing together 60+ participants, including community senior leads, youth leads, volunteers, and members from Bengaluru, Chennai, Hyderabad, Pune, and Kerala in India. Facilitated by Mr. Jimmy Cherian, Mr. Yogesh L, and Mr. Venu D, the training used an activity-based approach to deepen understanding of LUD's vision, mission, and goals. Interactive sessions and self-reflection helped participants gain insights into their roles and strategize innovative action plans for holistic organizational and community development.

The event began with an interactive game, followed by a presentation on LUD's journey, highlighting the different initiatives and projects, a 100% volunteer-driven model, and commitment to selfless service, emphasizing LUD's psycho-social leadership. Following this, Dr. Fr. Lijo Thomas shared his extensive experience, recalling LUD's early days and advice on delegation. He recounted LUD's evolution from a motivational music-based program to a powerful movement, highlighting milestones and emphasizing the 25th-anniversary celebration of the collective "DREAMS Project." He reaffirmed LUD's commitment to psycho-social empowerment, stressing that true impact comes from empowering individuals from within, and advocated for strategies fostering ownership, participation, and collaboration.

Mr. Jimmy Cherian led the sessions with interactive games and activities to reinforce leadership principles and teamwork. Participants learned valuable lessons in communication, trust, and collective effort through collaborative challenges in community development initiatives. He also contrasted Traditional Leadership (power, authority, outcomes) with Servant Leadership (empowering individuals, collaboration, collective growth), highlighting a shift towards a more participative and action-based model.





The evening celebration featured vibrant cultural performances, showcasing LUD's diverse talents. The highlight was the ceremonial cake-cutting, marking LUD's 25th Anniversary and its evolution from a music band to a global movement. Esteemed chief guests Rev. Dr. Fr. Jose CC (Vice Chancellor, CHRIST University) and Dr. Fr. Jossy George (Director, CHRIST University, Bannerghatta Campus) graced the event. Fr. Lijo Thomas, joined by all attendees, led a moving rendition of the DREAMS song, creating an electric atmosphere of camaraderie. The evening was a heartfelt reflection on the organization's journey, highlighting the transformative power of community, vision, and service.



The Leadership Training Program and the 25th-anniversary celebration were a powerful testament to human connection and the Community of Practice. Let Us Dream remains committed to building holistically developed, sustainable communities through volunteerism, collaboration, and networking. Both the training and celebration exemplified the organization's core values, empowering individuals to become catalysts for positive change and fostering a global family.



Showcasing DREAMS Intervention Program at DAKSH 2025



DAKSH is an Annual Education and Career Guidance Fair that was hosted by CHRIST (Deemed to be University), Central Campus, Bengaluru, on 11th and 12th January 2025. It focuses on the various opportunities made available to pre-university, undergraduate, and postgraduate students. The volunteers of the campus set up an engaging and interactive stall at this fair, serving as a hub for conversations on mentorship, leadership, and community development. The stall shared the community service initiative details to the students, faculty, and alumni, offering insights into LUD's mission through informative displays, personal interactions, and success stories.

Key Highlights

- The stall recorded footfall from over 100 (approx.) students, faculty members, and dignitaries, reflecting strong engagement and interest in the club's initiatives.
- Community Leaders, Faculty Leaders, and distinguished guests visited the stall and engaged in constructive dialogue regarding the organization's vision and operations.
- Many attendees demonstrated enthusiasm for the organization's mission, with many expressing their intent to join or contribute to its ongoing efforts.

Impact & Outcomes

- The event significantly broadened the visibility of the program, attracting attention from diverse academic and administrative stakeholders.
- It facilitated meaningful conversations that may serve as a foundation for future collaborations and inter-campus engagement.
- Relationships with faculty leaders, community leaders, and Alumni were further reinforced, thereby strengthening institutional support for initiatives.
- The event inspired more students and mentors to become involved, thereby contributing to the expansion of a committed, service-oriented community.



YPR Team's Interactive Stall



The Christ Yeshwanthpur Campus (YPR) team successfully hosted an engaging and interactive stall on campus on 28th January 2025, bringing together volunteers to represent the DREAMS Intervention program. This initiative aimed to raise awareness and encourage participation by showcasing the DREAMS Intervention program's vision and impact. Visitors gained valuable insights into the organization's role in fostering leadership, mentorship, and community development through discussions, interactive activities, and in-depth presentations.

Impact & Outcomes

- Increased visibility and awareness of the DREAMS Intervention program, encouraging greater support from students and faculty.
- Enhanced collaboration between senior and junior members, reinforcing a strong team spirit.
- Amplified interest in mentorship and leadership opportunities, ensuring long-term participation and commitment.
- Fostered a dynamic and engaging environment, attracting passionate individuals eager to contribute to the organization's vision.



Key Highlights

- Active participation from students and faculty fosters meaningful discussions on Let Us Dream and its broader community impact.
- Comprehensive presentations illustrating the profound role of mentorship and leadership development within the DREAMS Intervention program.
- A high-energy promotional flash mob boosted visibility and attracted widespread attention across campus.
- Strengthened teamwork and collaboration within the YPR team, fostering a deeper sense of belonging and unity.



FUTURE LEADERS PROGRAM

A transformative leadership journey



Our Student leaders, **“Banu H V and Mahmoodur Rahman Shihab”** were nominated for the Future Leaders Program through the DREAMS Intervention program conducted by CHRIST (Deemed to be University) to shape leaders through experiential learning and meaningful engagement, and embark on a leadership journey.

In the month of September 2024, 44 students came together from various clubs and associations of CHRIST (Deemed to be University), each bringing unique experiences, strengths, and aspirations. They weren't there to learn but to unlearn and relearn. They broke away from conventional leadership ideas to explore personal strengths, navigate boundaries, role theory, deep democracy, and ethical decision-making under pressure. From the very first Spark Session, they were encouraged to embrace challenges, stay adaptable, and lead with integrity.

The program wasn't just about theories but about immersing participants in leadership practice. Ice-breaking activities taught them the art of communication, while the strengths exercise pushed them to look within, using creativity to define what made them strong. Activities such as the zipline were a test of teamwork where everyone had a role: some tying knots, others managing safety, and a few overseeing the bigger picture. .

This journey reshaped participants in powerful and action-based learning. They came to understand that leadership isn't about having all the answers - it's about asking thoughtful questions, listening with intention, and leading through empathy rather than authority. They learned that confidence is not something you're born with but grows through encouragement and experience.

A simple Ball Sequencing Game evolved into an intense lesson in planning, efficiency, and adaptability. Watching “13 Lives”, a powerful film, reminded me that leadership isn't about personal glory but about making decisions under pressure and inspiring others in moments of crisis

In February 2025, Module 2 of the program began, taking leadership beyond the classroom and into the real world. It was no longer about discussing impact. It was all about creating it. During their visit to Yuva Café, the participants witnessed the power of access and mentorship. They met young minds full of ambition but lacking opportunities. Through deep, meaningful conversations, they realized that authentic leadership isn't about fixing problems for people but working with them.

Enhancing Global Competency through Student Exchange

A Journey of Growth and Learning



The journey began with an introduction to the DREAMS-Project in the vibrant classrooms of Ferdinand Lassalle Realschule. This interaction was a powerful reminder of how education can inspire and connect across borders.

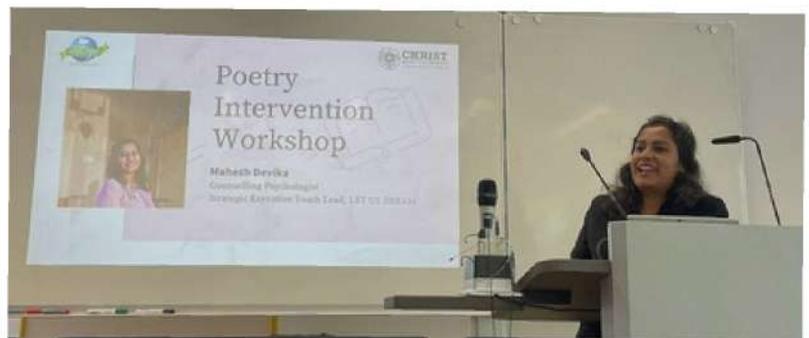
Another moment was the visit to the *Lobby for Girls in Cologne*, a youth welfare organization dedicated to supporting girls and young women, especially those from marginalized communities or with disabilities. The team engaged in thoughtful discussions about diversity and the challenges faced by young women in Germany and India.

Academically, the exchange was equally invigorating. Devika Mahesh, our student leader, led a workshop on *"The Effect of Poetry Intervention on Emotional Intelligence among Indian Young Adults,"* sparking discussions on how creative expression can enhance emotional well-being.

The students embraced every opportunity to learn, engage, and reflect throughout their stay. The DREAMS-Project became a conduit for meaningful exchanges, offering insights into cultural differences and shared human experiences. The program epitomized the spirit of global learning and leadership from classrooms to workshops, historical explorations to ethical debates.

The collaboration between **CHRIST University** and the **Catholic University of Applied Sciences North Rhine Westphalia (Katho)** reached new heights with the continuation of the DREAMS-Project, part of the DAAD initiative *"Social Responsibility and Leadership in Communities."* This exchange program has been a cornerstone of academic and cultural partnership since 2021, fostering resilience and holistic development among young leaders.

From June 1 to 9, 2024, **four students** - Devika Mahesh, Samiksha Periwal, Shruthi Sachin Mahajan, and Sakshi S Arjunagi embarked on a transformative journey to **Cologne and Münster, Germany**. This exchange was not just a visit but a profoundly enriching experience that brought together diverse perspectives, cultural exploration, and academic rigor.



The grants played a pivotal role in making this exchange possible, underscoring the importance of international collaboration in shaping empathetic, socially responsible leaders. For the student leaders, this program was not just a journey across continents; it was a step toward a broader, more inclusive worldview. The knowledge gained and experiences shared will undoubtedly contribute to their future endeavours and the continued success of the Let US Dream initiative's. The exchange was a celebration of learning, a bridge between cultures, and a testament to the power of collective growth in building a more connected and compassionate world.

“

Cologne, Germany was a plethora of experiences for me, as the LUD Youth Lead of the Conference Wing. It enabled a meaningful and sacrosanct relationship with our fellows across the geographical boundaries and truly enhanced the essence of what this organisation depicts to us and what it mirrors abroad. The trip served as a vehicle of diversification and thus its integration, strengthening the prospect of flavouring Germany further with our LUD Annual Community Conferences to establish thorough ground with mutual members and sustained collaboration. This experience will definitely be one of a lifetime for me, as a person and a leader for Let Us Dream.

Ms. Shrushti Sachin Mahajan
Senior Youth Lead



As DREAMS Intervention Program celebrated a series of engaging and community-driven events were curated in all the four partnering universities in Karnataka to honour the milestone of the organization's initiatives. Rooted in mentorship, leadership, sustainability, and connection, these initiatives fostered growth, reflection, and a shared sense of purpose among mentors, alumni, and the extended DREAMS family, from interactive training sessions and leadership workshops to a creative jam session and a plantation drive, the celebrations paid tribute to DREAMS' legacy while reinforcing its commitment to empowering future generations.



DREAMS Unlocked (1st December, 2024)

Facilitated by **Mr Yogesh**, DREAMS Unlocked was a dynamic leadership training workshop designed to equip mentors with key skills in decision-making, communication, and emotional intelligence. The engaging sessions enhanced teamwork and problem-solving capabilities, while offering practical strategies for leading with empathy and resilience. This workshop inspired mentors to embrace proactive leadership within the DREAMS ecosystem and carry those values beyond.



Jam Session (10th September, 2024)

The Jam Session was a vibrant, high-energy event that brought together mentors from all three years of the DREAMS journey. Through live music, spoken word performances, and an open mic, the evening celebrated creativity and connection. It fostered a strong sense of belonging within the DREAMS community and offered a relaxed space for self-expression and informal bonding between seniors and juniors.



Goals and Principles Training Session (11th September, 2024)

Facilitated by **Ms. Avanti Rao** (Community Leader) and **Darshan** (Student Leader), this session focused on reinforcing the core values and mission of the DREAMS program. Through interactive discussions and reflective exercises, mentors collectively reaffirmed the vision of DREAMS and aligned on their roles. The session also provided practical tools for goal-setting and ethical leadership, while encouraging self-reflection to ensure a meaningful and lasting impact in their mentorship journey.



Workshop on Leadership Training (11th January, 2025)

In collaboration with Let Us Dream, this workshop, led by **Yogesh L**, focused on distinguishing leadership from management with the theme, “**Management is doing things right; Leadership is doing the right things.**” Through case studies and interactive activities, participants improved their decision-making, problem-solving, and confidence in leadership roles, equipping them with essential skills for effective leadership.



Program Conducted for the Ministerial Staff (21st September, 2024)

In celebration of **World Gratitude Day**, a special program was organized for the ministerial staff at SFS College, led by **Prof. Diliya**, Faculty In-charge.

Around 10 mentors, chapter heads, and two faculty members came together to host a series of fun-filled and engaging activities. Designed to break the ice and foster a spirit of healthy competition, the event encouraged interaction and teamwork among the staff. The lively atmosphere, meaningful connections, and thoughtful gifts of appreciation made the day both memorable and impactful.



Outbound Training (OBT) (September 21-22, 2024)

The two-day Outbound Training (OBT) camp was held on September 21st and 22nd at Christ University's Yeshwanthpur campus. This immersive program brought together 90+ diverse group of participants, including community leaders, faculty, and mentors from Christ University's three campuses, as well as from St. Francis De Sales College and Jyoti Nivas College. Facilitated by Mr. Jimmy Cherian, the OBT emphasized self-discovery, teamwork, and vision-building. Through engaging and interactive sessions, participants developed key skills in communication, strategic thinking, collaborative problem-solving, program sustainability, diversity, and team dynamics. The experience significantly strengthened their leadership capabilities, equipping them to drive meaningful change and support the continued growth of the DREAMS Intervention Program.



Plantation Drive

As a symbolic act of growth and shared responsibility, each chapter of the DREAMS Intervention Programme participated in a Plantation Drive held in Bangalore and Trivandrum. This collective initiative not only promoted environmental awareness and sustainability but also deepened the culture of care within the DREAMS community. Beyond planting trees, the drive cultivated stronger team bonds and instilled a lasting sense of accountability among mentees. Just as the saplings will grow and take root over time, the impact of DREAMS is set to flourish nurturing mentees into future changemakers who will uplift their own communities.

Our Path Forward

The Road Ahead: Deepening Roots



As we reflect on a transformative year, the path forward for Let Us Dream is guided by one enduring belief: "lasting community change begins with empowered local leadership." Our vision for the future is not just about scaling up; it's about rooting deeper into communities, and creating and strengthening structures to ensure quality, sustainability and long-term impact.

In 2024–25, we laid the foundation by establishing core systems and top-level leadership. Now, we turn our focus to strengthening and empowering regional leadership teams and reinforcing enabling committees across locations. This decentralized and capacity-building model will enable faster, more community-driven initiatives where local voices lead local change.

We will also deepen our work by fostering vibrant *Communities-of-Practice* spaces that encourage knowledge-sharing and innovation across areas like education, health, and social development. Furthermore, onboarding and collaborating with more community members and organizations across various countries to support community-led projects where they come together to learn, innovate, and grow. These will serve as the living heart of our ecosystem, fueling collaboration, bridging efforts, and transformational leadership.

We aim to deepen year-round community engagement through workshops, service projects, collaborative events, and mentorship-based outreach, enhancing the quality of programs across all regions and initiatives. We also see tremendous opportunity in leveraging technology and data, including AI and analytics, to better capture, track, and amplify our impact across regions.

Together, we are building not just an initiative, but a global movement empowering communities for sustainable impact and progress, with a hope that we will continue to shape generations.

The Editorial Board

Crafting Clarity, Delivering Insight.

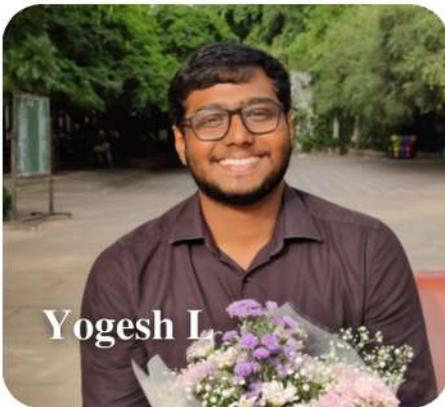
Message from the Editorial Board

We are proud to present the first Annual Report of Let Us Dream for the year 2024–2025. This report captures the collective efforts, milestones, and dreams nurtured across our communities over the past year. It stands as a testament to the unwavering commitment of every individual who continue to inspire growth and transformation.

The contents of this report have been thoughtfully compiled to reflect our impact to the best of our knowledge. As this is our first edition, we warmly welcome your feedback and suggestions to help us improve future publications.

Please feel free to share your insights with us at office@letusdream.org.

The Editorial Board



Yogesh L.

Editor In-Chief



Ritul Chauhan

Managing Editor



Ayush Paul

Associate Editor



We extend our sincere gratitude to everyone who contributed to and supported the creation of this report. Special thanks to Dr. Phinu Mary Jose, Mr. Jimmy Cherian, Ms. Mansha Sawal, Pravalika, Mahmoodur Rahman Shihab, Aparajita Tiwari, Arya Raj, Anahitaa Verma, Nabeela Ahmed, Khushi Kataria, and Rajath Parson for their valuable efforts. We also acknowledge and appreciate the many others whose names may not appear here but whose support was instrumental in bringing this report to life.

PARTNERING ORGANIZATIONS



UNIVERSITY of the WESTERN CAPE



SRM
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University u/s 3 of UGC Act, 1956)



CHRIST NAGAR COLLEGE
A CMI Educational Institution
Affiliated to Kerala University



THE UNIVERSITY of NEW ORLEANS



MAR IVANIOS COLLEGE
Autonomous | Committed to Excellence in Higher Education since 1949
Accredited (5th Cycle) with A++ Grade by NAAC | DST-FIST College | NIRF 2024 - 60* Rank
UGC College with Potential for Excellence | UGC PARAMARSHI Mentor College
(Affiliated to the University of Kerala)



Women's Christian College
Since 1915
Lighted to Lighten

LOUISIANA TECH UNIVERSITY



Estd. 1964



BINGHAMTON UNIVERSITY
State University of New York



Deccan Education Society's
Fergusson College
(Autonomous)



VISHNU
UNIVERSAL LEARNING
BVRIT
BVRIT HYDERABAD College of Engineering for Women (UGC-Autonomous)



katho
Katholische Hochschule Nordrhein-Westfalen
Catholic University of Applied Sciences



Jyoti Nivas College Autonomous

A Premier Institute for Women | Estd. 1966 | Reaccredited by NAAC with 'A+' Grade in the 4th Cycle



CHRIST
(DEEMED TO BE UNIVERSITY)
BANGALORE | DELHI NCR | PUNE





Join Us in Making a Difference

At Let Us Dream, we believe that every individual holds the power to spark transformation, not just in their own life, but in the lives of others. Our global community is built on hope, purpose, and action. And we're inviting you to be part of it.

Whether your passion lies in social impact, youth mentoring, education, mental wellness, leadership, or the arts, there's a meaningful role waiting for you here. As part of Let Us Dream, you'll join hands with changemakers across the world who are committed to building compassionate, inclusive, and empowered communities.

This is more than volunteering, it's a chance to grow, lead, and build a "Community of Practice."

Your voice matters. Your time matters. Your action matters.

Join us today, because when we dream together, we grow stronger. And when we act together, we truly change the world.