

Dr. Anuradha Sathiyaseelan

Dr. Anuradha Sathiyaseelan, Professor, Christ (Deemed to be University), leads a range of international academic and research collaborations with universities and researchers across the United States, Switzerland, Mexico, South Korea, Australia, Canada, and Malaysia.

Her work encompasses joint teaching, psychology research, student internships, and interdisciplinary projects. A key academic collaboration with Zurich University of Applied Sciences (ZHAW) involves joint teaching in Cultural Psychology, ongoing since 2025.

She has also received funding from the Indo-Sastri Canadian Institute for an internship project on Holistic Sustainability: Indian Knowledge Systems, Environment, and Community Well-being.

Dr. Anuradha's research collaborations with the University of Cincinnati and Northwestern Missouri State University explore early adulthood, mindfulness, addictive behaviour, and sleep quality. Her projects with ZHAW and Northwestern Missouri State University examine humour and leadership. Collaborations with Miami University, San Luis Potosi, Mexico, and Duksung University, South Korea, focus on the spiritual experiences of breast cancer survivors. Further research partnerships include collaborations with Australian Catholic University and San Luis Potosi on yogic breathing, mindfulness, and social media harassment; Miami University on culture and identity; ZHAW on women's reproductive health; and Miami University and Sunway University, Malaysia, on traditional knowledge systems.

Through these collaborations, Dr. Sathiyaseelan contributes to cross-cultural psychology research, global academic exchange, student learning opportunities, and collaborative scholarship. These initiatives strengthen the international research network of Christ (Deemed to be University) and support its commitment to globally engaged, interdisciplinary psychological science.

