Centre for Research
CHRIST (Deemed to be University), Delhi NCR Campus

Activity Report

General Information

Type of Activity	*Inauguration and Orientation*
Title of the Activity	**Inauguration and Orientation of the December 2025 Cohort batch**
Date/s	09th & 10th January 2026
Time	09:00 AM - 4:00 PM
Venue	Faculty Lounge - A Block
Collaboration/Sponsor (if any)	**CHRIST (Deemed to be University), Central Campus**
Social Media Link (if any)	

Speaker's profile - 1

Name	**Dr Shoney Sebastian**
Title/Position	**Director - Centre for Research**
Organization	**CHRIST (Deemed to be University), Bengaluru**
Title of Presentation	**Impactful Research: University Perspective**

Speaker's profile - 2

Name	**Dr Anil Joseph Pinto**
Title/Position	**Registrar**
Organization	**CHRIST (Deemed to be University)**
Title of Presentation	**Research and University Ethos**

Speaker's profile - 3

Name	**Dr Johny Joseph**
Title/Position	**Registrar (Academics)**
Organization	**CHRIST (Deemed to be University)**
Title of Presentation	**Responsible Research Culture**

Speaker's profile - 4

Name	**Mr. Sreekumar**
Title/Position	**Head librarian**
Organization	**CHRIST (Deemed to be University), Bangalore Central Campus**
Title of Presentation	**Library resources available for scholars**

Speaker's profile - 5

Name	**Mr Manoj Kumar**
Title/Position	**Head of IT Services**
Organization	**CHRIST (Deemed to be University), Bangalore Central Campus**
Title of Presentation	**IT services available for scholars**

Speaker's profile - 6

Name	**Dr. Uma V R**
Title/Position	**Associate Professor**
Organization	**CHRIST (Deemed to be University), Bangalore Central Campus**
Title of Presentation	**Proposal Writing**

Speaker's profile - 7

Name	**Dr Ashley**
Title/Position	**Director - Centre for Counselling and Health Services**
Organization	**CHRIST (Deemed to be University)**
Title of Presentation	**counselling and health services available for scholars**

Speaker's profile - 8

Name	**Dr. Fr. Jossy P George**
Title/Position	**Director Bannerghatta Road Campus**
Organization	**CHRIST (Deemed to be University), Bangalore**
Title of Presentation	**AI in Research**

Participant's profile

Type of Participants	**Research Scholars**
No. of Participants	**15**

Synopsis of the Activity (Description)

Highlights of the Activity	The Session began by invoking the blessings of the Almighty. Dr Bindi Varghese, Associate Director, welcomed dignitaries and participants to the orientation. followed by the invocation of the lamp, and readings from the holy scriptures. The welcome address was given by Dr Shoney Sebastian, followed by a welcome from Dr Fr. Jose C.C., Vice Chancellor, and a vote of thanks closing the inauguration ceremony. The second part of the event included an orientation session, which covered various topics related to research, university ethos, research culture, library resources, and IT services. Dr Shoney Sebastian introduced the scholars to the Centre for Research, highlighting the impactful research they should aim to achieve. The

	scholars were made familiar with the entire PhD life Cycle, rules and regulations related to documentation, submissions, leaves, and publication. Dr Anil Joseph Pinto, registrar of the university, familiarised the scholars with the university ethos, why research matters to the university, and the roots of coursework and PhD programs, emphasising the importance of doing a PhD that is unique and contributes to the world. Dr Johny Joseph took the session for the scholars, introducing them to different centres, that is, SWO, CSA, etc. Sir also emphasised doing a collaborative PhD. Mr Sreekumar Nair took the sessions for the scholars, introducing them to the various library resources available for them. The session included a hands-on demonstration, and the scholars were made familiar with knombus, summons tab, referencing tools, etc. Mr Manoj Kumar took the session for the scholars; they were familiarised with basic cybersecurity aspects, login/logout, network authentication, and configuration of the laptops and systems. The scholars were familiarised with various ways in which their data could be attacked, including fraudulent emails, messages, etc. D. Ashley took the sessions for the scholars, introducing them to the centre for counselling and health services. The scholars were made familiar with the activities of the centres, the counsellors, and the counselling sessions available to them, as well as the on-site medical facilities. The scholars were also made familiar with the various activities of the centres, including counselling, art therapy, group counselling, etc. The orientation session concluded with the CCHS session.
Key Takeaways	1. **Program Duration and Expectations** The sessions highlighted that PhD programs typically span 4 to 6 years, although this can vary based on the discipline and the scholar's individual progress. A key shift occurs early in the journey: from structured classroom learning to self-directed, independent research. While scholars are supported by supervisors, success largely depends on their initiative, critical thinking, and perseverance. The culmination of this journey is the dissertation—a comprehensive document presenting the scholar's original contribution to their field. 2. **Coursework**

	Speakers emphasised that PhD coursework, while rigorous, is relatively brief, usually lasting around six months. These courses focus on advanced topics relevant to the scholar's research area, including research methodologies, specialised subfields, and practical skills such as data analysis. The primary objective is not to cover vast content, but to equip scholars with the foundational tools and conceptual frameworks necessary for tackling complex research questions. 3. **Research Supervision** The importance of aligning one's thought process with the supervisor was underscored. A supervisor plays a pivotal role throughout the doctoral journey—from helping define the research question to guiding the development of the dissertation. Regular meetings for feedback, discussion, and troubleshooting are essential. An effective supervisor not only provides academic guidance but also challenges the scholar to think critically, while advocating for their work and celebrating their milestones. 4. **Ethical Research Conduct** Ethics in research was another central theme. Scholars must ensure informed consent and minimise harm when working with participants. Honesty and integrity are non-negotiable—this includes accurate data reporting, proper citation to avoid plagiarism, and full disclosure of any conflicts of interest. Upholding these ethical standards preserves the credibility of the research and strengthens trust within the academic community. 5. **Support Services** The sessions also outlined the broad range of university support services available to PhD scholars. Academic libraries offer access to extensive research databases and materials. Writing centres assist in refining dissertations and publications. Technical support is available for complex software and data analysis tools. Career services guide scholars in exploring both academic and non-academic career paths. Additionally, mental health services play a crucial role in helping scholars manage stress and maintain emotional well-being throughout their research journey. 6. **Time Management** Effective time management was presented as a critical skill for balancing research, coursework, and personal life. Scholars are encouraged to set realistic goals, prioritise tasks, and adopt structured planning techniques, such as short, focused work sessions and task batching (e.g., grouping emails or analysis work). Regular breaks and personal well-being must also be prioritised, as sustained productivity depends on a healthy mind. The program also emphasised a goal of completing the PhD

	within three years, with a strong commitment from the institution to provide necessary support to achieve this timeline.
Summary of the Activity	The Research Cell at CHRIST (Deemed to be University), Delhi NCR Campus, organised the PhD. Inauguration and Orientation Program for the September 2025 batch. The event commenced with an inaugural address by Dr Shoney Sebastian and Dr Fr. Jose CC, who warmly welcomed the newly admitted PhD scholars to the campus. Following the inauguration, the orientation program continued over the two days. Faculty members from various departments from the central campus engaged with the scholars, offering insights into different dimensions of the research process.
Key Feedback	It was recommended by the scholars that information regarding other infrastructures in the Delhi NCR campus can also be included as a part of the orientation, and certain sessions can be completed offline.
Action Taken, if any	**upcoming orientation onwards, the information regarding specific infrastructure will be included**

Rapporteur

Name of the Rapporteur	**Ansella Anna Thomas**
Email	**ansella.thomas@christuniversity.in**

Poster

NA

Photos

2 Geotagged and 2 non-Geotagged

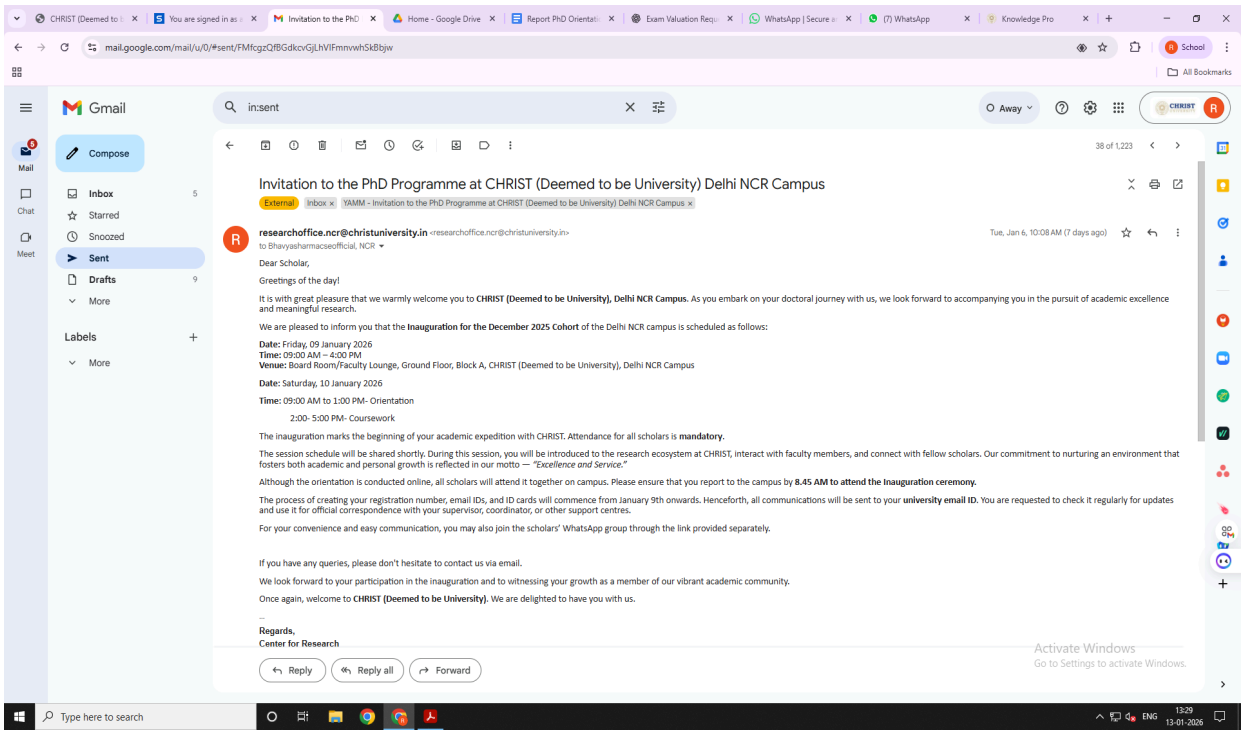








Information Email/ Message of Student and Faculty



Attendance sheet

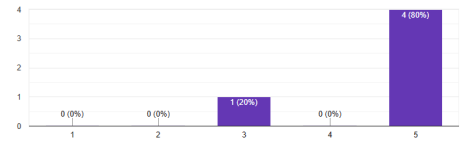
Attached at the end of the report

Feedback form [with the answers]

Questions Responses 5 Settings

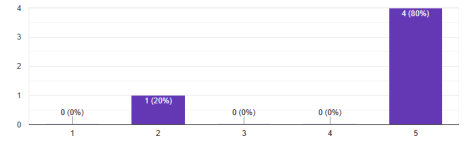
1. How did you find the sessions? Rate 1-5. 1 being the lowest and 5 being the highest. Copy chart

5 responses



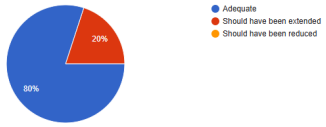
2. How will you rate the design of the orientation? Rate 1-5. 1 being the lowest and 5 being the highest. Copy chart

5 responses



3. Your opinion on the time provided for the sessions, was it adequate? Copy chart

5 responses



4. Mention the issue you have faced during the sessions if any.

4 responses

- Due to online sessions participating was less
- No issues
- nil
- No

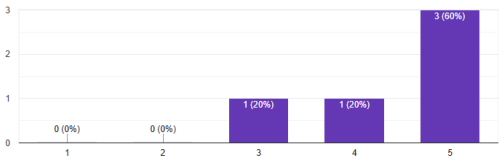
5. Suggest the improvement, if any.

3 responses

- Some sessions could be offline.
- Everything was good
- Everything was good and Ok

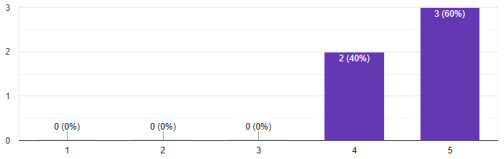
1. How satisfied are you with the resource persons overall session delivery? 1 being the lowest, 5 being the highest Copy chart

5 responses



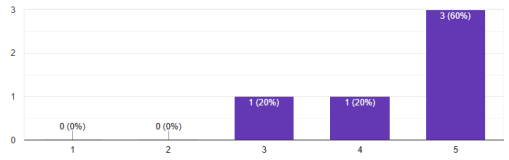
2. How will you rate the content covered during to the orientation? 1 being the lowest, 5 being the highest. Copy chart

5 responses



3. Quality of the content delivered . Rate from 1-5 , 5 being the highest Copy chart

5 responses



Please mention the comments/Suggestions if any:

5 responses

- Facilities at Delhi NCR campus should be explained
- I found the orientation to be helpful but a lot of time the orientation was just focused on central campus
- Offline sessions would be better than online ones
- nil
- Since it was online for the scholars of NCR Campus there was lots of connection problesms and since camera was not moving we could not see the speakers and the audience.

Impact Analyses and Action Taken

The session received positive feedback from attendees, who highlighted its informative content and its relevance to their research journey. The scholars suggested that a few more details about the canteen, etc., could be included. Additionally, it was suggested that certain sessions can be conducted offline. To further support scholars, the university plans to organise more programmes to make the PhD journey more efficient

Signature **Seal**