Centre for Research
CHRIST (Deemed to be University), Delhi NCR Campus

29th November 2025
Activity Report

General Information

Type of Activity	*Training Session*
Title of the Activity	**Proposal Writing Training Session**
Date/s	29th November 2025
Time	09:00 AM - 11:00 AM
Venue	Faculty Lounge, Ground Floor, A Block
Collaboration/Sponsor (if any)	-
Social Media Link (if any)	-

Speaker's profile

Name	**Dr. Ramji**
Title/Position	**Assistant Professor**
Organization	**School of Business and Management, CHRIST University DNC**
Title of Presentation	**How to write a research proposal: A Guide for New Research Scholars**

Participant's profile

Type of Participants	**PhD Scholars**
No. of Participants	**11**

Synopsis of the Activity (Description)

Highlights of the Activity	The session formally began with the formal opening of the training session by Ms. Ansella Anna Thomas, Staff, Research Cell. Participants were introduced to the **core components of a research proposal**. The activity highlighted the scholars' introduction to the essential components of a research proposal, enabling them to understand how to structure and present their research effectively. Participants learned how to craft strong and focused research titles and were guided in formulating clear and purposeful research objectives using the SMART criteria. The session emphasised the importance of aligning objectives and research questions with the overall research problem while underscoring the need for a rigorous and well-supported literature review. Scholars were also introduced to valuable research tools such as Zotero for efficient literature management and citation formatting, along with other academic writing resources. Additionally, the discussion shed light on the rationale behind research decisions—the "What," "Why," and "How"—and familiarised participants with potential scholarly outputs beyond the proposal stage, including systematic literature reviews and conceptual frameworks. Overall, the activity provided a comprehensive foundation for developing effective and academically sound research proposals.

Key Takeaway	• The scholars were familiarised with the components of a research proposal and how to craft the research title efficiently. • The SMART criteria—**Specific, Measurable, Achievable, Relevant, and Time-bound**—serve as a practical framework for crafting high-quality research objectives. • Participants gained clarity on aligning objectives and questions with the overall research problem and context. • Scholars gained a comprehensive understanding of how to structure and formulate an effective research proposal. • The session emphasised the importance of drafting clear research objectives, conducting a rigorous literature review, and understanding the foundational components of a strong proposal. • The session also addressed the importance of conducting a thorough literature review. • Participants were introduced to essential research tools such as **Zotero** for literature management and referencing, along with additional tools that support academic writing and citation formatting. • The resource person highlighted the significance of addressing the "What," "why," and "How" behind each research decision, reinforcing that a well-developed proposal leads to a smoother and more efficient research journey. • Scholars were also informed about the potential research papers they could produce after the proposal phase, including systematic literature reviews, conceptual frameworks, and other scholarly outputs. • The session also touched upon the concept of Systematic Literature Review, and the resources from where the literature review can be conducted for different disciplines.
Summary of the Activity	The session formally began with an opening address by Ms Ansella Anna Thoma, Staff, Research Cell. The session provided scholars with a comprehensive understanding of how to design and structure an effective research proposal. It began by familiarising participants with the essential components of a proposal—from crafting a focused title to developing clear objectives and formulating a sound research problem. Through the introduction of the SMART framework, scholars learned how to create research objectives that are specific, measurable,

	achievable, relevant, and time-bound, aligning them with their study's purpose. A major emphasis was placed on the role of a rigorous literature review, with guidance on accessing reliable academic sources and employing tools like Zotero for efficient literature management and referencing. The session also underscored the importance of grounding every research decision in a clear rationale, addressing the core questions of **What**, **Why**, and **How**. By the end of the activity, participants gained not only technical skills for proposal writing but also insight into the broader research process, including potential scholarly outputs such as systematic literature reviews and conceptual frameworks. Overall, the session equipped scholars with the foundational knowledge and tools necessary for developing a strong, well-structured, and academically sound research proposal.
Key Feedback	
Action Taken, if any	

Rapporteur

Name of the Rapporteur	**Ansella Anna Thomas**
Email	**ansella.thomas@christuniversity.in**

Poster

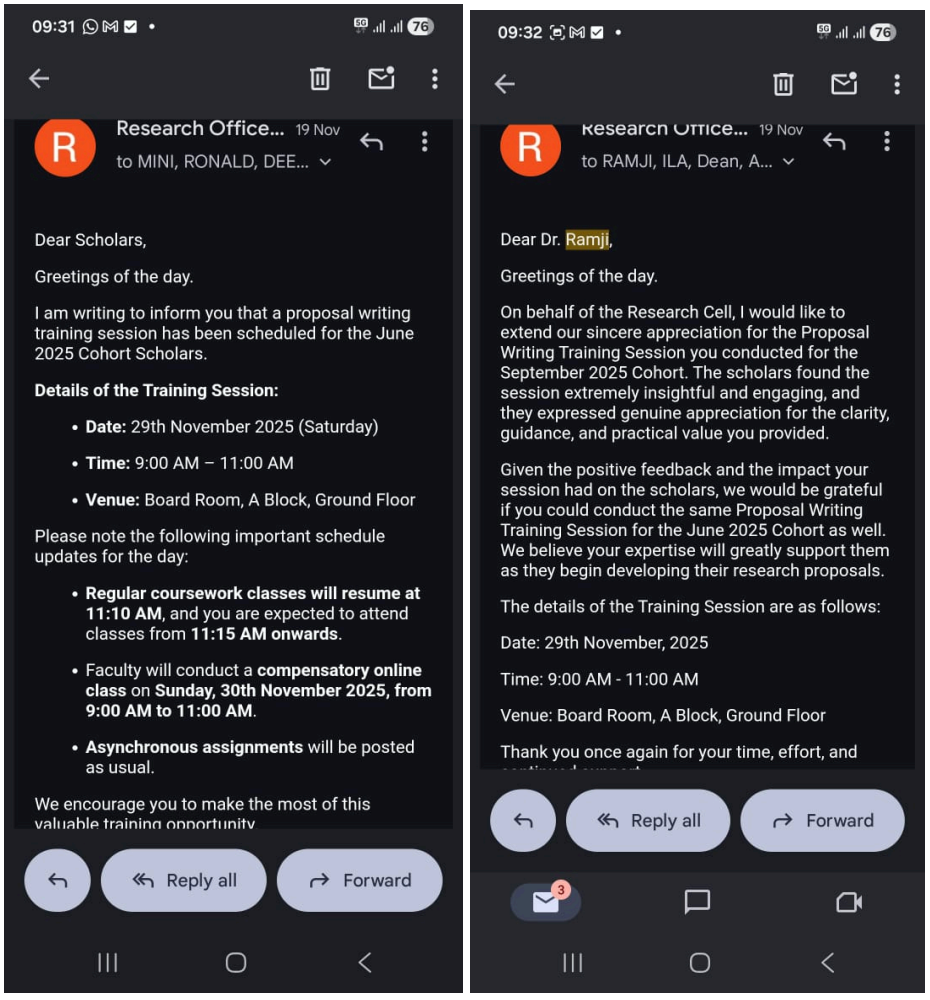
N/A

Photos

2 Geotagged and 2 non-Geotagged



Information Email/ Message of Student and Faculty



Attendance sheet

Attached at the end of the report

Feedback form [with the answers]

Feedback Analyses

Impact Analyses and Action Taken

[Speaker's post of the session on their social media handle or blogs links can be added (in case available)]

Signature **Seal**