

## Notice for the PhD Viva-Voce Examination

Mr Akhil P Joseph (Registration Number: 1950086), PhD scholar at the School of Psychological Sciences, Education and Social Work, CHRIST (Deemed to be University), Bangalore will defend his PhD thesis at the public viva-voce examination on Monday, 12 May 2025 at 9.00 am in Room No. 044, Ground Floor, R & D Block, CHRIST (Deemed to be University), Bengaluru - 560029.

**Title of the Thesis** : **The Impact of Support Group Participation on Psychological and Social Well-Being among the Wives of Individuals with Alcohol Dependence**

**Discipline** : **Social Work**

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The members of the Research Advisory Committee of the Scholar, the faculty members of the Department and the School, interested experts and research scholars of all the branches of research are cordially invited to attend this open viva-voce examination.

Place: Bengaluru  
Date: 7 May 2025



Registrar

## ABSTRACT

The wives of individuals with alcohol dependence had suffered from intense trauma and stress in their family environment, which caused them significant psychological and social problems. Thus, there was a need to study the psychological and social well-being of wives of individuals with alcohol dependence through support group participation. The study aimed to examine the impact of support group participation on the psychological and social well-being of the wives of individuals with alcohol dependence. The study followed an explanatory sequential approach and adopted a descriptive research design for the quantitative phase and a descriptive phenomenological research design for the qualitative phase. The study used a purposive sampling technique to identify the participants. Descriptive, inferential, and content analyses were the methods of analysis.

The study results showed how support group participation impacted the psychological and social well-being of the participants. It also demonstrated the relationship between support group participation, demographic characteristics, psychological well-being, and social well-being. The study results narrated the problems faced by the wives of individuals with alcohol dependence: financial burdens, domestic violence, marital conflicts, and psycho-social challenges. However, the participants highlighted that after joining the Support Group, their lives changed significantly, and they were able to experience mental peace, calmness, and social acceptance. The transformation in their lives enabled the participants to resume their education, socialize with the community as role models and leaders, and rebuild their lives as earning individuals.

*Keywords: Wives, Alcohol dependence, Support group participation, Psychological well-being, Social well-being*

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### Publications:

1. Joseph, A. P., Babu, A., & Prakash, L. T. O. (2024d). Revolutionising alcohol use disorder treatment in developing countries: integrating artificial intelligence and technology-driven approaches. *Frontiers in Psychiatry*, 15, 1370847. <https://doi.org/10.3389/fpsyt.2024.1370847>
2. Joseph, A. P., Babu, A., & Prakash, L. O. (2024a). The forgotten half: addressing the psychological challenges of wives of individuals with alcohol use disorder (AUD) in low- and middle-income countries. *Frontiers in Psychiatry*, 15, 1377394. <https://doi.org/10.3389/fpsyt.2024.1377394>
3. Joseph, A. P., Babu, A., & Om Prakash, L. T. (2024). Redefining the approach to alcohol use disorder in India: A call for conventional to multidisciplinary and technologically innovative treatment strategies. *The International Journal of Social Psychiatry*, 70(7), 1349–1350. <https://doi.org/10.1177/00207640241251785>
4. Joseph, A. P., Babu, A., & Prakash, L. T. O. (2024b). A transformative journey through support group participation: Narratives of the wives of individuals with alcohol use disorder. *Cureus*, 16(4), e57461. <https://doi.org/10.7759/cureus.57461>
5. Joseph, A. P., Babu, A., & Prakash, L. T. O. (2024c). Parenting amid shadows: Exploring the child-rearing experiences of wives of individuals with alcohol use disorder. *Cureus*, 16(4), e58105. <https://doi.org/10.7759/cureus.58105>
6. Joseph, A. P., & Babu, A. (2024a). The unseen dilemma of AI in mental healthcare. *AI & Society*. <https://doi.org/10.1007/s00146-024-01937-9>
7. Joseph, A. P., & Babu, A. (2024b). Transference and the psychological interplay in AI-enhanced mental healthcare. *Frontiers in Psychiatry*, 15, 1460469. <https://doi.org/10.3389/fpsyt.2024.1460469>