



CHRIST (Deemed to be University)
Christites for Climate Action
Activity Report

Poster:



General Information

Type of activity	Awareness stall
Title of the activity	Menstrual Sustainability Stall
Dates	1 st October, 2024
Venue	Christ Campus

Participants Profile

Type of Participants	Students
No. of Participants	50+

Synopsis of the activity

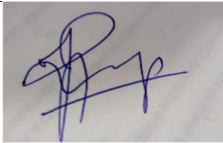
Objective(s) of the activity	<ul style="list-style-type: none">• The Menstrual Sustainability Stall aimed to raise awareness about menstruation through interactive activities and promote sustainable menstrual practices.• Students participated in quizzes and games, such as identifying movies related to menstruation, to encourage open discussions and break societal barriers.• An informative session on tampon usage provided practical knowledge, while a chalkboard allowed participants to share their thoughts and experiences. This initiative fostered a supportive, stigma-free environment and promoted education and dialogue.• Overall, it encouraged a more informed and sustainable approach to menstrual health.
Highlights of the activity	<ul style="list-style-type: none">• Engaging students through games and quizzes to raise awareness about menstruation.• Encouraging participants to identify films related to menstruation, making the learning• Providing information on tampon usage to promote menstrual health awareness.• Allowing students to share their thoughts and experiences on menstruation through a chalkboard, fostering open discussions.• Creating a supportive and stigma-free environment to normalize conversations about menstrual health.
Summary of the activity	The Menstrual Sustainability Stall at Christ Bangalore Campus successfully engaged students in meaningful discussions about menstrual health. Through interactive activities and open conversations, the initiative promoted awareness, encouraged

	sustainable practices, and created a supportive environment for breaking free from taboos and misconceptions
--	--

List Of Members

Sl No	Name	Class
1.	Dwiti Dhotrekar	4 BA PECO
2.	Indupranav Pasupula	2 BSc LIF
3.	Smakash Sharma	4 BCOM B
4.	Mehak Gera	4 BACP
5	Hrishmita Shah	4 EMS
6	Satwik Sharma	4 BCOM B
7.	Manish Natraja	4PECO

Faculty in Charge

Event In-Charge	Dr. Priya J
Designation/Title	Faculty Coordinator CCA
Signature	

Appendix

1.) Geo Tagged Pictures

