

# DENGUE



# What is Dengue?



Dengue is a viral disease

It occurs in two forms:

- Dengue Fever
- Dengue Haemorrhagic Fever(DHF)



- Dengue Fever is a severe, flu-like illness
- Dengue Haemorrhagic Fever (DHF) is a more severe form of disease, which may cause death
- Person suspected of having dengue fever or DHF must see a doctor at once

# How is it transmitted?



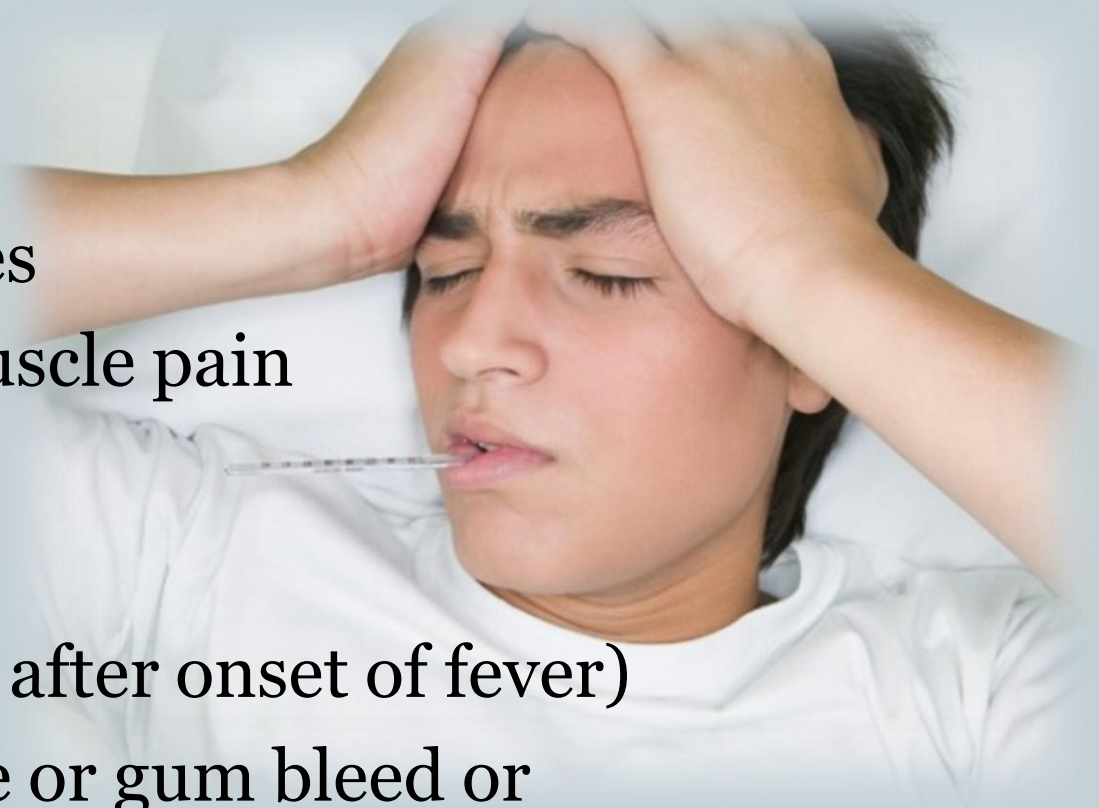
- It is transmitted by the infective bite of the *Aedes Aegypti* mosquito
- Man develops disease after 5-6 days of being bitten by an infective mosquito



# What are the Symptoms of Dengue Fever?

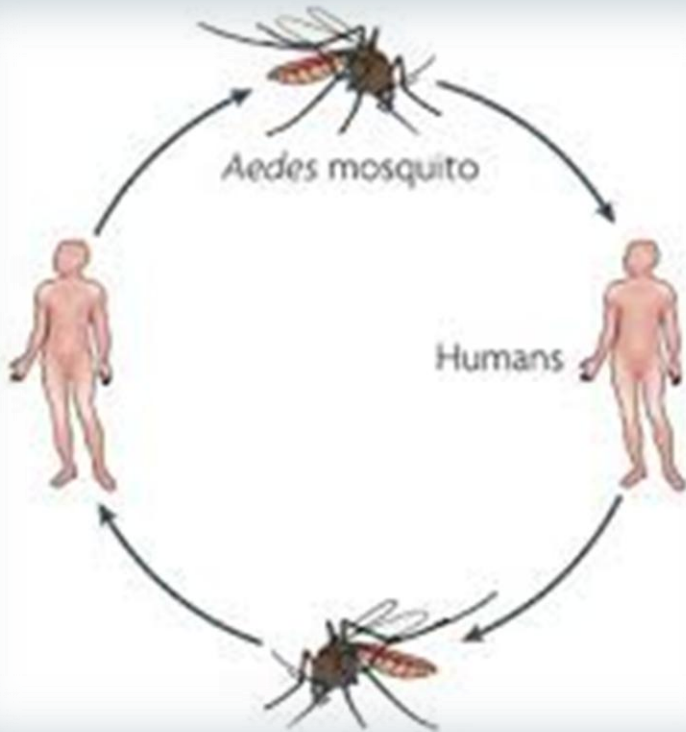


- Sudden, high fever
- Severe headaches
- Pain behind the eyes
- Severe joint and muscle pain
- Nausea
- Vomiting
- Skin rash (3-4 days after onset of fever)
- Mild bleeding (nose or gum bleed or easy bruising)



# How long am I infective?

- Infected person with Dengue becomes infective to mosquitoes 6 to 12 hours before the onset of the disease and remains so upto 3 to 5 days.



Dengue **CANNOT** spread from person to person without the vector-the mosquito!

# What is the treatment?



- No drug or vaccine is available for the treatment of Dengue/DHF
- The management of dengue fever is symptomatic & supportive.



# **PREVENTION of DENGUE**



# Do's and Don't s

- Remove water from coolers and other small containers at least once in a week



# Do's and Don't s



Use mosquito repellents especially during day time



# Do's and Don't s



- Do not wear clothes that expose arms and legs



# The control of *Aedes aegypti* mosquito is the only way

